

Education for Practice 2025



**Practice Development Unit (Southland)
Level 1, Learning and Research Centre
SOUTHLAND HOSPITAL**

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INTRODUCTION

This booklet outlines the training opportunities that are available in 2025 for current and future healthcare workforce staff via the Health New Zealand Te Whatu Ora Southern, Southland Practice Development Unit. An electronic copy of this booklet can be found on the Practice Development Service sharepoint site, Workshop Resources and General Information, Resources and Documents, Southland. The booklet is designed to assist you in making informed education choices to meet both mandatory education requirements and your own professional development. Each programme outline indicates the suitable target audience.

Every effort has been made to ensure the accuracy of the information included in this booklet at the time of printing, however scheduled sessions may change so please check the electronic version of this book on the Practice Development Service sharepoint site.

Venues for education sessions are stated on each programme outline and are governed by room availability so take careful note of the designated location. Should there be a need to change the venue of your education session, you will be contacted via e-mail.

Some sessions have a maximum number of participants therefore it is important that those wishing to attend register via Employee Connect, or through the appropriate contact person, as per the details on the programme outline.

Once your booking has been electronically approved by your manager, you will receive an e-mail confirming the details of your booking. A reminder e-mail will also be generated prior to the study day. Staff are asked to please check the Practice Development Service Sharepoint site [PDU Workshop Resources and General Information](#) and click on the “Resources and Documents” tile (Southland site) for any information or pre-reading required for your study day.

A small number of sessions also have a booking restriction and are unable to be booked on Employee Connect. The programme outline will indicate who to contact to book in.

Before booking, please note if the session is hospital or community based as included in the schedule are sessions that have been specifically developed for primary providers wishing to attend.

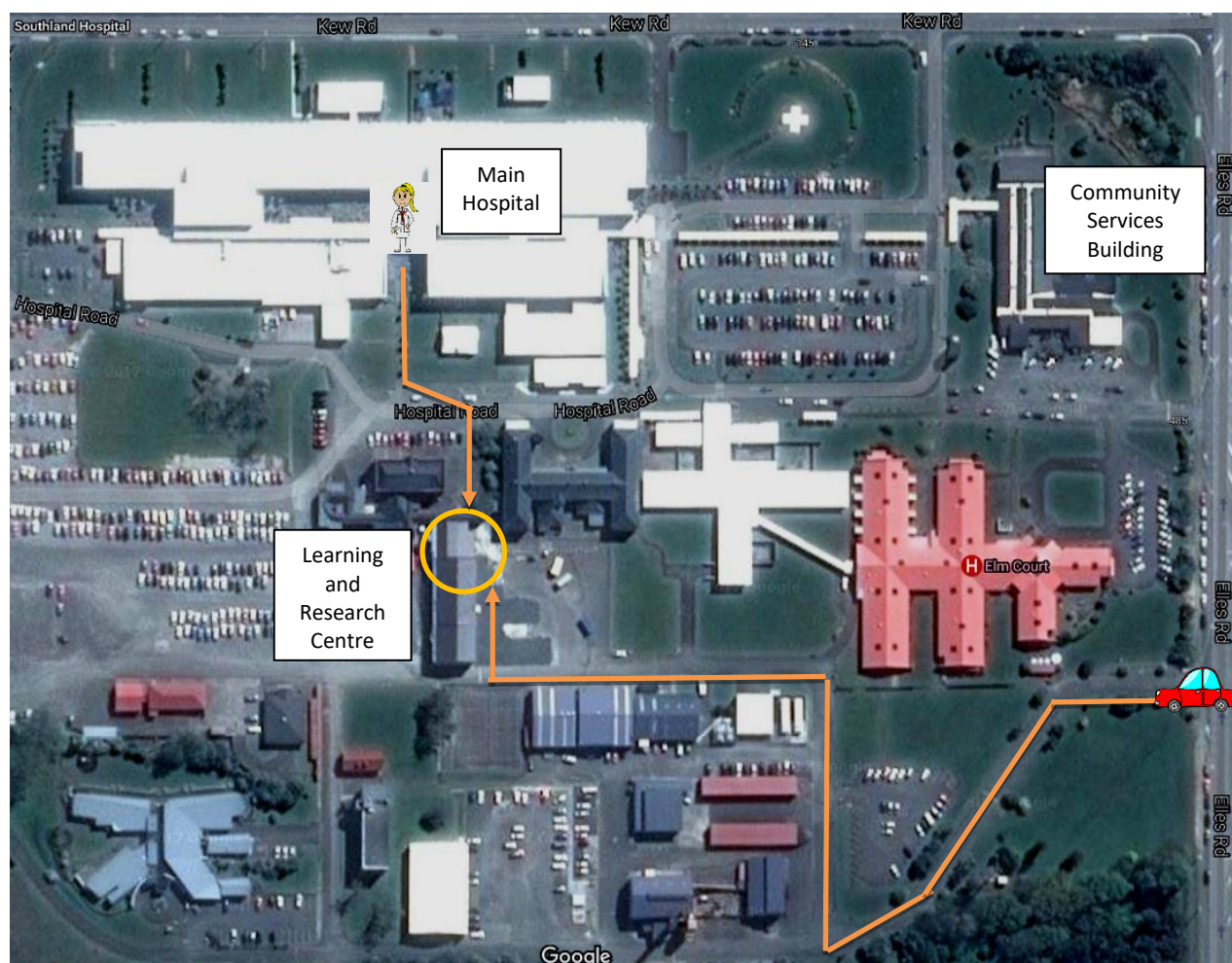
It is also important that you follow the required processes in your practice area before booking into an education session ie. discuss with or register through your manager.

If you are booked to attend a session and can no longer attend, please either cancel yourself, ask the person who booked you to withdraw you from the course, or contact the Practice Development Administrator on ext 47920 or DDI 03 2148920, as soon as possible, to allow others to fill the space.

Should the study day you are booked to attend be cancelled, you, your manager and your educator will be sent an e-mail advising of this.

Each programme outline indicates if there is a cost involved. On the whole there is no charge for education in 2025.

Southland Hospital Learning and Research Centre



If your study day/workshop is being held in the Learning and Research Centre, please take the stairs or lift to the first floor.

For those requiring car parking, there is free parking on either side of the Learning and Research Centre building.

WORKSHOP CHRONOLOGICAL LIST

JANUARY			
Cannulation Workshop	16 January	Safer Moving and Handling Trainers Day	24 January
SMART Training	17 January	New Graduate Nurse Launch Day	27 January
Venepuncture Workshop	21 January	New Graduate Nurse IT Day (Internal)	28 January
Health Care Assistant / Kaiawhina Forum	22 January	New Graduate Nurse Clinical Skills	29 January
PDRP ePortfolio Workshop (for those on PDRP)	22 January	New Graduate Nurse SMART (Internal Group One)	30 January
Safer Moving and Handling Revalidation Session	22 January	New Graduate Nurse SMART (Internal Group Two)	31 January
CVAD Workshop	23 January		
FEBRUARY		MARCH	
Perineal Suturing Workshop	3 February	Orthopaedic Study Day	4 March
Surgical Skills Study Day	4 February	Immediate Life Support Instructor Workshop	5 March
Maternity Intervention and Mandatory Breastfeeding Combined Study Day	5 February	New Graduate Nurse Palliative Care	5 March
PDRP ePortfolio Workshop (for those on PDRP)	5 February	CVAD Workshop	6 March
New Graduate Nurse SMART (External)	7 February	Newborn Life Support Training	6 March
PDRP Portfolio Workshop	10 February	PROMPT	7 March
Immediate Life Support Refresher	11 February	Respiratory Study Day	10 March
Wound Service: Lower Leg Compression Therapy Workshop	11 February	Paediatric Respiratory Study Day	11 March
VIP Family Violence and Child Protection (Core Training)	12 February	NZRC CORE Advanced Rescuer Course	12 March
CVAD Workshop	13 February	PDRP ePortfolio Workshop (for those on PDRP)	12 March
Port Needle Insertion Mini Workshop	13 February	Care of the Trauma Patient	13 March
Epidural Recertification	14 February		
SMART Training	17 February	Venepuncture Workshop	13 March
Essentials of Nursing Care Day 1	18 February	AT&R Skills Day	14 March
Health Care Assistant / Kaiawhina Forum	19 February	Safer Moving and Handling Trainers Day	14 March
NZRC CORE Advanced Rescuer Course	19 February	Epidural Recertification Education Day	17 March
Safer Moving and Handling Revalidation Session	19 February	SMART Training	17 March
Cannulation Workshop	20 February	Immediate Life Support Refresher	18 March

Medical Ward Skills Day	20 February	VIP Family Violence and Child Protection (Refresher Training)	18 March
Child Health Study Day	21 February	Safer Moving and Handling Revalidation Session	19 March
Epidural Recertification Education Day	21 February	Unstable Patient Workshop – Hospital Setting	19 March
Essentials of Nursing Care Day 2	24 February	VIP Family Violence and Child Protection (Core Training)	19 March
Essentials of Nursing Care Day 3	25 February	Cannulation Workshop	20 March
Immediate Life Support Instructor Revalidation	25 February	New Graduate Nurse Longterm Conditions/CNS Study Day	20 March
Unstable Patient Workshop – Hospital Setting	26 February	Preceptorship Workshop	24 and 25 March
Emergency Midwifery Skills Study Day	27 February	SMART Training (Queenstown)	24 March
		Wound Assessment and Management Workshop (Inpatient Nurses)	25 March
		Health Care Assistant / Kaiawhina Forum	26 March
		NZRC CORE Advanced Rescuer Course	26 March
		PDRP Assessor Workshop	26 March
		PDRP ePortfolio Workshop (for those on PDRP)	31 March
		SMART Training	31 March
APRIL		MAY	
Essentials of Nursing Care Day 1	1 April	CVAD Workshop	1 May
Infection Prevention and Control Workshop	2 April	Port Needle Insertion Mini Workshop	1 May
PDRP Portfolio Workshop	2 April	Maternity Intervention and Mandatory Breastfeeding Combined Study Day	5 May
Cannulation Workshop	3 April	Stroke Workshop	6 May
Team Leader Workshop (Medical and Surgical Ward)	3 April	District Nursing Study Day	7 May
Registered Nurses Maternity Emergency Study Day	4 April	New Graduate Nurse Unstable Patient (External)	7 May
NZRC CORE Advanced Rescuer Course	9 April	De-escalation Study Day	8 May
Gastrointestinal Study Day	10 April	Venepuncture Workshop	8 May
Perineal Suturing Workshop (Lakes District Hospital)	10 April	Cultural Support Day	9 May
Pain Study Day	11 April	Safer Moving and Handling Revalidation Session	14 May
Essentials of Nursing Care Day 2	14 April	Unstable Patient Workshop – Hospital Setting	14 May

