Health New Zealand Te Whatu Ora



Education Book

Otago 2025

Practice Development Unit

"Te Mahi Ngatahi O Akoranga – The Partnership of Learning"

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Introduction

This booklet outlines the training opportunities that are available in 2025 for current and future Healthcare Workforce staff via the Practice Development Unit, Otago Site. The booklet is designed to assist you in making informed education choices to meet both mandatory education requirements and your own professional development. An electronic copy of this booklet can be found on the Otago Practice Development SharePoint site.

Every effort has been made to ensure the accuracy of the information included in this booklet at the time of printing. However scheduled sessions may change so please check the electronic version of this book on the Otago Practice Development SharePoint site.

https://pulse.southerndhb.govt.nz/ws/PDU/SitePages/Home.aspx

Venues for education sessions are stated on each programme outline and are governed by room availability so take careful note of the designated location. Some sessions have a maximum number of participants, so it is important that you register through the appropriate contact person as per the details on the programme outline. Each programme outline indicates the suitable target audience.

To register, follow the required processes in your practice area i.e., discuss with or register through your manager.

If, later, you are unable to attend, please contact the course facilitator and your line manager as soon as possible so that you can withdraw from the course and allow for others to fill the space. You may be offered an alternative date by the facilitator if sessions are oversubscribed. Additional sessions may also be scheduled according to demand.

Each programme outline indicates if there is a cost involved. Overall, there is no charge for education in 2025.

MENTAL HEALTH ONLY

Mental Health Addictions and Intellectual Disability Services publish the 2025 District Training Calendar for both Invercargill and Dunedin on their SharePoint site at the following link:

http://pulse.southerndhb.govt.nz/ws/mhedu/Lists/Calendar/calendar.aspx

The Excel Training Planner is located at our SharePoint site and outlines events for the entire year with details on how to book into the relevant workshops.

You may navigate to it by selecting 'Useful Links District' from the Pulse main page:

- SharePoint Services
- Mental Health Education and Training
- Shared documents all DHB Staff
- Training Planner (Excel spread sheet)

Advance Care Planning (ACP): Level 1A one-day workshops

<u>Aims / Purpose</u>:

Increase their knowledge about advance care planning, explore their biases, understand the legal framework for medical decision-making, improve their clinical communication skills and to effectively document conversations and plans.

Desired Learning Outcomes:

- help grow the use of ACP.
- gain experience in supporting people/patients with ACP.
- learn how to translate an individual's wishes into written documentation.

Content:

Workshop covers the benefits of ACP the benefits of ACP, the legal framework with case studies, communication skills and practice, and documentation practice.

Day	Dates	Venue	
Varies	Please see link below	Please see link below	
Target Audience	All Registered Health Care Professionals		
Facilitators	Michelle Anderson (WellSouth) Helen Sawyer (Health New Zealand Te Whatu Ora		
Additional Information	Spaces limited and applications close 6 weeks prior to workshop. You will receive pre-course learning when you register.		
Register	<u>https://training.wellsouth.nz</u> Information regarding dates, cities/towns, venues via this link.		

Advanced Cardio-Respiratory Workshops

<u>Aims / Purpose</u>:

The aim of this workshop is to provide Nurses with advanced knowledge in cardiology and respiratory Nursing.

The workshop is divided into two sessions, morning and afternoon.

The Cardiology workshop is in the morning and a Respiratory workshop in the afternoon.

Desired Learning Outcomes:

This workshop will provide more advanced skills and builds on top of the basic Cardio-Respiratory Workshop.

The cardiology morning will present a case scenario, cardiogenic shock, temporary and permanent pacing and cardiac catheterisation.

The respiratory afternoon session will discuss pulmonary embolism management including thrombolysis, spirometry, asthma and COPD management and blood gas interpretation.

<u>Content</u>:

Respiratory Workshop	Cardiology Workshop	
 Pulmonary embolism and thrombolysis Non-invasive ventilation (Minimal) 	 Case study Advanced cardiac anatomy and physiology Understanding cardiogenic shock 	
 Blood gas interpretation Spirometry Case Study 	 Temporary and permanent pacing Cardiac catheterisation 	

Day	Dates	Venue	
Tuesday	24 th June 2025	Fraser Room A	
Tuesday	21 st October 2025		
Target Audience	Registered Health Care Professionals.		
	Hospital and community-based health professionals.		
Start time & Duration	08:45 hours – 8.5 hours		

Facilitator	7 th floor Nurse Educators Jo Robertson-Smith Cy Griffiths		
Additional Information	Participants are welcome to attend the full workshop or just the morning or afternoon session. Please make this clear when enrolling.		
Bookings	Employee Connect		
	Name & Phone7th floor Educators office and cell-internal58436 or 0272791048		
	Email Joanne.Robertson@southerndhb.govt.nz Cy.Griffiths@southerndhb.govt.nz		

Advanced Deteriorating Patient Workshop

Aims / Purpose:

To provide further learning around managing the Deteriorating Patient using an interprofessional teach, discuss and do approach to represent the ward clinical skill mix more accurately. The workshop is highly interactive with group sessions, scenarios and simulation built in throughout the day.

Desired Learning Outcomes:

To experiment with use of interprofessional team science to practice effective communication, using provided tools such as graded assertion, recapping, and closed loop communication.

To compare different ways of communicating and connecting.

Discussion around Human Factors, recognising the risks they pose in the health environment, and ways to reduce the risk.

Content:

- Human Factors
- -Case Study
- -Team Science
- -Incivility
- -Conflict Resolution
- -Simulation

Dates	Venue
Thursday 13 th February	Fraser Building
Thursday 8 th May	
Thursday 11 th September	
Thursday 6th November	
Target Audience	This workshop is aimed at interprofessional clinical staff. We welcome nurses, doctors, and allied health staff. At this stage this day is focused on ward-based staff, however this will be reviewed and expanded in the future. Nurses and Allied health staff have the Deteriorating Patient Workshop as a pre-requisite.
Time	08:00-16:30

Facilitator and Contact	Julz Smith / Bronwyn McGuire/Ange Price and John Egbuji Julz.Smith@southerndhb.govt.nz
Bookings	Enrolment is by collaborative invitation. Discuss with RMO office, nurse educators, and Allied Health managers or email Julz directly.



