








# WHAT IS CLIC?

-  You have been invited to be assessed on the Client-led Integrated Care programme (also known as CLIC)
-  The programme is based around a CHA (Comprehensive Health Assessment). The nurse you meet for the assessment will explain more detail and answer any questions you may have
-  The result of the assessment will help your General Practice team provide the best health care for you and your current needs and will also support you to manage your health as well as you can
-  You are welcome to bring a support person
-  There is no cost to you for attending this or subsequent appointments on the CLIC programme
-  This is a snapshot in time and one of the benefits is that it can be reviewed should your circumstances change
-  Your General Practice will continue to be the centre of your care, whatever the result

A **Quick CLIC** Assessment may be suitable if you have a long-term condition and have an immediate health concern that needs extra short-term help

## NEXT APPOINTMENT

CLIC is a Wellsouth Primary Health Network Programme

### Wellsouth Dunedin Office

333 Princes Street  
Dunedin

Phone: 0800 477 115

### Wellsouth Invercargill Office

40 Clyde Street  
Invercargill

Phone: 0800 800 249

[www.wellsouth.nz](http://www.wellsouth.nz)



## CLIC

A programme designed specially for people with long-term health conditions



Your practice team will arrange with you the best time for you to meet a nurse in the General Practice for an assessment. The appointment will take around one hour



During the CHA (Comprehensive Health Assessment), you will discuss your current health status with the nurse. You are free to answer as many questions as you like. There are no wrong answers, it's your assessment. At the end you will be assessed as level 1, 2 or 3

### LEVEL 1

**Level 1** You are managing your health well but can be reviewed at any time if things change for you



### LEVEL 2

**Level 2** You will benefit from more support from your healthcare team. This may involve another one or more appointments with the team who can help you proactively manage your health by developing a plan or plans with you



### LEVEL 3

**Level 3** In addition to the level 2 care plans, level 3 may include additional contact between people caring for you such as hospital specialist, home support services, or district nursing to ensure your needs and goals are supported



## CARE PLANS



### Acute Care Plan

A plan about you that helps clinicians if an unplanned event occurs



### Personalised Care Plan

This plan helps you discuss and plan for what you would like to do to keep well



### Advance Care Plan

A plan for the end of your life that enables clinicians to act if you are unable to speak for yourself