Essentials of Nursing Care Day 3	15 April	Cannulation Workshop	15 May
New Graduate Nurse Unstable Patient (Internal Group One)	16 April	Peritoneal Dialysis Workshop APD and CAPD	15 May
Safer Moving and Handling Revalidation Session	16 April	Immediate Life Support Refresher	19 May
New Graduate Nurse Unstable Patient (Internal Group Two)	23 April	SMART Training	19 May
VIP Family Violence and Child Protection (Core Training)	23 April	NZRC CORE Advanced Rescuer Course	20 May
Emergency Department Study Day (Advanced)	24 April	Health Care Assistant / Kaiawhina Forum	21 May
Ka Huru Huru Kea – Person-centred Care and Understanding Behaviours	28 April	New Graduate Nurse VIP Training (Group One)	21 May
PDRP ePortfolio Workshop (for those on PDRP)	28 April	Emergency Midwifery Skills Study Day	22 May
Immediate Life Support Refresher	29 April	Preceptorship Workshop	22 and 23 May
VIP Family Violence and Child Protection (Refresher Training)	29 April	Cardiac Workshop	26 May
Health Care Assistant / Kaiawhina Forum	30 April	PDRP ePortfolio Workshop (for those on PDRP)	26 May
NZRC CORE Advanced Rescuer Course	30 April	Palliative Care Study Day	27 May
		New Graduate Nurse VIP Training (Group Two)	28 May
		Medical Ward Skills Day	29 May
JUNE		JULY	
Immediate Life Support Instructor Revalidation	3 June	Legal Ethical and Research Workshop	1 July
New Graduate Nurse Transition Shock and Opportunity	4 June	CVAD Workshop	3 July
Unstable Patient Workshop – Hospital Setting	4 June	Epidural Recertification Education Day	7 July
CVAD Workshop	5 June	Immediate Life Support Refresher	8 July
Parenteral Nutrition Workshop	5 June	SMART Training	8 July
Epidural Recertification Education Day	9 June	Unstable Patient Workshop – Primary Care	9 July
New Graduate Nurse Career Planning and PDRP	10 June	Newborn Life Support Training	10 July
NZRC CORE Advanced Rescuer Course	11 June	New Graduate Nurse Pain Study Day	10 July

Safer Moving and Handling Revalidation Session	11 June	Venepuncture Workshop	11 July
Cannulation Workshop	12 June	NZRC CORE Advanced Rescuer Course	16 July
Wound Assessment and Management Workshop (Inpatient Nurses)	12 June	Safer Moving and Handling Revalidation Session	16 July
Safer Moving and Handling Trainers Day	13 June	Cannulation Workshop	17 July
SMART Training	16 June	Emergency Department Skills Day (Fundamentals)	18 July
Essentials of Nursing Care Day 1	17 June	Emergency Department Plaster Refresher Workshop	21 July
PDRP Portfolio Workshop	18 June	PDRP ePortfolio Workshop (for those on PDRP)	21 July
VIP Family Violence and Child Protection (Core Training)	18 June	New Graduate Nurse Cardio/Respiratory	22 July
Essentials of Nursing Care Day 2	23 June	Health Care Assistant / Kaiawhina Forum	23 July
Maternity Intervention and Mandatory Breastfeeding Combined Study Day	23 June	Preceptorship Workshop	24 and 25 July
PDRP ePortfolio Workshop (for those on PDRP)	23 June	VIP Family Violence and Child Protection (Refresher Training)	29 July
Essentials of Nursing Care Day 3	24 June	VIP Family Violence and Child Protection (Core Training)	30 July
Immediate Life Support Refresher	24 June		
Health Care Assistant / Kaiawhina Forum	25 June		
NZRC CORE Advanced Rescuer Course	25 June		
AUGUST		SEPTEMBER	
Palliative Care Study Day	5 August	PDRP ePortfolio Workshop (for those on PDRP)	3 September
Wound Service: Lower Leg Compression Therapy Workshop	5 August	Newborn Life Support Training	4 September
NZRC CORE Advanced Rescuer Course	6 August	New Graduate Nurse Case Studies Presentation	8 September
PDRP ePortfolio Workshop (for those on PDRP)	6 August	Immediate Life Support Instructor Revalidation	9 September
PDRP Portfolio Workshop	11 August	Unstable Patient Workshop – Hospital Setting	10 September
SMART Training	11 August	Cannulation Workshop	11 September

Essentials of Nursing Care Day 1	12 August	Pain Study Day	11 September
Unstable Patient Workshop – Hospital Setting	13 August	Ka Huru Huru Kea – Person-centred Care and Understanding Behaviours	12 September
CVAD Workshop	14 August	SMART Training	15 September
Port Needle Insertion Mini Workshop	14 August	Immediate Life Support Refresher	16 September
Emergency Midwifery Skills Study Day	15 August	Health Care Assistant / Kaiawhina Forum	17 September
Safer Moving and Handling Trainers Day	15 August	NZRC CORE Advanced Rescuer Course	17 September
Essentials of Nursing Care Day 2	18 August	Safer Moving and Handling Revalidation Session	17 September
Essentials of Nursing Care Day 3	19 August	Medical Ward Mandatory Catch Up	18 September
Immediate Life Support Refresher	19 August	Venepuncture Workshop	19 September
Health Care Assistant / Kaiawhina Forum	20 August	De-escalation Study Day	22 September
NZRC CORE Advanced Rescuer Course	20 August	PROMPT	23 September
Safer Moving and Handling Revalidation Session	20 August	Care of the Trauma Patient	24 September
Cannulation Workshop	21 August	CVAD Workshop	25 September
PDRP ePortfolio Workshop (for those on PDRP)	26 August	Preceptorship Workshop	25 and 26 September
VIP Family Violence and Child Protection (Core Training)	27 August	AT&R Skills Day	26 September
Immediate Life Support Instructor Workshop	28 August	Maternity Intervention and Mandatory Breastfeeding Combined Study Day	29 September
		Stroke Workshop	30 September
OCTOBER		NOVEMBER	
VIP Family Violence and Child Protection (Core Training)	1 October	Maternity Intervention and Mandatory Breastfeeding Combined Study Day	3 November
Cultural Support Day	3 October	Gastrointestinal Study Day	4 November
SMART Training (Queenstown)		Safer Moving and Handling Revalidation Session	5 November
Paediatric Diabetes Study Day	7 October	Unstable Patient Workshop – Hospital Setting	5 November
VIP Family Violence and Child Protection (Refresher Training)	7 October	VIP Family Violence and Child Protection (Core Training)	5 November
Vaccinator Foundation Course – Two day face to face tutorial	7-8 October	CVAD Workshop	6 November
NZRC CORE Advanced Rescuer Course	8 October	Port Needle Insertion Mini Workshop	6 November

Cannulation Workshop	9 October	Team Leader Workshop (Medical and Surgical Ward)	6 November
Orthopaedic Study Day	9 October	RANZCOG Fetal Surveillance Program – to be confirmed	7 November
Vaccinator Face to Face Update Course	9 October	PDRP ePortfolio Workshop (for those on PDRP)	10 November
PDRP Portfolio Workshop	15 October	SMART Training	10 November
Safer Moving and Handling Revalidation Session	15 October	Immediate Life Support Refresher	11 November
Unstable Patient Workshop – Hospital Setting	15 October	VIP Family Violence and Child Protection (Refresher Training)	11 November
AIRVO Champions & Trainers Workshop (Fisher & Paykel)	16 October	NZRC CORE Advanced Rescuer Course	12 November
CVAD Workshop	16 October	Cannulation Workshop	13 November
Safer Moving and Handling Trainers Day	17 October	Safer Moving and Handling Trainers Day	14 November
SMART Training	20 October	Respiratory Study Day	17 November
Essentials of Nursing Care Day 1	21 October	Surgical Skills Study Day	18 November
Health Care Assistant / Kaiawhina Forum	22 October	District Nursing Study Day	19 November
NZRC CORE Advanced Rescuer Course	22 October	Health Care Assistant / Kaiawhina Forum	19 November
Immediate Life Support Refresher	23 October	Emergency Midwifery Skills Study Day	20 November
Transfusion Workshop	23 October	Wound Assessment and Management Workshop (Inpatient Nurses)	20 November
Child Health Study Day	24 October	Venepuncture Workshop	21 November
Essentials of Nursing Care Day 2	28 October	Preceptorship Workshop	24 and 25 November
Essentials of Nursing Care Day 3	29 October	PDRP Portfolio Workshop	26 November
PDRP ePortfolio Workshop (for those on PDRP)	29 October	Womens Health Study Day	26 November
Peritoneal Dialysis Workshop APD and CAPD	30 October	Infection Prevention and Control Workshop	27 November
		Newborn Life Support Training	27 November
DECEMBER			
Immediate Life Support Refresher	2 December	Safer Moving and Handling Revalidation Session	17 December
PDRP ePortfolio Workshop (for those on PDRP)	3 December	NZRC CORE Advanced Rescuer Course	10 December

Unstable Patient Workshop – Hospital Setting	3 December	Cannulation Workshop	11 December
CVAD Workshop	4 December	Essentials of Nursing Care Day 3	16 December
Medical Ward Skills Day	4 December	Essentials of Nursing Care Day 2	15 December
SMART Training	8 December	Emergency Department Skills Day (Fundamentals)	18 December
Essentials of Nursing Care Day 1	9 December	Emergency Department Plaster Refresher Workshop	19 December
Health Care Assistant / Kaiawhina Forum	17 December		

AIRVO CHAMPIONS & TRAINERS' WORKSHOP (FISHER & PAYKEL)

Overview:

To enhance knowledge and skill relating to the utilisation of humidified oxygen and respiratory therapies, and their clinical application. Empowering ward respiratory champions and AIRVO trainers with additional knowledge to foster skill development of wider group of nurses.

Topics may include:

- Understanding humidity
- Physiology of the Airway
- Breathing circuits-the setup and application of devices
- Opti flow therapy-AIRVO2 & AIRVO3
- Clinical Review
- Troubleshooting your heated humidification systems
- Hands on interactive sessions

Date of Study Day/Workshop	Venue
Thursday 16 October	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled Nurses working with patients receiving humidification and nasal high flow
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes. Priority given to senior nurses and respiratory ward champions in Southland Hospital.
Time	0900-1600 hours
Face to Face Education Hours	6.5 hours
Online Education Hours	1.5
Maximum Number of Attendees	20
Facilitator	Reshmi Varghese, Nurse Educator-Medical Ward
Additional Information	Workshop presented by Fisher & Paykel Healthcare Product Specialists
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

AT&R SKILLS DAY

Overview:

For updating of skills appropriate to AT&R staff.

Date of Study Day/Workshop	Venue
Friday 14 March Friday 26 September	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	AT&R staff, however if interested and working outside of AT&R, please contact the facilitator as this may be negotiated
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0830-1630
Face to Face Education Hours	8
Online Education Hours	Nil
Maximum Number of Attendees	20
Facilitator	Joanne Walsh
Additional Information	Tea and Coffee provided
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Joanne Walsh e-mail joanne.walsh@southerndhb.govt.nz

CANNULATION WORKSHOP

Overview:

A 4 hour course that develops skill and knowledge around cannulation thus enabling the participant to safely insert an appropriate intravenous peripheral catheter into a vein.