Amputee Study Day

Aims / Purpose:

This study day is intended for nurse and allied health professionals who care for and/or have an interest in the management of patients undergoing lower limb amputation.

Desired Learning Outcomes:

Participants will extend their practice knowledge, understanding, and skills in the management and care of patients undergoing lower limb amputation.

<u>Content</u>:

- Vascular surgery and limb sparing procedures.
- Wound Management pathways
- Acute pain management
- Acute postoperative management- an MDT approach
- Occupational Therapy and the Discharge Destination
- Prosthetics and the Rehabilitation Phase
- Practical workshop patient moving and handling and product demonstration.

Day	Dates		Venue
Tuesday	18 th March 28 th October		Fraser A, Fraser Building Fraser A, Fraser Building
Target Audience	RN's /EN's/ Allied Health professionals		
Start time & Duration	0800-1600hrs		
Facilitators	Elaine Weatherston/Andrea Dorne		
Additional Information	Limited to a maximum of 28 participants Come dressed appropriately for practical workshop – moving and handling		
Bookings	Employee H Connect	 How to Register Contact your Nurse Educator, CNM, Line Manager for approval and be enrolled on 	

	Employee Connect for the particular date you wish to attend.
	Staff not working for or within Dunedin Hospital
	 Register with Andrea Dorne, 4th Floor Clinical Nurse Educator <u>Andrea.Dorne@southerndhb.govt.nz</u>
Name & Phone	Elaine Weatherston
Email	Elaine.Weatherston@southerndhb.govt.nz

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Cardio-Respiratory Workshops

Aims / Purpose:

The aim of this workshop is to improve Healthcare Professionals fundamental Cardiology and Respiratory knowledge.

The workshop is divided into two four-hour sessions.

The Respiratory workshop in the morning and the Cardiology workshop is in the afternoon.

Desired Learning Outcomes:

The Respiratory morning sessions allow Healthcare Professionals to appreciate the importance of thorough respiratory assessment and understand the difference between asthma and COPD. Participants will also gain an awareness of the fundamentals of disease management and the role of inhaled therapies.

Also, the afternoon ECG workshop will introduce a number of areas: achieving a good quality 12 lead ECG recording, understanding the conduction cycle, and the difference in ischaemia and infarction with basic ECG recognition.

Content:

ECG Workshop	Respiratory Workshop
 Understanding the electrical conduction pathway and ECG rhythm interpretation (workshop) Rhythm recognition (e.g., sinus rhythm, ectopic heart beats, AF and heart blocks) Taking a 12 lead ECG, telemetry, and trouble shooting Infarction and ischemia on ECG Cardiac Rehab Heart Failure 	 Respiratory assessment. Basic asthma and COPD pathophysiology Fundamentals of disease management Practice in inhaler use Management of breathlessness and palliation

Day	Dates	Venue
Tuesday	4 th March 2025	Fraser Room A
Tuesday	17 th June 2025	Fraser Room A
Tuesday	19 th August 2025	Fraser Room A

Tuesday	19 th September 2025		Fraser Room A	
Target Audience	-	Registered Healthcare Professionals Hospital and community-based health professionals.		
Start time	08:30 hours			
Facilitator	7 th floor Nurse Educators Cy Griffiths and Jo Robertson-Smith			
Additional Information	Participants are welcome to attend the full workshop or just the morning or afternoon session. Please make this clear when enrolling.			
Bookings	Employee Connect			
	Name & Phone7th floor Educator office and cell – internal 58436 or 027 5910 959 (Cy)027 279 1048 (Jo)			
	Email <u>Joanne.Robertson@southerndhb.govt.nz</u> <u>Cy. Griffiths@Southerndhb.govt.nz</u>			

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CVAD Workshop

Desired Learning Outcomes:

Following completion of self-directed learning package, Registered Nurses will be able to apply evidence-based theory to practice when managing patients with Central Venous Access Devices (CVAD).

Content Description:

Recap of theory Practical workstations CVAD maintenance Blood sampling and blood cultures Introduction of Complications and troubleshooting Alteplase administration

Day	Date	Venue	
Tuesdays	11th Feb 202519th Aug 202511th Mar 20259th Sep 202515th Apr 202514th Oct 202519th May 202518th Nov 202510th Jun 20259th Dec 20258th Jul 202519th Aug 2025	Skills Lab, 2 nd Floor Fraser Building	
Target Audience	Registered Nurses		
Start Time and Duration	08:30 to 12:00 (3.5 hours) or 13:00 to 16:30 (3.5 hours)		
Attendee Limit	15		
Facilitator	Derek Smith and Rebecca Oskam-Schmidt		
Additional Information	Prerequisite – completion of self-directed learning package		

	Otago	Book via Employee Connect through Clinical Nurse Educator
	Employee Connect	Set up on Employee Connect as 'CVAD workshop'

Deteriorating Patient Workshop

Aims / Purpose:

"Learning meets experience"

This interactive workshop has been designed to increase your confidence around the core elements of early detection and management of patients who are at risk of deteriorating, or who are deteriorating. The primary focus is on physical assessment, ISBAR and Early Warning Score and communication. Practicing these tools will assist to hone your skills. We will explore how to apply them in situations where your patients need you to aim for optimal outcomes and clinical excellence.

Desired Learning Outcomes:

- Recognise importance of early detection of deterioration in patients
- Advancing clinical judgement using standardised clinical tools and assessment
- Understand the importance of vital signs.
 - Know what is normal for the individual patient and therefore what is abnormal for that patient.

Content:

- Case scenario presentation
- Discussion: why patients deteriorate
- EWS/ISBAR: escalation skills
- Skill Stations
- Reflection and application

Day	Dates Venue		
Varied	Wednesday 26 th February	Fraser Room A, check your	
	Tuesday 29 th April	emails	
	Tuesday 13 th May		
	Tuesday 19 th August		
	Tuesday 16 th September		
	Tuesday 11 th November		
	Thursday 4 th December		
Target Audience	Enrolled or Registered Nurses, Allied Health.		
Time	08:00hrs		

Facilitator and	Julz Smith	
Contact	Julz.Smith@southerndhb.govt.nz DDI: 58501, 0273081912	
Bookings	Via Employee Connect	

Epidural Workshops - Obstetrics

Available for External Attendees: YES

Workshop Content:

A 3.5-hour workshop around Epidurals in Obstetrics. Pre course quiz and pre reading, post course quiz & work sheet to complete with Anaesthetist on the day. SIM and troubleshooting pump included.

