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Bowel screening is easy

# You've got this!

Free - Do it at home



If you're aged 58 to 74, you can have free bowel screening. A bowel screening test kit will be sent to your home every two years. This simple test can help find bowel cancer early when it can often be successfully treated. **When you get the test, just do it! It could save your life.**

To find out more go to  
**timetobowelscreen.nz**  
or talk to your doctor

Te Kāwanatanga o Aotearoa  
New Zealand Government

Health New Zealand  
Te Whatu Ora



National  
Bowel  
Screening  
Programme