The key learning outcomes include:

- Identifying and dilating an appropriate vessel
- Utilising appropriate infection prevention techniques
- Accessing a vessel with an appropriately sized safety cannula
- Verifying successful placement
- Recognising and minimising complications

Date of Study Day/Workshop	Venue
Thursday 16 January	Skills Lab and IV Training Room Level 1, Learning and Research Centre Southland Hospital
Thursday 20 February	
Thursday 20 March	
Thursday 3 April	
Thursday 15 May	
Thursday 12 June	
Thursday 17 July	
Thursday 21 August	
Thursday 11 September	
Thursday 9 October	
Thursday 13 November	
Thursday 11 December	
Target Audience	Registered or Enrolled staff who have a <u>clear clinical need</u> for their training in cannulation
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes (but Southland/Lakes staff are prioritised)
Time	0830 to 1230hr
Face to Face Education Hours	4 hours
Online Education Hours	Nil
Maximum Number of Attendees	8 attendees

Facilitator	Peter Boon and Tracey Bourke
Additional Information	
Cost	No charge
Bookings	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

CARDIAC WORKSHOP

Overview:

Our aim is to improve and refresh nurses' fundamental cardiac knowledge. Content previously covered includes anatomy and physiology, cardiac assessment, ECG interpretation, cardiac devices, cardiac medications and management of: heart failure, acute coronary symptom and AF. We have a range of guest speakers and topics vary depending on availability and to include the most up to date practices.

Date of Study Day/Workshop	Venue
Monday 26 May	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered Nurses – across primary and secondary care
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	8.30am-4pm
Face to Face Education Hours	7
Online Education Hours	
Maximum Number of Attendees	25
Facilitator	Alison McCallum Cardiac CNS Debbie Colvin Cardiac LTC RN
Additional Information	
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

CARE OF THE TRAUMA PATIENT WORKSHOP

Overview:

This workshop is designed to provide an overview of the management of trauma patients in hospital. The aim of the workshop is to facilitate and enhance knowledge, skills and attitudes of nurses to assist them in assessing, planning, delivering and evaluating care of the trauma patient.

- Demonstrate an understanding of chest, abdominal, musculoskeletal and head injuries.
- Demonstrate an understanding of trauma nursing management.

Content Description:

Lectures in the mornings, including overview of trauma, mechanisms of injury, chest and abdominal musculoskeletal trauma with case studies included.

Afternoon rotating skills workstations including:

- Traction
- Chest Drains
- PTA testing
- Collars and Braces

Date of Study Day/Workshop	Venue
Thursday 13 March Wednesday 24 September	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses caring for admitted trauma patients
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0830-1600
Face to Face Education Hours	7hrs
Online Education Hours	Nil
Maximum Number of Attendees	16
Facilitator	Rebecca Coats & Sarah Halder- Trauma Nurse Coordinators
Additional Information	
Cost	Nil
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

CHILD HEALTH STUDY DAY

Overview:

A variety of relevant paediatric topics will be covered. Topics will be confirmed closer to the date.

Date of Study Day/Workshop	Venue
Friday 21 February Friday 24 October	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Childrens Ward Nurses and Nurses with an interest in child health
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0800 – 1600 hours
Face to Face Education Hours	8
Online Education Hours	Nil
Maximum Number of Attendees	15
Facilitator	CW Nurse Educator
Additional Information	Nil
Cost	Nil
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

CULTURAL SUPPORT DAY

Overview:

This day is designed to support our Health Care Assistants, Enrolled Nurses and Registered Nurses in exploring and understanding differing cultural context within our work environment. The focus will be on sharing experiences, learning from each other and fostering a positive and safe team environment.

Date of Study Day/Workshop	Venue
Friday 9 May Friday 3 October	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Newly employed and existing Health Care Assistants, Enrolled and Registered Nursing Staff
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	NIL
Maximum Number of Attendees	20
Facilitator	Nurse Educator Reshmi Varghese / CNC Maike Rickertsen
Additional Information	Shared lunch is encouraged, so please bring a plate of your favourite food 😊
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

CVAD WORKSHOP (CENTRAL VENOUS ACCESS DEVICES)

Overview:

A 5 hr course that enables attendees to work at a more advanced level with all types of central lines.

The key learning outcomes include:

- Central venous anatomy and administration principles
- Dressing and blood sampling procedures
- Troubleshooting and removal of CVADs

Note: The Port Workshop may be running in the afternoon

This 2hr workshop will need to be booked separately

Date of Study Day/Workshop	Venue
Thursday 23 January	Skills Lab and IV Training Room Level 1, Learning and Research Centre Southland Hospital
Thursday 13 February	
Thursday 6 March	
Thursday 1 May	
Thursday 5 June	
Thursday 3 July	
Thursday 14 August	
Thursday 25 September	
Thursday 16 October	
Thursday 6 November	
Thursday 4 December	
Target Audience	All registered clinical staff
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 to 1330hrs
Face to Face Education Hours	5 hrs
Online Education Hours	Nil
Maximum Number of Attendees	9 attendees
Facilitators	Peter Boon and Tracey Bourke

Additional Information	
Cost	No charge
Bookings	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

DE-ESCALATION STUDY DAY – How to Manage the Challenging Behaviour

Overview:

- Person-centred Care and Understanding Behaviour
- The De-escalation study day is designed to help caring staff understand the underlined physiological, and psychological drive behind the very challenging clients, and how to de-escalate the situation. The day is divided into theory, and practical sessions giving you the opportunity to put new skills into practice.

Date of Study Day/Workshop	Venue
Thursday 8 May Monday 22 September	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses, HCA's, front line Admin, any staff who face clients who exhibit irritable, aggressive and/or challenging behaviours
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time 0900-1630	0900 – 1630
Face to Face Education Hours	8 hours
Online Education Hours	0
Maximum Number of Attendees	20
Facilitator	Haim Haviv, RN Restraint Elimination, Safe Practice Coordinator 0.4 FTE
Additional Information	Fun and challenging day. Learning “hands on” theory and de-escalation techniques
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

DIABETES STUDY DAY

Overview:

Diabetes is so much more than eating special diets, exercising, testing blood glucose and giving insulin. Come along if you are interested in learning more and expanding your knowledge to assist in your practice. Be prepared to challenge conventional perceptions and push the boundaries of modern medicine.

The day is facilitated by an experienced diabetes team member, who will tailor the learning to participants needs and questions. Making every diabetes study day as unique as the attendees, it is an interactive day full of tips, tricks and helpful hints to help your insight into diabetes management.

Date of Study Day/Workshop	Venue
Dates to be confirmed. For all enquiries please e-mail the Diabetes Educators DiabetesEducators-SDHB@southerndhb.govt.nz	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Enthusiastic health care professionals who want to expand their diabetes knowledge
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	
Face to Face Education Hours	8
Online Education Hours	None
Maximum Number of Attendees	25
Facilitator	Donna Madden/Charleen Waddell
Additional Information	
Cost	No cost
Bookings	Please e-mail the Diabetes Educators for all booking enquiries DiabetesEducators-SDHB@southerndhb.govt.nz

DISTRICT NURSING STUDY DAY

Overview:

Refresher and overview for District Nursing staff.



Date of Study Day/Workshop	Venue
Wednesday 7 May Wednesday 19 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	District Nurses in the Southern region
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 – 1630
Face to Face Education Hours	8
Online Education Hours	-
Maximum Number of Attendees	22
Facilitator	Sara Webb
Additional Information	Tea and coffee provided
Cost	No cost
Bookings	<p>Hospital Employees –</p> <p>Bookings to be made via Sara Webb, District Nurse Educator sara.webb@southerndhb.govt.nz</p> <p>Non Hospital Employees –</p> <p>Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

EMERGENCY DEPARTMENT PLASTER REFRESHER WORKSHOP

Overview:

Hands on plaster of Paris refresher, revisiting simple and complex plaster casts alongside tips to make plastering more user friendly for patients and staff within the Emergency context.

Date of Study Day/Workshop	Venue
Monday 21 July Friday 19 December	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Those that use plaster of Paris for initial fracture management
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0800-1630
Face to Face Education Hours	8
Online Education Hours	-
Maximum Number of Attendees	12
Facilitator	Lisa O'Connor
Additional Information	
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

EMERGENCY DEPARTMENT SKILLS DAY (FUNDAMENTALS)

Overview:

Skills that underpin minor emergency department presentations are taught and reinforced, incorporating an evidence-based approach. For example: simple plaster of Paris, eye injuries, wound care.

Date of Study Day/Workshop	Venue
Friday 18 July Thursday 18 December	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	RNs regularly working in Emergency Departments
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0800-1630
Face to Face Education Hours	8 hours
Online Education Hours	-
Maximum Number of Attendees	16
Facilitator	Lisa O'Connor
Additional Information	
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

EMERGENCY DEPARTMENT STUDY DAY (ADVANCED)

Overview:

This study day will focus on recognising the deteriorating patient and providing complex care in the Emergency Department.

Date of Study Day/Workshop	Venue
Thursday 24 April	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Emergency Department Staff – Priority will be given to those working in or preparing to work in resus
Open to health care colleagues outside of Southland and Lakes District hospitals	No (unless a discussion has been held with the Southland ED educator in relation to the appropriateness of the equipment and machines being taught and applied)
Time	0800-1630
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	12
Facilitator	ED Nurse Educator
Additional Information	
Cost	No Cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

EMERGENCY MIDWIFERY SKILLS STUDY DAY

Overview:

Compulsory annual workshop for Midwives
NZ Midwifery Council requirement for emergency skills

Date of Study Day/Workshop	Venue
Thursday 27 February	Skills Lab
Thursday 22 May	Level 1, Learning and Research Centre
Friday 15 August	Southland Hospital
Thursday 20 November	
Target Audience	LMCs and Core Midwives
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 – 1600 hours
Face to Face Education Hours	7 hours
Online Education Hours	1 hour (Health NZ staff only) – Immediate Life Support (healthLearn SRNR008)
Maximum Number of Attendees	12
Facilitator	Susanna McQueen
Additional Information	A smart phone or tablet is required
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

EPIDURAL RECERTIFICATION EDUCATION DAY

Overview:

A mandatory requirement for Epidural recertification.

Date of Study Day/Workshop	Venue
Friday 14 February Friday 21 February Monday 17 March Monday 9 June Monday 7 July	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Core Staff and LMC's
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	08:30 – 12.30
Face to Face Education Hours	4 hours
Online Education Hours	Nil
Maximum Number of Attendees	15
Facilitator	Sue McQueen
Additional Information	
Cost	Nil
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

ESSENTIALS OF NURSING CARE – DAY 1

Overview:

This training day is part one of a series of a three day orientation programme, mandatory for all newly employed Health Care Assistants. This day is designed to also cater to newly employed nursing staff. A number of theoretical as well as practical hands on learning sessions will be on offer.