Desired Learning Outcomes:

Participant will feel confident and competent caring for a woman with an epidural in situ and Patient controlled Epidural Anaesthesia (PCEA)

Dates	Tuesday 3 rd February Tuesday 13 th May Tuesday 12 th August Friday 17 th October		
Venue	Quenelle Room, 2 nd floor DPH		
Start Time & Duration	08:30-12 Midday		
Additional Information	Certificate will be issued once pre and post Quizzes have been marked		
Target Audience	Core Midwives & LMC's		
Facilitator	Dr Michael Barlev or nominated other e.g., Dr Julie Thompson		
Bookings	Book through Midwifery Educator Isabelle Gelineau <u>Isabelle.Gelineau@southerndhb.govt.nz</u>		

Immediate Life Support Instructor Workshop

Desired Learning Outcomes:

The Workshop is designed to create approved Immediate Life Support Assessing Instructors which will enable local practical CPR updating and revalidation for staff in individual areas – promoting high quality Immediate Life Support and maintaining that quality to a consistent standard across the district with support from the Resuscitation Coordinator.

Workshop Content:

- Resuscitation theory and ANZCOR guidelines
- Practical skills and assessment of Immediate Life Support practices
- Critiquing and teaching and assessing strategies.

Dates	28 th February 28 th August 26 th November
Venue	Clinical Skills Lab, (main area), Fraser Building, Level 2
Time	09:00-16:00
Additional Information	 Email with pre-reading and resources sent to enrolled participants one week prior to workshop. A resource folder is given on the day. Maximum attendance – 8 Resuscitation information and resources for Immediate Life Support Assessor / Instructors can be found on the PDU SharePoint site via the Health New Zealand Te Whatu Ora Pulse Homepage with additional and resource information available via <u>http://www.nzrc.org.nz/guidelines/</u> There is a separate refresher for these 3 yearly.
Target Audience	This workshop is not limited to health professionals. Anyone keen to enhance and maintain Immediate Life Support practices in their area can choose to be an approved Instructor: registered nurses, registered midwives, allied health personnel, administrators, health care assistants, etc.

	Internal Employees have preference. External applicants may be considered, please apply via the Resuscitation Coordinators
Facilitator	Resuscitation Coordinator
Bookings	Enrol via Employee Connect or contact the Resuscitation Coordinator, Julz Smith: <u>Julz.Smith@southerndhb.govt.nz</u>

Desired Learning Outcomes:

Yearly update to ensure our staff are prepared for respiratory/cardiac arrest and choking.

Workshop Content:

- Immediate life support for adult, child and infant.
- Choking algorithm for adult, child and infant.
 - Use of automated external defibrillator (AED)
- For clinical staff: use of oxygen, bag-valve-mask, suction, Oro-pharyngeal airways.
- For clinical staff: recognition and management of anaphylaxis

Dates	18 th February 12 th March 10 th April 7 th May 9 th June 15 th July 14 th August 10 th September 16 th October 3 rd November 11 th December
Venue	Skills Lab, Fraser Building
Target Audience	All HNZ staff who do not have an Approved ILS Instructor in their area of work. Includes both clinical and non-clinical staff members.
Time	09:00 – 10:30
Attendee Limit	Maximum of 12
Facilitator	Resuscitation Coordinator- Julz Smith
Bookings	Please self – enrol via Employee Connect

Additional	Complete the appropriate HealthLearn Quiz (SRNR008) before
Information	attending. You can access this from HealthLearn. More
	information emailed out the week prior to attendance

IV Cannulation and Venepuncture Workshops

Desired Learning Outcomes: To introduce the participant to evidence based theoretical and practical information required to perform cannulation and venepuncture.

Content Description:

- Anatomy of veins used for cannulation and venipuncture.
- Type and appropriate use of equipment.
- Blood sampling
- Infection prevention and control
- Complications and management
- Practical demonstration

Day	Date	Venue	
Tuesdays	4 th February 2025 4 th March 2025 8 th April 2025 6 th May 2025 3 rd June 2025 1 st July 2025 12 th August 2025 2 nd September 2025 7 th October 2025 4 th November 2025 2 nd December 2025	Clinical skills lab 2nd Floor, Fraser building	
Target Audience	Health Professionals		
Start Time and Duration	09:00 to 12:00 (3 hours) _{OR} 13:00 to 16:00 (3 hours)		
Attendee Limit	10 maximum		

Facilitator	Derek Smith and Rebecca Oskam-Schmidt		
Additional Information	Reading material handed out on day. Four observed practical assessments to be handed in to service educator on completion.		
Cost	No charge		
Bookings	EmployeeBook on Employee Connect under 'IV Cann & VeniConnect(Otago)		
	External Bookings:		
	Please contact PDU Administrator, ext. 59552		
	DDI 03 474 59552 or, e-mail <u>PDUadmin.Otago@southerndhb.govt.nz</u>		



Kā Huruhuru Kea: Person-centred care and understanding behaviour



<u>Aims / Purpose</u>:

Provides clinical staff with core knowledge and practical skills in effective communication and de-escalation of concerning behaviours which present within a variety of clinical setting. Participants will learn how to identify and appropriately address behaviour triggers and/or unmet needs.

Desired Learning Outcomes:

- Application of Person-centred care in the healthcare setting.
- Understanding of the ABC framework to identify behaviour triggers, which supersede undesirable behaviours.
- Apply the TA-DA and CALM approach to de-escalation.
- Improve communication skills through understanding the effect that. body language and other non-verbal messages play in de-escalation.
- Sensory Modulation helping oneself regulate.
- Building self-awareness

Day	Dates 2025		Venue
Thursday's	27 th March		Fraser A
	15 th May		
	30 th October		
	11 th December		
HCA's			
Target Audience	All disciplines working in all clinical areas- max 20 participants.		
	Open to aged residential care facilities		
Start time & Duration	0830-0430hrs		
Facilitators	Sarah Campion (Restraint Minimisation Coordinator		
	Otago) Helen Paton- (Clinical-Neuro Psychologist OPH)		
Additional Information	Workbook handed out on the day- please email for PDF version		
Bookings	Email <u>Sarah.Campion@southerndhb.govt.nz</u>		Campion@southerndhb.govt.nz
	Or via Employee connect		

Maternity Study Day

Desired Learning Outcomes:

Midwives and NICU Nurses will learn about and understand issues they may come across when working with breastfeeding women. Midwives and NICU nurses will be confident in assisting breastfeeding women to problem solve these issues.

Workshop Content:

AM: Lactation Consultants presentations around topical issues affecting the breastfeeding population we encounter.

PM: TBA

Dates	 19th February 14th May 11th April 13th August 17th September 12th November 	
Venue	Quenelle Room 2 nd Floor Main Hospital	
Start Time	08:00 sharp start – 4:30	
Additional Information	Reading Material may be handed out on the day	
Target Audience	Midwives, RNs on our unit & NICU Nurses	
Facilitators	AM - Lactation Consultants & PM - TBA	
Bookings Lactation Consultants - lactation.consultants@southerndhb.govt.nz Midwifery Educator - Isabelle Gelineau Isabelle.Gelineau@southerndhb.govt.nz		

Male Catheterisation Course (Otago)

Desired Learning Outcomes:

- Standardisation of care for the safe insertion (procedure) of urinary catheters in males, incorporating Best Practice.
- Safe and consistent care of those with a urinary catheter

Content Description:

- Pre-reading competency to be completed prior to booking:
- HealthLearn RGMS160 Urinary Catheterisation and Catheter care course.
- For Non DHB Staff without access to HealthLearn a workbook will be provided via email to be completed prior to attending course.

Day	Date 2025:		Venue
Thursday afternoons	13 th February 10 th April 19 th June	14 th August 16 th October 11 th December	Skills Lab for scheduled dates or Educators please contact Archie directly to organise an in service with your team in your own clinical area at a different time: Min 6 staff, Max 10.
Target Audience	RNs (preferably PDRP Level 2+), Doctors and Medical Students. Otago Area		
Start Time and Duration	13:00-15:00 2		
Attendee Limit	Min 6 staff, Max 10.		
Facilitator	Archie Auchinvole: Clinical Nurse Specialist Urology		
Additional Information	 Bookings Essential. HealthLearn RGMS160 - Urinary Catheterisation and Catheter care course to be completed before attending practical session. 		
Cost	N/A		
Bookings	Essential via: Employee Connect - male catheterisation course		

MHAID Deteriorating Patient Workshop

<u>Aims / Purpose</u>:

"Learning meets experience"

This interactive workshop has been designed to increase your confidence around the core elements of early detection and management of those who are at risk of physical deterioration, or who are physically deteriorating. The primary focus is on physical assessment, ISBAR and Early Warning Score (EWS) and communication. Practicing these tools will assist to hone your skills. We will explore how to apply them in situations where your patients need you to aim and advocate for optimal outcomes and clinical excellence.

Desired Learning Outcomes:

- Recognise importance of early detection of physical deterioration in patients
- Advancing clinical judgement using standardised clinical tools and assessment
- Understand the importance of vital signs.
 - Become familiar with documenting vital signs on the EWS chart and calculating EWS.
 - Know what is normal for the individual patient and therefore what is abnormal for that patient.
- Be able to advocate for your patient, ensuring correct disposition.

Content:

- Patient safety: what does this look like for me today?
- Case scenario presentation
- Discussion: why patients deteriorate in physical health
- EWS/ISBAR: escalation skills
- Skill stations
- Reflection and application

Day	Dates	Venue
Varied	Friday 28 th March Tuesday 8 th April Tuesday 21 st October Monday 17 th November	Fraser Rooms

Target Audience	Enrolled or Registered nurses, allied health.	
Start time	08:00 o'clock	
Facilitator and	James Caley	
Contact	James.Caley@southerndhb.govt.nz OR Julz Smith Julz.Smith@Southerndhb.govt.nz	
	DDI: 58501 or 0273081912	
Bookings	Via Employee Connect	

N

Midwifery Emergency Skills Refresher Day

Desired Learning Outcomes:

Core and LMC Midwives will refresh and update topics and skills in obstetric emergencies.

RN's will have an overview of obstetric emergencies & feel more confident in how they can contribute during these situations.

The day will promote mindfulness of situational awareness and good communication with team members and whānau during emergency situations.

Workshop Content for 2025:

Postpartum Haemorrhage (PPH), Shoulder Dystocia, Breech, SEPSIS, CPR including Maternal Collapse, newborn resuscitation refresher.

Dates	Thursday 24 th February 2025 Wednesday 30 th April 2025 Thursday 22 nd May 2025 Wednesday 25 th June 2025 Wednesday 23 rd July 2025 Thursday 21 st August 2025 Wednesday 24 th September 2025 Wednesday 22 nd October 2025	
Venue	Quenelle Room 2 nd Floor DPH	
Start Time & Duration	08:30-4:30	
Additional Information	An email will be sent out to participants a month prior so CPR Quiz to be done on HealthLearn	
Attendee Limit	6 participants to 1 facilitator – 12 (maximum)	
Target Audience	Midwives – Core/LMC & RNs employed on the unit	
Facilitator	Isabelle Gelineau – Midwifery Educator (and Assistant)	

Bookings	Midwifery Educator – Isabelle Gelineau
	Isabelle.Gelineau@southerndhb.govt.nz

N

Newborn Life Support Full Day Workshop

Desired Learning Outcomes:

That the participant can demonstrate effective airway management of the neonate and can effectively demonstrate ventilations and chest compressions.