Date of Study Day/Workshop	Venue
Tuesday 18 February Tuesday 1 April Tuesday 17 June Tuesday 12 August Tuesday 21 October Tuesday 9 December	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	All newly employed HCAs, new Nursing Staff at discretion of their manager
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	NIL
Maximum Number of Attendees	15
Facilitator	CNC Maïke Rickertsen
Additional Information	This day might especially benefit nurses new to the organisations and new to New Zealand
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

ESSENTIALS OF NURSING CARE – DAY 2

Overview:

This training day is part two of a series of a three-day orientation programme, mandatory for all newly employed Health Care Assistants. This day is designed to also cater for existing Health Care Assistants, and to newly employed Nursing Staff. The workshop is packed full of interesting and evidence-based topics around patient care, collaborative teamwork, communication and safety. There will be a mix of presentations as well as hands on practical sessions to put learning into action.

Date of Study Day/Workshop	Venue
Monday 24 February Monday 14 April Monday 23 June Monday 18 August Tuesday 28 October Monday 15 December	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Mandatory to all newly employed HCAs, highly recommended for newly employed nursing staff, existing HCAs are very welcome!
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes – however please check with Julie Gorrie and / or Maike Rickertsen for appropriateness
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	NIL
Maximum Number of Attendees	15
Facilitator	CNC Maike Rickertsen
Additional Information	This day is highly recommended to all new Nursing Staff who joined us from overseas
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

ESSENTIALS OF NURSING CARE – DAY 3

Overview:

This training day is part three of a series of a three-day orientation programme, mandatory for all newly employed Health Care Assistants. This day is designed to also cater for existing Health Care Assistants, and to newly employed Nursing Staff. The workshop is packed full of interesting and evidence-based topics around patient care, collaborative teamwork, communication and safety. There will be a mix of presentations as well as hands on practical sessions to put learning into action.

Date of Study Day/Workshop	Venue
Tuesday 25 February Tuesday 15 April Tuesday 24 June Tuesday 19 August Wednesday 29 October Tuesday 16 December	Level 1, Learning and Research Centre Southland Hospital
Target Audience	Mandatory to all newly employed HCAs, highly recommended for newly employed nursing staff, existing HCAs are very welcome!
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes – however please check with Julie Gorrie and / or Maike Rickertsen for appropriateness
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	NIL
Maximum Number of Attendees	15
Facilitator	CNC Maike Rickertsen
Additional Information	This day is highly recommended to all new Nursing Staff who joined us from overseas
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

GASTROINTESTINAL STUDY DAY

Overview:

To provide health professionals with the opportunity to update their knowledge and skills around caring for people with gastrointestinal disorders – including colon and rectal cancer and upper GI cancers and disorders.

Options of topics:

- Review anatomy and physiology of GI tract and/or Upper GI
- Update current surgical procedures
- Review medication prescribed in the care of a GI patient and/or upper GI patient
- Discuss nutritional support for the patient with a GI disorder
- Outline the care of an Ostomy patient
- Discuss the care of a post-operative patient following bowel surgery (ERAS)
- Patient perspective (when appropriate)

Date of Study Day/Workshop	Venue
Thursday 10 April Tuesday 4 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health Professionals
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Not required
Maximum Number of Attendees	25
Facilitator	Kim Snoep – Colorectal Clinical Nurse Specialist Stacy Taylor – Colorectal Clinical Nurse Specialist Gill Fewster – Upper GI Clinic Nurse Specialist
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

HEALTH CARE ASSISTANT / KAIAWHINA FORUM - EDUCATION

Overview:

The Forum will provide a once a month learning opportunity for Health Care Assistants / Kaiawhina, covering a wide variety of clinically relevant topics about direct patient care, equipment, health and safety, different services and much more. The Forum can be attended face to face or via Microsoft TEAMS as appropriate.

Date of Study Day/Workshop	Venue
Wednesday 22 January Wednesday 19 February Wednesday 26 March Wednesday 30 April Wednesday 21 May Wednesday 25 June Wednesday 23 July Wednesday 20 August Wednesday 17 September Wednesday 22 October Wednesday 19 November Wednesday 17 December	Level 1, Learning and Research Centre Southland Hospital
Target Audience	All Health Care Assistants / Kaiawhina (other Nursing staff welcome)
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	1500 – 1600 hours
Face to Face Education Hours	1 hour
Online Education Hours	NIL
Maximum Number of Attendees	20
Facilitator	CNC Maike Rickertsen
Additional Information	
Cost	No cost

Bookings	<p>Not available to book on Employee Connect, please just attend on the day</p> <p>alternatively contact Maïke Rickertsen</p> <p>Ext: 46709 or cell: 027 234 4519</p> <p>e-mail: Maïke.Rickertsen@southerndhb.govt.nz</p>
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IMMEDIATE LIFE SUPPORT INSTRUCTOR REVALIDATION (3 YEARLY)

Overview:

3 yearly updates for Southern CPR instructor/assessors. Instructors will be updated to ensure consistency of teaching and practice across the organisation.

- Update on any changes to guidelines
- Demonstration and practice of CPR related skills including use of AED trainer
- Peer assessment
- Refresher of online resources
- Overview of resuscitation events from previous year
- Management of common medical emergencies
- Simulated scenario

Date of Study Day/Workshop	Venue
Tuesday 25 February Tuesday 3 June Tuesday 9 September	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	RNs, HCAs, Allied Health staff who are workplace instructors/assessors
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes, if previous attendee at an Instructor workshop
Time	0830 - 1230
Face to Face Education Hours	4
Online Education Hours	
Maximum Number of Attendees	10
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Updated resources will be provided on the day
Cost	Nil
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

IMMEDIATE LIFE SUPPORT INSTRUCTOR WORKSHOP

Overview:

Participants will gain sufficient skills and knowledge to be Immediate Life Support (CPR) instructors and assessors in their workplace.

- Physiology of cardiac arrest
- Common conditions that cause cardiac arrest
- Immediate life support resuscitation for adults and children
- Arrhythmia recognition and the use of advisory defibrillators (AEDs)
- Airway management including Laryngeal Mask Airway insertion
- Introduction to CPR online resources
- Competency assessment
- Use of QCPR app to support training and assessment
- Manikin maintenance and trouble shooting
- Teamwork and communication

Date of Study Day/Workshop	Venue
Wednesday 5 March Thursday 28 August	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	RNs, ENs, HCAs, Allied Health staff who want to become workplace instructors/assessors
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes, if prior arrangement with facilitator
Time	0830 to 1630hrs
Face to Face Education Hours	8
Online Education Hours	
Maximum Number of Attendees	8
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Updated resources will be provided on the day and e-mailed post course
Cost	Nil

Bookings	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>
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IMMEDIATE LIFE SUPPORT REFRESHERS

Overview:

An update in relevant resuscitation skills at immediate life support level for both Hospital and Community based staff who do not have a workplace assessor or are new to the workplace.

- Update on current NZ Resuscitation Council guidelines
- Demonstration and practice of CPR related skills including use of an AED
- Use of basic airway adjuncts and oxygen
- Assessment of skill competency
- Recognition and management of anaphylaxis
- Discussion and practice of teamwork and roles in a medical emergency
- Direction on how to complete online quiz

Date of Study Day/Workshop	Venue
Tuesday 11 February Tuesday 18 March Tuesday 29 April Monday 19 May Tuesday 24 June Tuesday 8 July Tuesday 19 August Tuesday 16 September Thursday 23 October Tuesday 11 November Tuesday 2 December	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	RNs, ENs, HCAs, Allied Health staff, vaccinators, oral health
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes – on negotiation with facilitator
Time	1230 - 1430
Face to Face Education Hours	2
Online Education Hours	
Maximum Number of Attendees	10
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist

Additional Information	Recommended to complete Immediate Life Support quiz on healthLearn prior to the day.
Cost	Nil
Bookings	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

INFECTION PREVENTION AND CONTROL WORKSHOP

Overview:

8hr workshop - mix of theory and practical skills

Open to all community and hospital Nursing and HCA staff

Date of Study Day/Workshop	Venue
Wednesday 2 April Thursday 27 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nursing and HCA staff
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 – 1630 hours
Face to Face Education Hours	8 hrs
Online Education Hours	Nil
Maximum Number of Attendees	40
Facilitator	Sue Dillon
Additional Information	Education is specific to acute care and broad infection control topics
Cost	NA
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

KA HURU HURU KEA – Person-centred Care and Understanding Behaviours

Overview:

Person-centred Care and Understanding Behaviours

Ka Huru Huru Kea study day is designed to help caring staff understand the underlined physiological, and psychological drive behind the challenging behaviours, and how to de-escalate the situation. The day is divided into theory, and practical sessions giving you the opportunity to put new skills into practice.

Date of Study Day/Workshop	Venue
Monday 28 April Friday 12 September	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses, HCA's, front line Admin, any staff who face clients who exhibit irritable, aggressive and/or challenging behaviours
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830-1630
Face to Face Education Hours	8 hours
Online Education Hours	0
Maximum Number of Attendees	20
Facilitator	Sara Campion, RN Restraint Elimination Coordinator (Otago) Helen Patton, Clinical Psychologist (Otago) Assisting: Haim Haviv, Southland, RN Restraint Elimination, Safe Practice Coordinator 0.4 FTE
Additional Information	Fun and challenging day learning "hands on" theory and calming techniques
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southernhb.govt.nz

LEGAL ETHICAL AND RESEARCH WORKSHOP

Overview:

This workshop is designed to develop Registered and Enrolled Nurses' knowledge and critical thinking in relation to ethical, legal and professional issues in nursing. Knowledge gained will assist the nurse with clinical decision making.

Date of Study Day/Workshop	Venue
Tuesday 1 July	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled nurses and Midwives
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Date-Time	0830 – 1630 hours
Face to Face Education Hours	8
Online Education Hours	0
Maximum Number of Attendees	30
Facilitator	Nicola Brandsen Mobile 0278251260
Additional Information	Morning Tea Provided
Cost	Nil
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

MATERNITY INTERVENTION AND MANDATORY BREASTFEEDING COMBINED STUDY DAY

Overview:

A combined 4 hours of mandatory breast feeding education plus four hours of maternity trigger Interventions and relevant topics.

Date of Study Day/Workshop	Venue
Wednesday 5 February Monday 5 May Monday 23 June Monday 29 September Monday 3 November	Seminar Rooms A and B or Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Core Staff / LMC's Invercargill / Winton / Gore Core Staff and Obstetric Doctors
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	08:30– 16:30
Face to Face Education Hours	7.5 Hours
Online Education Hours	Medication Safety (health Learn RGMC016) 0.5 hours
Maximum Number of Attendees	15
Facilitator	Sue McQueen / Gina Rutledge
Additional Information	Please bring your mobile phone
Cost	Nil
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

MEDICAL WARD MANDATORY CATCH-UP DAY

Overview:

This workshop is to provide opportunity for Medical Ward staff to attend a day to catch up on required mandatory training.