Workshop Content:

- Pre and Post course Quiz, pre reading,
- Resuscitation Skills covering the algorithm sequence, Airway skills, Bag & mask ventilation, UVC insertion, LMA insertion, practice with scenarios putting it all together.
- Practical Assessment

Dates	25th February 13th March 22nd April 22nd May 26th August 18th September 21st October 20th November	
Venue	Skills Lab Fraser Building	
Start Time	08:30 – 4:15	
Additional Information	Our administrator will email out to participants the timetable for the day, and a link to the NZRC website for pre reading: <u>Neonatal Resuscitation (anzcor.org)</u>	
Target Audience	LMC Midwives, Core midwives, NICU nurses, medical teams working with newborns	
Rotational Facilitators	Lela Yap, Juliet Manning, Kylie Fraser, Loraine Willemse, Liza Edmonds, Georgia Scott, Diane Tredoux Yvonne Mosley Martin	
Attendee Limit	6 Participants to 1 facilitator – 12 maximum – 6 minimum	
Bookings	Deb De Haan – NICU Administrator phone: 59291 or email <u>Deb.DeHaan@southerndhb.govt.nz</u>	

NZRC CORE: Advanced Rescuer Course

Aims / Purpose:

Registered participants will learn and demonstrate resuscitation-related clinical and non-clinical skills at the "Advanced" level required to be certified by the New Zealand Resuscitation Council (NZRC).

Desired Learning Outcomes:

To be certified to the level of "Advanced Rescuer" at the standard required by the New Zealand Resuscitation Council (NZRC)

Content:

- Skill Station learning, practice, and testing:
- o Adult, child, and infant collapse
- AED management in an emergency
- Manual defibrillation and cardiac rhythm recognition
- Airway management
- o Basic trauma management
- Knowledge Quiz: 25 questions multiple choice. 80% required for pass.
- Scenarios: group work focussing on effective communication and teamwork in emergencies

Day	Dates		Venue	
Tuesday	28 th January	Tuesday	29 th July	The Otago
Wednesday	12 th February	Wednesday	20 th August	Clinical Skills Laboratories,
Friday	14 th March	Monday	1 st September	Fraser Building,
Monday	28 th April	Wednesday	17 th September	Floor 2
Wednesday	28 th May	Friday	17 th October	*Indicates the course has a maximum of 12 Trainee Interns already registered for the course
Thursday	12 th June	Monday	24 th November	
Monday	14 th July	Wednesday	10 th December	
Target Audience	Doctors, Senior Registered Nurses, and Senior Registered Anaesthetic Technicians working in acute areas of Dunedin Hospital – Dunedin Hospital clinical staff indicated above take priority with registrations			
Start time & Duration	This is an 8-hour course.			

	START: 0820 – late arrivals may be turned away and will not complete the course	
	FINISH: 1630 (approximately)	
Facilitator	Paul Medeiros, <u>OCSL@southerndhb.gvot.nz</u>	
	Julz Smith, <u>Julz.Smith@southerndhb.govt.nz</u>	
Additional Information	These officially NZRC accredited courses get fully booked up <u>at least</u> 6 months in advance – book well in advance to avoid disappointment – short notice requests for enrolment are rarely actioned. We will accommodate requests as we are able.	
	Acute Dunedin Hospital area staff take priority when enrolments are requested and booked.	
	Once successfully registered, the participant will be sent an official registration confirmation and then a further email with detailed course information 3-4 weeks prior to the course.	
	The course follows a strict cancellation and DNA policy:	
	 Registered participants cancelling within the minimum 3 weeks of the course (as required by the NZRC) may not be able to be re- registered for another course for a minimum of 6 months. 	
	 Registered participants that do not arrive (DNA) as scheduled may not be able to be re-registered for another course for a minimum of 12 months. 	
	All cancellations and DNAs are reviewed on a case-by-case basis.	
	Any individuals arriving that have not been formally registered cannot attend the course.	
	Registered participants cannot swap their registration with someone else. If a registrant cannot attend a course, they should email the facilitators immediately to allow the standby system to be utilised if appropriate.	
	If requested, participants may be loaned a NZRC Advanced Rescuer manual for the course by the OCSL. These are sent to participants via the internal mail system and cannot be collected from the OCSL itself.	
	All participants must have a good ground-level understanding of resuscitation and be at least certified to the level of Immediate Life Support to be enrolled onto the course.	

Bookings	Employee Connect (Health New Zealand Te Whatu Ora participants)	Course enrolment requests are made by emailing the facilitators. Requests are accepted through the requesting department Manager or Educator There is a maximum of 12 participants per course – this will not be exceeded. <u>Dunedin Hospital employee participants:</u> 12 hours is recorded for successful completion of this course. • 8 hours: for the course itself 4 hours: for pre-reading
	Name Email	Julz Smith
		ocsl@southerndhb.govt.nz
		Julz.Smith@southerndhb.govt.nz

Onboarding for Nurses and Health Care Assistants (Otago)

Aims / Purpose:

To provide orientation information and training for newly employed Southern Nurses and HCAs working in physical health services at Dunedin and Wakari Hospital.

Desired Learning Outcomes:

Nurses and HCAs will gain foundation knowledge to support safe work practices and become aware of support pathways.

<u>Content</u>:

Combined sessions for Nurses and HCAs including introductions to Te Ara Hauora, Infection Prevention and Control Principles and PPE practical, Professional Responsibilities, Immediate life Support, Patient Watch, Care of the Deceased, Courageous Conversations, HealthLearn and Southern Online Programs as well as concurrent sessions for Nurses including All Things Blood, IV Theory and Practical, Practical Nursing Processes and for HCAs Pressure Injury Prevention, Careerforce Health and wellbeing Intro, and Drip, Drains and Attachments.

Day	Dates	Venue
2 days (Thursday and Friday)	20 th – 21 st February 20 th – 21 st March 10 th – 11 th April 22 nd – 23 rd May 26 th – 27 th June 24 th – 25 th July 21 st – 22 nd August 18 th – 19 th September 16 th – 17 th October 20 th – 21 st November 18 th – 19 th December	PDU Seminar Rooms, first floor Fraser Building
Target Audience	Newly employed Southern Nurses & Health Care Assistants	

Start time & Duration	0830 -1600	
Facilitator	Emily Borst and Pam Markby	
Additional Information	Please also book into the Southern Welcome and SMART day held on the same week of every month, Tuesday and Wednesday for a complete four-day onboarding program.	
Bookings	Employee Connect	Educator Bookable Only
	Name & Phone	Emily Borst 027 2237 783 Pam Markby 027 2436 128
	Email	Emily.Borst@southerndhb.govt.nz Pam.Markby@southerndhb.govt.nz
Palliative Care Study Day

<u>Aims / Purpose</u>:

To increase knowledge and understanding of Palliative Care

Desired Learning Outcomes:

Able to discuss what is meant by a palliative care approach and incorporate into practice.

Content:

Overarching theme will be individual approach to care and building staff capacity for applying a palliative care approach within systems.

- Palliative care in practice symptom management
- Last Days of life
- Advance Care Planning

Day	Dates		Venue
Tuesday	13 th March		Fraser Building, Room A, Dunedin
Tuesday	19 th June		Hospital
	4 th Septemb	er	
Target Audience	All Registered Health Care Professionals		
Start time & Duration	0830hrs – 1630hrs		
Facilitator	Palliative Care Advisory Service		
Additional	This is a multidisciplinary study day – open to all health care		
Information	professionals		
Bookings	Employee		
	Connect		
	Name &	Helen Sc	iwyer
	Phone	02760182	236
	Email	Palliative	eCareDND@southerndhb.govt.nz

PDRP Assessor Education Sessions

Course Overview and Learning Outcomes:

Note: Pre-requisites for attendance:

- Have Health Learn access established.
- PDRP assessor or in the process of becoming an assessor.

Two separate workshops are being provided, morning and afternoon sessions to support own e-Portfolio creation including:

- Completing Health Learn e-Portfolio course.
- Building own e-Portfolio: which includes utilising the e-Portfolio platform; also, educators and PDRP resource people wanting to understand the e-Portfolio platform to support nurses.
- E-Portfolio Peer / Manager Appraiser: aimed at those involved in writing peer reviews for nurse applicants (e.g., managers, preceptors etc) and supporting managers who need to complete the managers endorsement.

Date & Venue of S <i>Fraser G</i> 18 th February 5 th March 13 th March 9 th May 14 th May 10 th June 6 th August 14 th August	Sessions 28 th August 14 th October 4 th November 10 th November 13 th November 21 st November 26 th November	 **PLEASE NOTE: You must have Health Learn access prior to attending the day (otherwise you will not be able to access the e-Portfolio platform) You will attend a morning <u>or</u> a PM session 	
Morning session 0830 – 1200			
Maximum number 6 participants			
• PM session 1300 - 1630			
Maximum number 6 participants			



Target Audience	Limited to Te Whatu Ora PDRP assessors and those people coordinating PDRP within their organisations
Bookings	Te Whatu Ora Employees - Please book via Employee Connect or contact your manager or educator who will book you. Contact <u>PDRP.Otago@southerndhb.govt.nz</u> for more information if required
Education Hours	Build an e-Portfolio – 3 hours per session
Maximum Number of Attendees	6
Facilitator	To be advised
Additional Information	Tea and coffee will be available

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PDRP Portfolio Workshop Otago – 'Making it Easy'

Course Overview:

This workshop aims to provide participants with knowledge regarding submission requirements for all PDRP levels. As part of this

workshop all participants will have significant time to work on Self-Assessment, Peer-Assessment and /or appraisal with support from the PDRP Co-ordinator.

Desired Learning Outcomes:

On completion of the workshop participants will:

- Have started their own hard copy portfolio or **e-portfolio**.
- Understand the requirements for a Competent Level portfolio integrating the principles outlined in the Whakamaua Māori Health Action plan 2020-2025
- Understand the requirements for a Proficient Level and Expert / Accomplished Level portfolio, and what constitutes quality evidence.
- Be able to write self-assessment examples which meet NCNZ and PDRP requirements.
- Be able to provide appropriate feedback to peers.

*Additional workshop outcomes can be tailored to participants on the day

Dates		Venue
12 th March		Fraser D
18 th June		
3 rd September		
Target Audience	Registered and Enrolled Nurses wanting to complete a PDRP portfolio / e-Portfolio	
Time and Duration	0900 to 1630hrs	
Attendee Limit	6 min – 10 max.	
Facilitator	To be confirmed	
Additional Information	You are welcome to bring your own laptop (especially if you are not a Te Whatu Ora member)	



	 Load PDRP documents (appraisal / self-assessment and workbook) prior to arrival so you can save them and work on them in the afternoon session. If your intension is to complete an e-Portfolio, ensure you have completed the health learn course prior to attendance - RGIT003
Cost	No charge
Bookings	Te Whatu Ora - Southern Employees - Please book via Employee Connect Non-Te Whatu Ora - Southern Employees - Please contact PDU Administrator, ext. 59552 DDI 03 474 59552 or, e-mail <u>PDUadmin.Otago@southerndhb.govt.nz</u>

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Preceptorship Workshop

The role of the preceptor is crucial for developing our future nursing workforce. Being a preceptor is a rewarding experience and is an excellent way to develop your own professional development. We encourage you to take this next step in your career!

The interactive two-day workshop covers:

- Learning styles
- Teaching a skill this requires a short homework task to be completed
- Constructive communication and feedback
- Managing conflict situations
- Assessing and documenting performance
- Implicit bias
- Professional Development and Recognition Programme (PDRP)

The workshop incorporates a variety of teaching methods inclusive of group work, role play and activities to develop your knowledge and confidence to support students, new graduates, and Internationally Qualified Nurses (IQN). The IQN Registration Process (effective from July 1, 2024) will be explained.

Staff from Otago Polytechnic and University of Otago will provide information on their courses and the expectations for Diploma of Enrolled Nursing, Bachelor of Nursing, Master of Nursing and Competence Assessment Programme (CAP) candidates.