Date of Study Day/Workshop	Venue
Thursday 18 September	Level 1, Learning and Research Centre Southland Hospital
Target Audience	Medical Ward staff wanting to complete annual mandatory requirements in a workshop environment.
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0830-1700 hours
Face to Face Education Hours	1.5 hours
Online Education Hours	1 hour
Maximum Number of Attendees	No limit
Facilitator	Reshmi Varghese, Nurse Educator-Medical Ward
Additional Information	This workshop is designed for medical ward staff only. Bookings only through nurse educator (bookings are not open on employee connect).
Cost	No cost.
Bookings	Please contact your educator for bookings.

MEDICAL WARD SKILLS DAY

Overview:

Further development of Skills and Knowledge in clinical skills, interventions and clinical presentations in medical ward. Topics will be identified and developed prior to workshop based on need, interest and/or Change

Date of Study Day/Workshop	Venue
Thursday 20 February Thursday 29 May Thursday 4 December	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses working in the Medical Ward
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0900-1600 hours
Face to Face Education Hours	6.5 hours
Online Education Hours	TBC
Maximum Number of Attendees	20
Facilitator	Reshmi Varghese, Nurse Educator-Medical Ward
Additional Information	This workshop is designed for nurses working in the medical ward and registrations will be prioritised for ward staff first.
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

NEWBORN LIFE SUPPORT TRAINING – INVERCARGILL

Course Overview and Learning Outcomes:

Provides Newborn Life Support training to all relevant staff, based on the New Zealand Resuscitation Council guidelines.

The New Zealand Resuscitation Council provides a curriculum that offers participants skills and knowledge in Newborn Life Support. Each course that we provide promotes best practice, emphasises teamwork, and is underscored by ANZCOR resuscitation guidelines.

Date of Study Day/Workshop	Venue
Thursday 6 March Thursday 10 July Thursday 4 September Thursday 27 November	Skills Lab or Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Any staff who are likely to be present at births as part of their normal practice
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0900 -1700
Face to Face Education Hours	8
Online Education Hours	Nil
Maximum Number of Attendees	12
Facilitator	NZRC NLS Instructors
Additional Information	Pre-reading will be sent out approximately 3 weeks prior to the workshop. Full day required every 3 years to maintain certification plus annual update.
Cost	Nil
Bookings	Not available to book via Employee Connect Please contact Dale Scully c/o Neonatal Unit ext 47943 e-mail dale.scully@southerndhb.govt.nz

NEW GRADUATE NURSE (NETP / ENSIPP) PROGRAMME

Overview:

The following education days support the practice of new graduate nurses (NETP and ENSIPP) in their clinical environments. They aim to support new graduate nurses to increase existing nursing knowledge and encourage critical reflection.

The following days are only for new graduate nurses and are facilitated by the New Graduate Nurse (NETP / ENSIPP) Coordinators.

Date of Study Day/Workshop	Venue
New Graduate Nurse Launch Day 27 January	Level 1, Learning and Research Centre Southland Hospital
New Graduate Nurse IT Day (Internal) 28 January	
New Graduate Nurse Clinical Skills 29 January	
New Graduate Nurse SMART (Internal Group One) 30 January	
New Graduate Nurse SMART (Internal Group Two) 31 January	
New Graduate Nurse SMART (External) 7 February	
New Graduate Nurse Palliative Care 5 March	
New Graduate Nurse Longterm Conditions/CNS Study Day 20 March	
New Graduate Nurse Unstable Patient (Internal Group One) 16 April	
New Graduate Nurse Unstable Patient (Internal Group Two) 23 April	
New Graduate Nurse Unstable Patient (External) 7 May	
New Graduate Nurse VIP Training (Group One) 21 May	
New Graduate Nurse VIP Training (Group Two) 28 May	

New Graduate Nurse Transition Shock and Opportunity 4 June New Graduate Nurse Career Planning and PDRP 10 June New Graduate Nurse Pain 10 July New Graduate Nurse Cardio/Respiratory 22 July New Graduate Nurse Case Studies Presentations 8 September	
Target Audience	New Graduate RNs and ENS
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	Usually 0900 – 1630 unless advised otherwise by New Graduate Nurse coordinators Please note : Unstable Patient workshops and VIP Training days start at 0830 hrs
Face to Face Education Hours	8 hours unless otherwise indicated
Online Education Hours	Nil
Maximum Number of Attendees	35
Facilitator	New Graduate Nurse Coordinators Southland
Additional Information	
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

NZRC CORE ADVANCED RESCUER COURSE

Overview:

Development of skills and knowledge in basic and advanced adult and paediatric resuscitation. Standardised course content developed by the New Zealand Resuscitation Council (NZRC).

One day course that teaches and assesses the following skills and knowledge -

- Immediate resuscitation for adults and children
- Arrhythmia recognition and the use of advisory and manual defibrillators
- Airway management including Laryngeal Mask Airway insertion
- The generic approach to the early management of trauma
- Advanced management of adult and paediatric collapse including appropriate drug therapies and peri-arrest management
- The use of teamwork and communication in managing a crisis

Date of Study Day/Workshop	Venue
Wednesday 19 February	Skills Lab
Wednesday 12 March	Level 1, Learning and Research Centre
Wednesday 26 March	Southland Hospital
Wednesday 9 April	
Wednesday 30 April	
Tuesday 20 May	
Wednesday 11 June	
Wednesday 25 June	
Wednesday 16 July	
Wednesday 6 August	
Wednesday 20 August	
Wednesday 17 September	
Wednesday 8 October	
Wednesday 22 October	
Wednesday 12 November	
Wednesday 10 December	
Target Audience	Trainee Interns, House Officers, Registrars, SMOs RNs - Emergency/CCU/PAR/PACU/PRIME/Transfers/Duty Managers/Acute Ward Coordinators Anaesthetic Techs, GPs, Dentists
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes (on arrangement with Paul Winder)

Time	0800 to 1700hrs
Face to Face Education Hours	8
Online Education Hours	8 hrs recommended reading of course manual
Maximum Number of Attendees	10
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Pre-reading workbooks and course information will be sent out 3 - 4 weeks prior to the course
Cost	\$ 500.00 for non-hospital staff
Bookings	NB: Not available for booking via Employee Connect Contact Course Director to book. Paul Winder paul.winder@southerndhb.govt.nz Cell phone 027 403 7417

ORTHOPAEDIC STUDY DAY

Course Overview and Learning Outcomes:

To provide nurses and health professionals with the opportunity to develop their knowledge and skills in caring for orthopaedic patients.

- Review anatomy and physiology of the musculoskeletal system
- Nursing Care of the orthopaedic patient
- Management of the orthopaedic patient with supporting orthopaedic devices
- Discussion of care of cast for patients with fractures
- Review on NOF Pathways
- Review on the assessment and management of Trauma

Date of Study Day/Workshop	Venue
Tuesday 4 March Thursday 9 October	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Any Registered and/or Enrolled Nurses who are wanting to update their orthopaedic skills
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	09:00 – 17:00
Face to Face Education Hours	8 hours
Online Education Hours	Not required
Maximum Number of Attendees	18
Facilitator	Pat Ramirez – Surgical Nurse Educator
Additional Information	NIL
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you for this study day. All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

PAEDIATRIC DIABETES STUDY DAY

Overview:

Covers a new diagnosis of Type 1 Diabetes in children, management and technology.

Date of Study Day/Workshop	Venue
Tuesday 7 October	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses with an interest in child health
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 – 1630 hours
Face to Face Education Hours	8
Online Education Hours	Nil
Maximum Number of Attendees	10
Facilitator	Paediatric Diabetes CNS and CW Nurse Educator
Additional Information	Nil
Cost	Nil
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

PAEDIATRIC RESPIRATORY STUDY DAY

Overview:

Will cover the basics of childhood respiratory conditions, assessment and treatment.

Date of Study Day/Workshop	Venue
Tuesday 11 March	Seminar A and B / Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses with an interest in child health
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0800 – 1600 hours
Face to Face Education Hours	8
Online Education Hours	Nil
Maximum Number of Attendees	20
Facilitator	Paediatric Respiratory CNS and CW Nurse Educator
Additional Information	Nil
Cost	Nil
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

PAIN STUDY DAY

Course Overview and Learning Outcomes:

To provide health care professionals with the opportunity to gain a wide range of understanding of pain and its management.

- Pathology of pain and pain pathways
- Mechanisms of acute and chronic pain
- Update on pain assessment and its tools
- Management of complex and chronic pain
- Discussion on Analgesia Ladder and its medications
- Review of analgesia delivery methods

Date of Study Day/Workshop	Venue
Friday 11 April Thursday 11 September	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Any Registered and/or Enrolled Nurses who are wanting to update their pain management skills
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	09:00 – 17:00
Face to Face Education Hours	8
Online Education Hours	healthLearn
Maximum Number of Attendees	18
Facilitator	Pat Ramirez – Surgical Nurse Educator
Additional Information	Complete healthLearn Entonox (RGMS008) Read the articles/information/quiz (CAMD001) Wound Catheter/PCA booklets
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you for this study day. All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

PALLIATIVE CARE STUDY DAY

Overview:

- Palliative care assessment and philosophy
- Last days of life 'Te Ara Whakapiri'
- Advance Care Planning
- Medication management
- Multi-disciplinary approach

Date of Study Day/Workshop	Venue
Tuesday 27 May Tuesday 5 August	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Hospital Registered Nurses, Enrolled Nurses and Allied Health
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0900-1600
Face to Face Education Hours	6.5 hours
Online Education Hours	1.5 hours
Maximum Number of Attendees	20
Facilitator	Holley Andersen
Additional Information	Please complete Shared goals of care using the serious illness conversation guide on healthLearn
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

PARENTERAL NUTRITION WORKSHOP

Course Overview and Learning Outcomes:

To provide health care professionals with the opportunity to gain a greater understanding of parenteral nutrition and how it is set up.

Content Description:

Two hour course that teaches the following skills and knowledge:

- Types, benefits and trends in PN
- Nursing care implications for patients on PN
- Trouble shooting and complications of PN
- The role of the Dietitian and the Pharmacist on Parenteral Nutrition

Date of Study Day/Workshop	Venue
Thursday 5 June	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Any health professional who is wishing to learn about parenteral nutrition
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	14:00 – 16:00
Face to Face Education Hours	2
Online Education Hours	Not required
Maximum Number of Attendees	14
Facilitator	Pat Ramirez – Surgical Nurse Educator
Additional Information	NIL
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

PDRP ASSESSOR WORKSHOP

Overview:

This workshop is for PDRP Assessors (Southland). The workshop will provide national/regional/local updates, undertake moderation (as available) and provide forum to discuss topics/issues relating to PDRP and portfolio assessing.

Date of Study Day/Workshop	Venue
Wednesday 26 March	Seminar Room B Level 1, Learning and Research Centre Southland Hospital
Target Audience	PDRP Assessors <u>only</u>
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes - current Southern PDRP Assessors for Te Kāhui Kōkiri Mātanga PDRP
Time	1000-1400hrs
Face to Face Education Hours	3.5 hours
Online Education Hours	NA
Maximum Number of Attendees	15
Facilitator	Nurse Coordinator PDRP
Additional Information	
Cost	No charge
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

PDRP ePORTFOLIO WORKSHOP (FOR THOSE ON PDRP)

Overview:

This workshop is to introduce ePortfolios to nurses **who have previously submitted a portfolio or been to a PDRP Portfolio workshop**/undertaken PDRP education. This is a 'hands on' training workshop where you will commence an ePortfolio. An understanding of PDRP is required as this workshop looks at the ePortfolio platform as does not cover the PDRP process and level requirements. Attendees **must** complete healthLearn Course RGIT003 prior to attending the workshop to enable the ePortfolio to be accessed.