Following completion of this workshop an **update** is available on HealthLearn: course SRLD002. **This is to be completed every 3 years.**

Venue	Helensburgh House	Fraser A, PDU
Dates	20 th & 21 st February	6 th & 7 th May
	19 th & 20 th March	11 th & 12 th June
	10 th & 11 th April	15 th & 16 th July
	16 th & 17 th September	12 th & 13 th August
	5 th & 6 th November	
Start Time &	0900 – 1630hrs	
Duration		

Additional Information	Mandatory Requirement for Preceptoring New Graduate Nurses NETP/NESP/ENSIPP
For Enquiries	Colette Parai NETP Coordinator DDI: 58591 Colette.Parai@southerndhb.govt.nz Or Catherine May NESP Coordinator Ext: 55366 Catherine.May@southerndhb.govt.nz
Bookings	Te Whatu Ora Employees : via Employee Connect. You will require Manager/Educator approval. Non-Health New Zealand Te Whatu Ora Employees: Please contact PDU Administrator, ext. 59552 DDI 03 474 59552 or, e-mail PDUadmin.Otago@southerndhb.govt.nz Please provide the following information: • Full name • Designation • Place of Work • Managers full contact details including email address • Your full contact details

PROMPT – Practical obstetric multi-professional training

Desired Learning Outcomes:

Understanding the importance of working as a Team in reducing morbidity and mortality for mothers and babies. Understanding that teamwork includes excellent clear communication, Leadership and identified roles in an emergency, and situational awareness.

Dates	7 th March 2025
Venue	TBC
Start Time & Duration	07:45 – 16:30
Additional Information	Cost involved \$230 for those outside the DHB \$130 for those working for the DHB Pre reading Manual included in cost
Target Audience	Multi Professional Midwives Medical Staff Anaesthetists Anaesthetic Technicians Nurses from all areas St John Paramedics
Facilitator	Consultant Celia Devenish and a group of Multi Professional Trainers passionate about simulation and PROMPT to improve outcomes and responsiveness to emergency situations
Bookings	Lyn Crosbie – Service Administrator Women's Health <u>Lyn.Crosbie@southerndhb.govt.nz</u>

Safe Moving & Handling Train the Trainer Workshop

Available for External Attendees

Workshop Content:

- Discomfort, pain and injury, fundamentals of posture and actions
- Risk assessment
- Patient handling requirements
- Practical techniques and safe use of equipment
- Moving and handling of people: the New Zealand guidelines
- Bariatric patients
- Emerging trends and technologies
- Teaching adults

Desired Learning Outcomes:

- Understand why Moving and Handling Programmes are required in the workplace.
- Fundamentals of posture and actions when performing manual handling tasks
- Working as part of a team
- State the legislation governing manual handling in your workplace.
- Explain the process of manual handling risk assessment and management.

Dates	Thursday 6 th March
	Thursday 1st May
	Wednesday 30 th July
	Wednesday 3 rd September
	Wednesday 3 rd December
Venue	Clinical Skills Lab Dunedin Public Hospital
Start Time & Duration	9.00am-4.00pm
Additional Information	Contact will be made one week prior: with timetable, required reading and course activities
Target Audience	Clinical staff who would like to be Moving and Handling Trainers

Facilitator	Sarah Campion and Crystal Wilson; Moving and Handling Coordinators	
Bookings	Via Employee connect, Local educator or	
	Sarah.Campion@southerndhb.govt.nz	
	Crystal.Wilson@southerndhb.govt.nz	

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Stroke Workshop

<u>Aims / Purpose</u>: To increase skills in carrying out neurological assessments in patients with stroke.

Desired Learning Outcomes: Increased confidence in assessing neuro observations and the NIHSS

Content: Neuro observations refresher & NIHSS (National Institute Health Stroke Scale) assessment

Day	Dates	Venue	
Tuesday Wednesday	27 th May 29 th October	Fraser A	
Target Audience	Registered Nurses		
Facilitator	Viv Wilson – Stroke CNS and Educators		
Additional Information	These will be half day workshops 0800 – 1230 Limited to 20 attendees each time		
Register	Employee Connect Any questions contact Viv Wilson – 0272167978 or 8Med Nurse Educators Helen Bourne or Meera Alex		

Telemetry Training

Aims / Purpose:

- The aim of this 30-minute education session is to provide information on the telemetry monitoring system used within the Coronary Care Unit (CCU) in Dunedin Hospital.
- Care information and troubleshooting information for the ward will be discussed as well as what it is like form the CCU's perspective.

Desired Learning Outcomes:

- Understanding how telemetry works, monitoring criteria, and when it is not indicated.
- Care and responsibilities of the telemetry monitoring system.
- Skills to trouble shoot.

Content:

- · Overview of the telemetry monitoring system
- How to set up and use the telemetry monitoring system

Day	Dates		Venue
Tuesday	15 th April 2 nd Septem	ber	John Hunter Memorial Room (JHR) – 7 th Floor (beside public lifts).
Tuesday			
Target Audience	Registered Health Care Professionals Hospital and community-based health professionals.		
Start time & Duration	14:30 – 15:00		
Facilitator	7 th floor Nurse Educators Jo Robertson-Smith Cy Griffiths		
Additional Information	30-minute session only on the 7 th floor		
Bookings	Name & Phone7th floor Educators office and cell- internal 58436 or 027 279 1048		
	Email Joanne.Robertson@southerndhb.govt.nz Cy.Griffiths@southerndhb.govt.nz		

Vaccinator Training and Vaccinator Update Days

Course Overview:

For information pertaining to these courses please check the IMAC website

Education | Immunisation Advisory Centre (immune.org.nz)

Additional information will be posted as it becomes available.

Dates		Venue Hospital
Target Audience		
Time and Duration	Various times as per above	
Attendee Limit	?? won't know until venue secured	
Facilitator	Jennifer Prescott jennifer.prescott@auckland.ac.nz	
Additional Information		
Cost		
Bookings		

Venepuncture Workshops

Desired Learning Outcomes: To introduce the participant to evidence based theoretical and practical information required to perform venepuncture.

Content Description:Anatomy of veins used for venepunctureType and appropriate use of equipmentBlood sampling and blood culturesInfection prevention and controlComplications and managementPractical component on training veins

Day	Dates		Venue
Tuesday	25 March 2025Skills Lab, 2nd Floor Fraser Building20th May 202515th July 202516th September 202525th November 2025		
Target Audience	Health Care Worker		
Start Time and Duration	14:00-16:00 (2 hours)		
Attendee Limit	10		
Facilitator	Derek Smith and Rebecca Oskam-Schmidt		
Additional Information	Reading material handed out on day Four observed practical assessments to be handed in to service educator on completion		
Cost	No charge		
Bookings	Employee Connect	Book on Emplo ONLY (Otago)	oyee Connect under Venepuncture

	External Bookings: Please contact PDU Administrator, ext. 59552
	DDI 03 474 59552 or, e-mail <u>PDUadmin.Otago@southerndhb.govt.nz</u>

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VIP Core Training

Overview:

To give staff the knowledge, skills, and frameworks to identify and address child abuse and partner abuse in the Te Whatu Ora Health context.

Content Description:

- Topics include intimate partner violence and child protection.
- Partner abuse: Why ask? How to ask? What to say/do when she/he says yes
- Epidemiology of family violence and effects of violence on children
- Child abuse: principles/practice and the Child Protection National Alert system.
- Professional dangerousness, information sharing and working collaboratively with our community partners including Oranga Tamariki and the Police (Family Harm Team)
- This is an interactive learning style where discussions are encouraged with many opportunities to put this learning into practice.

Date of Study Day/Workshop	Venue
1 st May 21 st July 4 th September 22 nd October 2 nd December	Dunedin Hospital – Fraser Building
Target Audience	All Te Whatu Ora staff
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830-1630
Face to Face Education Hours	8hrs
Online Education Hours	1hr Pre-Learning
Maximum Number of Attendees	8 min – 18 max.

Facilitator	Violence Intervention Programme Coordinators
Additional Information	Once Core Training has been completed it is a requirement for you to complete VIP Refresher training every 2 years.
Cost	No charge
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you. All others, please contact VIP Administrator Kylie Rowley Kylie.Rowley@southerndhb.govt.nz

Wound Care Implications and Treatments Study Day

<u>Aims / Purpose</u>:

This study day is intended for nursing staff (RNs and ENs) who undertake wound care as part of their practice.

Desired Learning Outcomes:

Nurses will extend their skills in comprehensive wound assessment; responsible decision-making regarding dressing choice; how to prevent skin injury (Pressure Injury, IAD, Skin Tears); and management of a variety of wounds.

Workshop Content:

- 1. Wound Assessment and Choosing the Right Dressing
- 2. Wound Debridement
- 3. Burns
- 4. Negative Pressure Wound Therapy overview.
- 5. SSKIN Prevention of pressure injuries/IAD prevention
- 6. Staging Pressure injury
- 7. Leg Ulcers
- 8. Skin Tears
- 9. Small Group exercises assessment, staging, right dressing choice.

Day	Dates	Venue
Mondays	14 th April	Fraser Rooms B & D
	14 th July	
	8 th September	
	8 th December	
Target Audience	RN's and EN's	
Start time & Duration	0830-1630	
Facilitators	Emil Schmidt/ Andrea Dorne	
Additional Information	How to Register	
	Contact your Nurse Educator or CNM for approval and	
	be enrolled on Employee Connect for the particular	
	day you wish to attend	

	Register with <i>i</i>	Staff not working for Te Whatu Ora Register with Andrea Dorne, 4 th Floor Clinical Nurse Educator <u>Andrea.Dorne@southerndhb.govt.nz</u>	
Bookings Te Whatu Ora Staff	Employee Connect	Set up on Employee Connect as: Wound Care Implications & Treatments SD (25 attendees max)	
	Name & Phone/Email	Emil Schmidt 021 477059 Emil.Schmidt@southerndhb.govt.nz	

Wound Care Competency Study Day 2025 (NPWT and Compression Competency)

<u>Aims / Purpose</u>: This study day is intended for nursing staff (RN and EN) who are required to gain competency in Negative Pressure Wound Therapy (NPWT) and Compression Bandaging for practice. Sessions on Pressure Injury Prevention, Wound Assessment and making the right dressing selection will also be provided.

Desired Learning Outcomes: Those attending this study day will complete the required theory and practice for the application of NPWT and compression bandaging. Nurses will also extend their skills in comprehensive wound assessment and responsible decision making about dressing choice, and how to prevent pressure injury.

Content:

1. Negative Pressure wound treatment (NPWT), When? How? and why?

2. Appropriate use of compression bandaging in the treatment and management of leg ulcers.

- 3. Prevention of Pressure Injuries
- 4. Wound Assessment and Choosing the Right Dressing
- 5. Theoretical and Practical Assessment of competencies for 1 and 2

Nb. Pre study day learning (self-learning packages) require completion prior to attending this study day. Attendees are awarded 4hrs Professional Development extra to the 8hr study day for completion of this work (12hrs PD total).

Day	Dates	Venue
Mondays	10 th March	Fraser Rooms B & D
	12 th May	
	9 th June	
	13 th October	
	10 th November	
Target Audience	RN's and EN's who require competency in NPWT and	
Compression Bandaging		ging

Start time & Duration	0830-1630	
Facilitators	Emil Schmidt/ Andrea Dorne	
Additional Information	How to Register and complete preparation prior to day.	
	Staff who work for the Te Whatu Ora	
	 Contact your Nurse Educator or CNM for approval and be enrolled on Employee Connect for the day you will attend. Log on to MIDAS and access Self-directed Learning Packages for completion prior to the day: Compression Bandaging MIDAS 46960 / NPWT MIDAS 81539 Pre-reading and self-learning packages will also be sent via work email to participants at least 2 weeks prior to the study day. Staff not working for Te Whatu Ora Register with Andrea Dorne, 4th Floor Clinical Nurse Educator, via email Andrea.Dorne@southerndhb.govt.nz Self-learning packages with pre-reading requirements sent via email, with reminder email to 	
Bookings	Employee	ipants 2 -3 weeks prior to the study day Set up on Employee Connect as:
	Connect	Wound Care Competency SD
		(25 attendees max)
	Name &	Emil Schmidt 021 477059
	Phone	Andrea Dorne Ext 58413
	-	Andrea.Dorne@southerndhb.govt.nz
	Email	Emil.Schmidt@southerndhb.govt.nz