Date of Study Day/Workshop	Venue
Wednesday 22 January 1000-1200hrs	Level 1, Learning and Research Centre Southland Hospital
Wednesday 5 February 1300-1500hrs	
Wednesday 12 March 1000-1200hrs	
Monday 31 March 1300-1500hrs	
Monday 28 April 1300-1500hrs	
Monday 26 May 1300-1500hrs	
Monday 23 June 1000-1200hrs	
Monday 21 July 1000-1200hrs	
Wednesday 6 August 1300-1500hrs	
Tuesday 26 August 1000-1200hrs	
Wednesday 3 September 1300-1500hrs	
Wednesday 29 October 1000-1200hrs	
Monday 10 November 1300-1500hrs	
Wednesday 3 December 1300-1500hrs	
Target Audience	RNs and ENs wanting to complete an ePortfolio and have an understanding of PDRP portfolio requirements
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes - if employing organisation has a PDRP MOU
Time	Varied – see above
Face to Face Education Hours	2 hours
Online Education Hours	30 minutes (if not already completed required healthLearn course)

Maximum Number of Attendees	15
Facilitator	Nurse Coordinator PDRP
Additional Information	<p>Attendees <u>must</u> complete healthLearn Course RGIT003 (30min) prior to attending. The ePortfolio cannot be accessed unless this is completed.</p> <p>A laptop/device is required to access the ePortfolio online. Attendees are encouraged to bring their own or notify the Facilitator as soon as possible if they require a device.</p> <p>There is potential to attend the workshop via Microsoft Teams – this needs to be discussed with workshop facilitator prior to booking.</p>
Cost	No charge
Bookings	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

PDRP PORTFOLIO WORKSHOP

Overview:

This workshop aims to provide participants with an understanding on PDRP submission requirements at all PDRP levels and introduce ePortfolios. As part of this workshop all participants will have time to work on their portfolio with support from the workshop facilitator. **Attendees must complete healthLearn Course RGIT003 ePortfolio prior to attending** the workshop to access the ePortfolio and get maximum benefit from the session.

Date of Study Day/Workshop	Venue
Monday 10 February Wednesday 2 April Wednesday 18 June Monday 11 August Wednesday 15 October Wednesday 26 November	Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled nurses completing a PDRP portfolio
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes - if employing organisation is a partner organisation to Southern PDRP (has MOU with programme)
Time	0900-1630hrs
Face to Face Education Hours	7 hours
Online Education Hours	30 minutes
Maximum Number of Attendees	15
Facilitator	Nurse Coordinator PDRP
Additional Information	<p>Attendees <u>must</u> complete healthLearn Course RGIT003 ePortfolio (30min) prior to attending. The ePortfolio cannot be accessed unless this is completed.</p> <p>A laptop/device is required to access the ePortfolio online. Attendees are encouraged to bring their own or notify the Facilitator as soon as possible if they require a device.</p>
Cost	No charge

Bookings	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>
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PERINEAL SUTURING WORKSHOP

Overview:

A theory and practical workshop to improve and gain hands on skills with suturing techniques for maternity staff workforce.

Date of Study Day/Workshop	Venue
<u>Southland Hospital</u> Monday 3 February	<u>Southland Hospital</u> Skills Lab, Level 1, Learning and Research Centre
<u>Lakes District Hospital</u> Thursday 10 April	<u>Lakes District Hospital</u> Meeting Room
Target Audience	LMC's, Midwives, Junior doctors
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	Southland Hospital 09:00 – 13:00 Lakes District Hospital 09:00 – 13:00
Face to Face Education Hours	4 hours
Online Education Hours	Nil
Maximum Number of Attendees	12
Facilitator	Sue McQueen / Loraine Willemse
Additional Information	
Cost	No cost
Bookings	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you for the Southland workshop</p> <p>All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p> <p>To book your place at the Lakes District Hospital workshop, please e-mail Loraine Willemse (loraine.willemse@southerndhb.govt.nz). The Lakes District Hospital workshop is not available to book via Employee Connect</p>

PERITONEAL DIALYSIS WORKSHOP – APD and CAPD

Overview:

This workshop is to further develop knowledge and skill relating to Peritoneal Dialysis.

Topics may include:

- Basic Principles of Peritoneal Dialysis
- Prescription Management
- Infectious complications and its Management
- APD & CAPD setup and Trouble shooting

Date of Study Day/Workshop	Venue
Thursday 15 May Thursday 30 October	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses working in Medical Ward
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0830-1630 hrs
Face to Face Education Hours	6.5 hours
Online Education Hours	TBC
Maximum Number of Attendees	15
Facilitator	Reshmi Varghese, Nurse Educator-Medical Ward
Additional Information	Workshop presented by Dialysis Nurse and supported by Medical Nurse Educator
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

PORT NEEDLE INSERTION MINI-WORKSHOP

Overview:

A 2.5 hour course that enables attendees to effectively access and de-access a patient's port device as it is required in clinical areas.

The key learning outcomes include:

- Placement of Ports and relevant equipment used
- Techniques in accessing and verifying position
- Troubleshooting and complications of Ports
- De-accessing Huber needles from the Port

NOTE - The Port session occasionally follows a CVAD Workshop but *both sessions need to be booked separately*. Staff are required to complete their CVAD Certification before completing Port training.

Date of Study Day/Workshop	Venue
Thursday 13 February Thursday 1 May Thursday 14 August Thursday 6 November	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	All registered clinical staff
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	1400 to 1630hr
Face to Face Education Hours	2.5 hrs
Online Education Hours	Nil
Maximum Number of Attendees	6 attendees
Facilitator	Peter Boon and Tracey Bourke
Additional Information	Must have completed CVAD Certificate
Cost	No charge
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

PRECEPTORSHIP WORKSHOP – TWO DAY WORKSHOP

Overview:

Research shows that a robust preceptorship programme leads to improved recruitment and retention of nurses and improved patient outcomes.

This preceptorship workshop focuses on providing learning opportunities and skills to nurses working with New Graduate Nurses, both RN and EN (NETPs / ENSIPP) and student nurses to enable them to provide support in the clinical setting.

The workshop includes the following components:

- Preceptorship support structure
- Assessment, evaluation and feedback
- Critical thinking and reflective practice
- Adult teaching principles and techniques
- Difficult conversations
- Specific focus on SIT/Te Pukenga requirements for student nurses

Date of Study Day/Workshop	Venue
Monday 24 and Tuesday 25 March Thursday 22 and Friday 23 May Thursday 24 and Friday 25 July Thursday 25 and Friday 26 September * (Not available to book on Employee Connect, please email Julie Gorrie or New Graduate Nurse Coordinator for bookings) Monday 24 and Tuesday 25 November * (Not available to book on Employee Connect, please email Julie Gorrie or New Graduate Nurse Coordinator for bookings)	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	RN's and EN's who will be preceptoring new graduate RN's / EN's and student nurses.
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0900 – 1600 hours
Face to Face Education Hours	2 x 8 hour education days
Online Education Hours	No
Maximum Number of Attendees	15

Facilitator	New Graduate Nurse Coordinator and SIT Educator
Additional Information	<p>No pre reading</p> <p>Attendees will need to be prepared to teach a non-nursing skill to a small group on one of the days. Information will be sent out prior.</p>
Cost	Nil
Bookings	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you.</p> <p>All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

PROMPT

Overview:

A Practical Obstetric Multi- Professional Course.

Date of Study Day/Workshop	Venue
Friday 7 March Tuesday 23 September	Maternity Unit Birthing Area / Learning and Research Centre, Southland Hospital, Invercargill TBC on the day
Target Audience	All Staff working in maternity/emergency department/ anaesthetics/NNU
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	08:00 – 16:00
Face to Face Education Hours	8 Hours
Online Education Hours	Nil
Maximum Number of Attendees	16
Facilitator	Sue McQueen
Additional Information	
Cost	Nil
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

RANZCOG FETAL SURVEILLANCE PROGRAM

Overview:

A Practical Obstetric Multi- Professional Course

Date of Study Day/Workshop	Venue
Friday 7 November – <i>to be confirmed</i>	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	LMC's Core Staff and Obstetric Doctors
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	08:00 – 16:00
Face to Face Education Hours	8 Hours
Online Education Hours	Nil
Maximum Number of Attendees	40
Facilitator	Sue McQueen
Additional Information	Quiz at the end
Cost	Nil
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

REGISTERED NURSES MATERNITY EMERGENCY STUDY DAY

Overview:

A full day of maternity related information sharing and learning with emergency skills and breastfeeding input for registered nurses in maternity or related areas.

Date of Study Day/Workshop	Venue
Friday 4 April	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Maternity/NNU/Paediatric Registered Nurses
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 – 1600 hours
Face to Face Education Hours	7 hours
Online Education Hours	1 hour (Health NZ staff only) – Immediate Life Support (healthLearn SRNR008)
Maximum Number of Attendees	12
Facilitator	Susanna McQueen
Additional Information	A smart phone or tablet required
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

RESPIRATORY STUDY DAY

Overview:

This study day will aim to cover:

1. Overview of Respiratory Anatomy and Physiology
2. Respiratory Assessment
3. Common Long term Respiratory Conditions
4. Management and Medications for Common Respiratory Management
5. Oxygen/Home oxygen management
6. Inhaler techniques

The content of this study will be in line and to help attendees to meet New Zealand Respiratory Nursing Knowledge and Skills Framework standard.

Date of Study Day/Workshop	Venue
Monday 10 March Monday 17 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0900-1600
Face to Face Education Hours	6.5 hours
Online Education Hours	Self-directed healthLearn packages only
Maximum Number of Attendees	25
Facilitator	Lisa Mason
Additional Information	
Cost	Nil
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

SAFER MOVING AND HANDLING REVALIDATION SESSIONS

Overview:

Education opportunity to revalidate practical moving and handling certificate. (Yearly requirement, to acute hospital ward staff). 30-60 minutes sessions, depends on participant needs. Also, to assist problem solving area specific issues, relating to moving and handling.

Book directly by email to Haim : haim.haviv@southerndhb.govt.nz

Date of Study Day/Workshop	Venue
Wednesday 22 January	The "Dungeon" (near PDU team office)
Wednesday 19 February	Ground Level, Learning and Research Centre
Wednesday 19 March	Southland Hospital
Wednesday 16 April	
Wednesday 14 May	
Wednesday 11 June	
Wednesday 16 July	
Wednesday 20 August	
Wednesday 17 September	
Wednesday 15 October	
Wednesday 5 November	
Wednesday 17 December	
Target Audience	Nurses, HCA's
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time 0900-1200	0900-1200
Face to Face Education Hours	0.5 to 1 hour dependent on participant needs
Online Education Hours	0
Maximum Number of Attendees	10
Facilitator	Haim Haviv, RN Safer Moving and Handling Coordinator / Restraint Elimination, Safe Practice Coordinator 0.4 FTE

Additional Information	Please come dressed in comfortable clothing and footwear for practical sessions
Cost	No cost
Bookings	Please book by direct email to Haim haim.haviv@southerndhb.govt.nz

SAFER MOVING AND HANDLING TRAINERS DAY

Overview and Learning Outcomes:

- Understand why moving and handling programmes are required in the workplace
- Fundamental postures and actions when performing a manual handling task
- Legislation governing manual handling in our workplace
- Manual handling risk assessment and management (LITE)

Content Description:

- Discomfort, pain and injury
- Risk Assessment
- Patient Handling Requirements
- Fundamentals of Postures and Actions
- Practical Techniques
- Moving and Handling People: The New Zealand Guidelines
- Emerging trends or technology (Hover-tech)

Date of Study Day/Workshop	Venue
Friday 24 January Friday 14 March Friday 13 June Friday 15 August Friday 17 October * Friday 14 November * PLEASE NOTE : The workshop on 17 October is restricted to experienced Trainers (ie. those with more than 4 years' experience).	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Safer Moving and Handling Trainers
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time 0900-1700	0900-1700
Face to Face Education Hours	8 Hours
Online Education Hours	0
Maximum Number of Attendees	15

Facilitator	Haim Haviv. RN. Safer Moving and Handling Coordinator 0.6 FTE Restraint Elimination, Safe Practice Coordinator 0.4 FTE
Additional Information	Please come dressed in comfortable clothing and footwear for practical sessions. Learning theory and “hands on” practice of moving clients.
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

SMART TRAINING (SAFE MOVING HANDLING AND RESTRAINT ELIMINATION TRAINING)

Overview:

- Mandatory for all new employees in Nursing, Midwifery, Allied Health and Health Care Assistants who have “direct” clinical patient contact
- This format will ensure compliance with both Restraint Elimination and Moving and Handling
- Moving and handling require a yearly update
- RMSP three yearly in conjunction with mandatory components

Desired Learning Outcomes:

- Understand the legal implications and individual responsibilities for restraint elimination and safe practice and moving and handling programmes in the workplace
- Identify the risks and develop skills to prevent/manage risks and promote patient safety
- Fundamental skills, postures and actions when performing a manual handling task
- Competent in responsibilities regarding documentation, notification and intervention

Content Description:

- Security Team Breakaway Techniques
- Restraint Elimination Safe Practice: Legislation, Responsibilities and Documentation
- Risk Assessment for moving and Handling – LITE Approach
- Patient Handling Requirements- safer techniques (ACC guidelines 2012)
- Fundamentals of Postures and Actions
- Practical Skills Stations

Date of Study Day/Workshop	Venue
<u>SOUTHLAND</u> Friday 17 January Monday 17 February Monday 17 March Monday 31 March Monday 19 May Monday 16 June Tuesday 8 July Monday 11 August Monday 15 September Monday 20 October Monday 10 November Monday 8 December <u>QUEENSTOWN</u> Monday 24 March Monday 6 October	<u>Southland Venue</u> Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital <u>Queenstown Venue</u> End Meeting Room Lakes District Hospital Frankton
Target Audience	New employees to Southland Hospital, all Nursing, Midwifery, Allied Health and Health Care Assistants who have “direct” clinical patient contact
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	Southland : 0900 – 1530 Queenstown : 0830 – 1500
Face to Face Education Hours	6.5 hours
Online Education Hours	1.5 hours (compulsory) Restraint Elimination / De-escalation Crisis Prevention Institute (CPI) Prevention First, NAQT202 (on healthLearn)
Maximum Number of Attendees	Southland 20 / Queenstown 15

Facilitator	Haim Haviv RN Safer Moving and Handling Coordinator Restraint Elimination and Safe Practice Coordinator
Additional Information	Please wear comfortable clothing and footwear for practical sessions
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

STROKE WORKSHOP

Overview:

This is a whole day stroke specific learning focused on stroke care and management.

Date of Study Day/Workshop	Venue
Tuesday 6 May Tuesday 30 September	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered Nurses and Enrolled Nurses
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830-1630
Face to Face Education Hours	8 hours
Online Education Hours	
Maximum Number of Attendees	15
Facilitator	Annie Olayvar/Aileen Velasco
Additional Information	
Cost	None
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

SURGICAL SKILLS STUDY DAY

Course Overview and Learning Outcomes:

To provide health professionals with the opportunity to update and refresh their surgical knowledge and skills around caring for patients that needs surgical management.

- Update of the current surgical trends and evidence-based research
- Have the opportunity for a hands-on practical skills on:
Chest Drains, Stoma Care, Cryotherapy, Traction, Brace Cares, Negative Pressure Wound Therapy, Care of Orthopaedic Patients and Nasogastric Insertion

Date of Study Day/Workshop	Venue
Tuesday 4 February Tuesday 18 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Any Registered and/or Enrolled Nurses who are wanting to update their surgical skills
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	09:00 -17:00
Face to Face Education Hours	8
Online Education Hours	Not required
Maximum Number of Attendees	14
Facilitator	Pat Ramirez – Surgical Nurse Educator
Additional Information	NIL
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

TEAM LEADER WORKSHOP (MEDICAL AND SURGICAL WARD)

Overview:

This workshop aims to further develop leadership skills and knowledge of nurses employed in the Medical and Surgical wards.

Date of Study Day/Workshop	Venue
Thursday 3 April Thursday 6 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Identified nurses working in Medical and Surgical wards who are developing as leaders
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0900-1530
Face to Face Education Hours	5.5 hours
Online Education Hours	2 hours
Maximum Number of Attendees	16
Facilitator	Nurse Educator-Medical/Surgical Ward
Additional Information	This workshop is designed for nurses working in the Medical and Surgical wards to further develop their leadership skills.
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

TRANSFUSION WORKSHOP

Overview:

A full day workshop that aims to develop knowledge in transfusion medicine that is appropriate to the attendee's role and area of work.

The key learning outcomes includes an increase in expertise around:

- Haemostasis and blood pathophysiology
- Jehovah Witnesses and their viewpoint around transfusion medicine
- Transfusion complications
- Massive blood use in trauma
- Development of plasma-based blood products

Note: Keynote speaker is Suzi Rishworth (Transfusion Nurse Specialist)

Date of Study Day/Workshop	Venue
Thursday 23 October	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	All clinical staff
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes, but content is more aimed at acute clinical areas
Time	0830 to 1630hr
Face to Face Education Hours	8 hrs
Online Education Hours	Nil
Maximum Number of Attendees	30
Facilitator	Peter Boon and Tracey Bourke
Additional Information	
Cost	No charge
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

UNSTABLE PATIENT WORKSHOP – HOSPITAL SETTING

Overview:

To improve the skills and knowledge required for effective assessment and management of the unstable or deteriorating patient.

- Review physiology of system failure and cellular shock
- Common conditions that contribute to patient deterioration
- Review signs and symptoms of the deteriorating patient
- Systematic management of the unstable patient
- Use of early warning scores
- Communication and teamwork strategies
- Simulated patient cases to challenge assessment skills and clinical reasoning

Date of Study Day/Workshop	Venue
Wednesday 26 February Wednesday 19 March Wednesday 14 May Wednesday 4 June Wednesday 13 August Wednesday 10 September Wednesday 15 October Wednesday 5 November Wednesday 3 December	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	RNs and ENs working in acute hospital setting
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes (in discussion with Paul Winder)
Time	0830 - 1630
Face to Face Education Hours	8
Online Education Hours	
Maximum Number of Attendees	12
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Booklet of course content will be issued on the day
Cost	No charge

Bookings	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>
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UNSTABLE PATIENT WORKSHOP – PRIMARY CARE SETTING

Overview:

To improve the skills and knowledge required for effective assessment and management of the unstable or deteriorating patient in the Primary Care/Community setting.

- Review physiology of system failure and cellular shock
- Common conditions that contribute to patient deterioration
- Review signs and symptoms of the deteriorating patient
- Systematic management of the unstable patient
- Use of early warning scores and local systems to guide response
- Communication and teamwork strategies
- Simulated patient cases to challenge assessments skills and clinical reasoning

Date of Study Day/Workshop	Venue
Wednesday 9 July	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	RNs and ENs working in community-based healthcare
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes – Medical Centres, Aged Care
Time	0830 - 1630
Face to Face Education Hours	8
Online Education Hours	
Maximum Number of Attendees	12
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Booklet of course content will be issued on the day
Cost	Nil
Bookings	Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

VACCINATOR FACE TO FACE UPDATE COURSE - INVERCARGILL

Overview:

Two yearly vaccinator update courses to provide participants with the knowledge and skills required to continue to be competent vaccinators. Participants will understand the processes and systems, which underpin vaccinator practice as outlined in the Immunisation Handbook and meet the minimum legal requirements for vaccinators.

Note: This course may also be completed online via The Immunisation Advisory Centre.

Date of Study Day/Workshop	Venue
Thursday 9 October VUC and VWH in morning and CPR if needed in afternoon	Venue to be confirmed
Target Audience	Vaccinators that are required to complete their 2 yearly approved vaccinator update to maintain their status.
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes - open to non Te Whatu Ora attendees who have a current practicing certificate from a registration authority (e.g. Nursing Council of New Zealand, Pharmaceutical Society of New Zealand or other health professional body) and need to complete their 2 yearly vaccinator update course.
Time	0900 -1230
Face to Face Education Hours	3.5
Online Education Hours	0.5 – online assessment post update
Maximum Number of Attendees	20-30 – venue dependant
Facilitator	The Immunisation Advisory Centre
Additional Information	
Cost	\$110
Bookings	Register via IMAC learning platform Courses and events - Immunisation Advisory Centre (immune.org.nz)

VACCINATOR FOUNDATION COURSE, SOUTHLAND – Two-day face to face tutorial

Overview:

To provide participants with the knowledge and skills required to become competent vaccinators. Participants will understand the processes and systems, which underpin vaccinator practice as outlined in the Immunisation Handbook and meet the minimum legal requirements for vaccinators.

Date of Study Day/Workshop	Venue
Tuesday 7 October and Wednesday 8 October (2 days)	Venue to be confirmed
Target Audience	For new vaccinators. Initial education pathway for authorised vaccinators and pharmacist vaccinators
Open to health care colleagues outside of Southland and Lakes District hospitals	Open to non Te Whatu Ora attendees who have a current practicing certificate from registration authority (e.g., Nursing Council of New Zealand, Pharmaceutical Society of New Zealand, or other health professional body)
Time	0900 - 1700
Face to Face Education Hours	Two days 9am – 5pm in a classroom setting (16 hours)
Online Education Hours	4 hours
Maximum Number of Attendees	20-30 (venue dependent)
Facilitator	The Immunisation Advisory Centre
Additional Information	Pre-reading, online open book assessment, appropriate CPR qualification & clinical assessment required to complete the course to become an authorised vaccinator.
Cost	Two days at \$240
Bookings	Register via IMAC learning platform Courses and events - Immunisation Advisory Centre (immune.org.nz)

VENEPUNCTURE WORKSHOP

Overview:

A 3 hour course that develops skill and knowledge around venepuncture thus enabling participants to draw a high quality blood sample using modern vacutainer safety systems.

The key learning outcomes include:

- Identifying and dilating an appropriate vessel
- Accessing a vessel with a vacutainer system and/or
- Accessing a vessel with a safety butterfly system
- Correct order of draw
- Minimising and recognising complications

Date of Study Day/Workshop	Venue
Tuesday 21 January	Skills Lab and IV Training Room
Thursday 13 March	Level 1, Learning and Research Centre
Thursday 8 May	Southland Hospital
Friday 11 July	
Friday 19 September	
Friday 21 November	
Target Audience	Registered and enrolled clinical staff, with a clear need for venepuncture training
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 to 1130hr
Face to Face Education Hours	3 hours
Online Education Hours	Nil
Maximum Number of Attendees	8 attendees
Facilitator	Peter Boon and Tracey Bourke
Additional Information	
Cost	No charge
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

VIP FAMILY VIOLENCE AND CHILD PROTECTION (CORE TRAINING)

Overview:

To give staff the knowledge, skills and frameworks to identify and address child abuse and partner abuse in the Te Whatu Ora Health context.

Content Description:

- Topics include theory, power, control and victimisation
- Partner abuse: Why screen? How to ask the question? What to say when she/he says yes
- Discussing policy around reporting and working on getting this right
- Epidemiology of family violence and effects of violence on children: how common, does it matter?
- Child abuse: principles and practice and the Child Protection National Alert system
- Professional dangerousness: responses that don't help
- Role of Oranga Tamariki and the Police (Family Harm Team): what will they do when we refer?
- How to access and sign up to the eProsafe database and the benefits

Date of Study Day/Workshop	Venue
Wednesday 12 February	Seminar Rooms A and B
Wednesday 19 March	Level 1, Learning and Research Centre
Wednesday 23 April	Southland Hospital
Wednesday 18 June	
Wednesday 30 July	
Wednesday 27 August	
Wednesday 1 October	
Wednesday 5 November	
Target Audience	Health NZ Clinical Staff
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830-1600
Face to Face Education Hours	7 hours
Online Education Hours	1hr (Mandatory - Must be completed prior to Face to Face)
Maximum Number of Attendees	8 min – 18 max

Facilitator	Nicola Hillis
Additional Information	<p>The VIP team acknowledge that family violence training may trigger some strong emotions. We encourage participants to look after themselves. If you think that this may be an issue, please contact either your manager or the VIP team as EAP is available and a plan could be put in place before the training.</p> <p>Mandatory Online Pre-Training on healthLearn: Course ID RGCH008. Course: Violence Intervention Programme Orientation and Pre-training Module (healthLearn.ac.nz)</p>
Cost	No charge
Bookings	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Jacinta Ayers e-mail jacinta.ayers@southerndhb.govt.nz</p>

VIP FAMILY VIOLENCE AND CHILD PROTECTION (REFRESHER TRAINING)

Overview:

To build on knowledge gain from Family Violence and Child Protection Core training and to keep staff informed on new processes such as National Child Alerts etc.

Desired Learning Outcomes:

- Overview of the Six step process
- Updates around Policy/Procedure relating to Family Violence
- National Child Alert Process /ED screen checklist /Strangulation Guidelines
- Case Study

Date of Study Day/Workshop	Venue
Tuesday 18 March Tuesday 29 April Tuesday 29 July Tuesday 7 October Tuesday 11 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Only open to clinical staff that have attended VIP Core training
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes – If they have attended VIP Core training
Time	0830-1030
Face to Face Education Hours	2 hours
Online Education Hours	1hr (Mandatory - Must be completed prior to Face to Face)
Maximum Number of Attendees	8 min – 18 max
Facilitator	Nicola Hillis
Additional Information	<p>MUST have attended VIP Family Violence and Child Protection Core Training and completed VIP Family Violence and Child Protection Refresher Training every 2 years</p> <p>Contact VIP team if you would like a refresher solely for your service. Depending on numbers this may be able to be arranged.</p>

	Mandatory Online Pre-Training on healthLearn: Course ID: SRCH202 Violence Intervention Programme Refresher Southern District
Cost	No Charge
Bookings	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Jacinta Ayers e-mail jacinta.ayers@southerndhb.govt.nz</p>

WOMENS HEALTH WORKSHOP

Overview:

Women's Health Workshop

Date of Study Day/Workshop	Venue
Wednesday 26 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health professionals with an interest in women's health
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 - 1630
Face to Face Education Hours	8 hours
Online Education Hours	Not required
Maximum Number of Attendees	24
Facilitator	Nikki Vesty and Aimee Kent
Additional Information	Morning tea provided, BYO lunch please
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

WOUND ASSESSMENT & MANAGEMENT WORKSHOP (INPATIENT NURSES)

Overview:

This workshop is to further develop knowledge and skill relating to the prevention, assessment, and management of wounds (including pressure injuries). To develop and discuss understanding of wound products and their clinical application.

Topics may include:

- Wound assessment using TIME principles
- Pressure injury prevention and treatment
- Diabetic ulcers
- Skin tears prevention and management
- Wound management and products update
- Negative pressure wound therapy

Date of Study Day/Workshop	Venue
Tuesday 25 March	Skills Lab or Seminar Rooms A and B
Thursday 12 June	Level 1, Learning and Research Centre
Thursday 20 November	Southland Hospital
Target Audience	Nurses <u>working in inpatient wards</u>
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes, if registrations allow. Priority will be given to Southland Hospital Medical Ward nurses, and then other ward-based nurses.
Time	0900-1600 hours
Face to Face Education Hours	6.5 hours
Online Education Hours	Optional online learning. Information will be given prior to workshop.
Maximum Number of Attendees	12 max for 25 March 20 max for 12 June and 20 November
Facilitator	Reshmi Varghese, Nurse Educator-Medical Ward
Additional Information	NB: This workshop is for nurses working in inpatient areas and will be given priority over community/outpatient/external registrations.

Cost	No cost
Bookings	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

WOUND CLINIC: Advanced Assessment and Diagnostic Skills - Outpatients

Overview:

To enhance learning and knowledge of advanced assessment and diagnostic reasoning skills in a vascular nurse-led clinic.

To conduct a focused patient lower leg history, examination, and investigations (ankle-brachial pressure index and/or toe-brachial pressure index) to aid diagnosis and to develop an individualised patient management plan.

Date of Study Day/Workshop	Venue
Every Monday	Outpatient Clinic
Target Audience	Post-Graduate Registered Nurses undertaking Advanced Assessment & Diagnostic Reasoning Paper
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0900 to 1200 hours
Face to Face Education Hours	3-hours
Online Education Hours	Nil
Maximum Number of Attendees	One
Facilitator	Mandy Pagan or Shannan Miller Wound Service
Additional Information	<p>For wound resources pre-clinic please contact: amanda.pagan@southerndhb.govt.nz</p> <p>Disclaimer: Each clinician must work within their scope of practice; clinic attendance does not provide competency for wound debridement or application of compression therapy.</p> <p>MRSA clearance (within one-month accepted) if you do not work for the Southern District Health Board prior to clinic attendance</p>
Cost	Nil
Bookings	<p>SDHB and Non SDHB Employees –</p> <p>Please book via joanne.clark@southerndhb.govt.nz</p> <p>Extension: 47993</p>

WOUND CLINIC: Outpatient Wound Clinic Training

Course Overview and Learning Outcomes:

To provide a nurturing learning environment, whilst working alongside expert nurses, to advance wound knowledge and practical skills that can be applied into practice.

Please advise the clinic nurses if there is any skill you wish to be introduced to so we can help to accommodate and enhance your learning experience. This may include:

- To perform a comprehensive wound assessment utilising the TIME acronym.
- To discuss wound aetiology and appropriate product and/or compression selection.
- To discuss the importance of skin hygiene and care.
- Applying the wound hygiene principles including conservation sharp wound debridement.

Date of Study Day/Workshop	Venue
Every Wednesday	Fracture Clinic
Target Audience	Nurses already performing wound care and wanting to increase their skills and knowledge. The clinic predominantly manages patients with lower leg ulcers.
Open to Non SDHB Attendees	Yes
Time	0900 to 1200 hours
Face to Face Education Hours	3-hours
Online Education Hours	Nil
Maximum Number of Attendees	One
Facilitator	Wound Clinic Team
Additional Information	<p>For wound resources pre-clinic please contact: amanda.pagan@southerndhb.govt.nz</p> <p>Disclaimer: Each clinician must work within their scope of practice; clinic attendance does not provide competency for wound debridement or application of compression therapy.</p> <p>MRSA clearance (within one-month accepted) if you do not work for the Southern District Health Board prior to clinic attendance</p>
Cost	Nil
Bookings	<p>SDHB and Non SDHB Employees –</p> <p>Please book via joanne.clark@southerndhb.govt.nz</p> <p>Extension: 47993</p>

WOUND SERVICE: Lower Leg Compression Therapy Workshop

Overview:

This workshop is intended for nurses who currently work with patients/residents/clients with lower leg wounds that require compression therapy.

- Overview of best practice venous leg ulcer guidelines and atypical presentations.
- Describe risk factors, signs, and symptoms of arterial and venous leg ulcers.
- Discuss the principles of measuring the ankle brachial pressure index (ABPI) in the assessment of arterial disease.
- Discuss the principles and safety of applying compression in the prevention and treatment of venous leg ulcers.
- Skin care and the importance of compression hosiery post healing to reduce ulcer recurrence.
- Provide education for patients receiving compression therapy.
- District Nurses demonstrate competence in the application of compression therapy.

Date of Study Day/Workshop	Venue
Tuesday 11 February Tuesday 5 August	Seminar Room A or Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	District nurses or nurses applying compression bandaging systems <u>routinely</u>. This excludes nurses working in hospital and community who are <u>not</u> routinely applying compression bandaging.
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0900-1500 hours
Face to Face Education Hours	6-hours
Online Education Hours	1-hour Complete healthLearn Compression Therapy SRIP003
Maximum Number of Attendees	Maximum 8 (six District Nurses)
Facilitator	Mandy Pagan & Shannan Miller Wound Service
Additional Information	<p>Prior to attendance completion of the Compression Therapy healthLearn package (must be completed every 3-years)</p> <p>External DHB attendee's competency must be done in consultation with their organisation.</p> <p>Morning Tea provided. WEAR LOOSE CLOTHING ON YOUR LEGS FOR COMPRESSION BANDAGING APPLICATION.</p>

Cost	Nil
Bookings	Please book via Mandy Pagan CNS Wound Cellphone: 027 807 0132 or via email amanda.pagan@southerndhb.govt.nz