

NPHS Measles – provider toolkit

May 2025

Te Kāwanatanga o Aotearoa New Zealand Government

Health New Zealand
Te Whatu Ora

Nau mai, haere mai

This communication toolkit has been developed for healthcare providers to use by Health New Zealand | Te Whatu Ora.

It brings together immunisation resources and messaging about measles in one place and is aimed to support health providers and others to communicate measles protection and prevention messages in their communities.

The toolkit contains key messages, and a range of assets that can be used directly, or adapted or edited for your channels and outlets, such as newsletters, website content, electronic direct mail (EDM) marketing and newsletters. We have included links to the assets so you can print and produce locally.

Please use the content on your own platforms and channels to help spread the word about the importance of immunisation for the prevention of measles.

Please feel free to contact us if you have any questions about this toolkit. Email immunisations@tewhatuora.govt.nz

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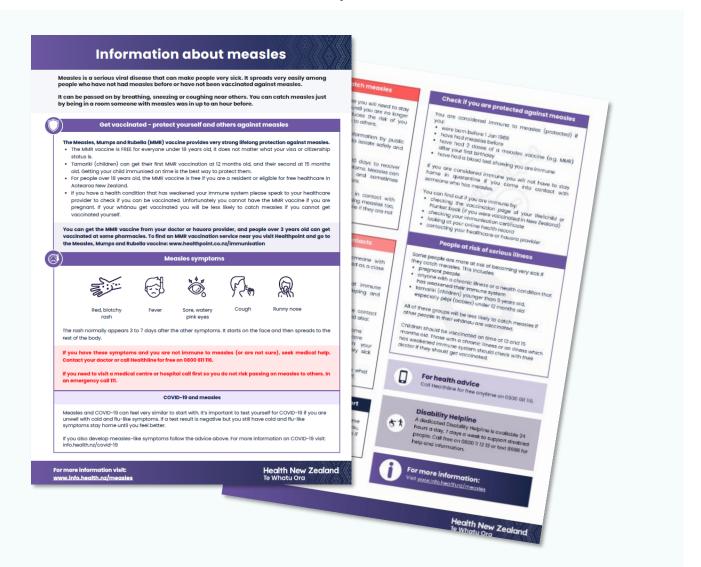
Prevention resources

What is measles and what does it look like?



Information about measles

This factsheet can be downloaded and printed for use at events or home visits



Download

Measles information sheet

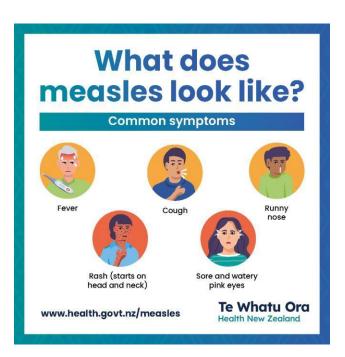
Includes clear information on vaccination, symptoms, what happens if you catch measles. This is only available in English

Information about measles Factsheet

How to identify measles

This social media tile shows symptoms to help people know what to look for as soon as they know there is measles in their community or if they have recently returned from somewhere that has confirmed measles cases.

This tile has been translated into multiple languages. Please note that we will be updating these tiles shortly



Suggested text to accompany social media post:

Measles spreads easily from person to person and can make people really sick.

If you've recently returned from somewhere that has measles and you have these symptoms, stay home.

Then call your doctor or Healthline any time for free on 611 116 for advice.

Download tiles:

English
Te Reo Māori

Pacific languages More languages

Cook Islands Maori Arabic

<u>Samoan</u> Hindi

Tongan Simplified Chinese

<u>Fijian</u> <u>Traditional Chinese</u>

<u>Kiribati</u> Tagalog

Niuean Urdu

<u>Tokelau</u> <u>Persian</u>

<u>Tuvalu</u> <u>Punjabi</u>

Prevention: Measles resources and collateral



Where to find Prevention resources and collateral

DROPBOX

Measles immunisation collateral is available on Dropbox for health care providers to use when promoting vaccinations. You can simply download the collateral and print them. <u>Dropbox: Measles</u>

HEALTHED

Immunisation resources are also available from <u>HealthEd</u> under the **vaccinations and immunisations** topic. In the search box type in Measles or MMR. You can now download the resource PDF directly, or where relevant order printed resources from the HealthEd website.

BLUESTAR

Printed copies of some resources can be ordered for free via the <u>Bluestar portal</u>.

If you're not already registered, you can register on the <u>Bluestar portal</u>. See next page on how you do this.

Bluestar – get printed resources for free

Printed copies of *some* resources can be ordered for free via the <u>Bluestar portal</u>.

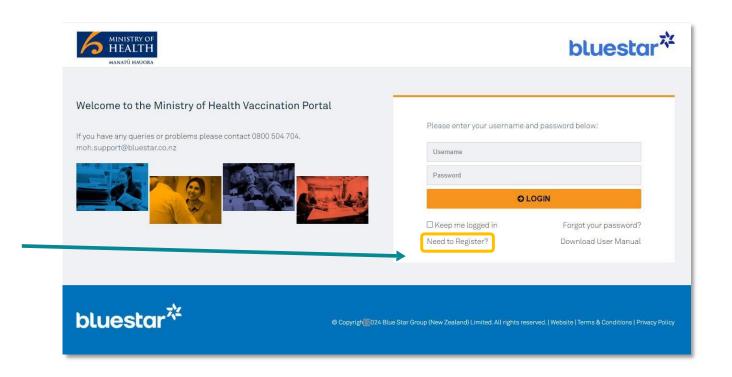
Register on the Bluestar portal

If you're not already registered, you can register on the Bluestar portal.

Click on the link above. Below the login details, select 'Need to Register?'.

Complete the online registration form, include your clinic/practice/pharmacy name and your contact details. You will receive an email confirming your registration.

Remember to click the button in the email to 'Activate' your registration.



Alternate formats

Information about measles and the MMR vaccine

Find information about measles and the MMR vaccine in easy read, New Zealand Sign Language, braille, large print and audio on Health New Zealand website.

General key messages

MMR (Measles) general messages	
Description A document with updated key messages promoting measles immunisation for different audiences.	
Resource type	Communications key messages
Audience	Comms and social media teams, media
Language	English
Size	A4
File type	PDF
Download from NIP Dropbox	https://www.dropbox.com/scl /fo/g8ud8nsh6pbykt50dbuwd/ h?rlkey=l3e3vnc5xh7lami2261 Ozrobm&st=m6avm6tt&dl=0

Health New Zealand

Measles Key messages (May 2025)

- Measles is a serious and highly contagious illness, which can affect adults as well as
- If you were born or lived in Antearoa New Zealand before 1969 it is likely you are immune to measles. This is because before this time there were no measles vaccines, so most people were infected with messles during childhood.
- People born between 1969 and 2004 who do not have evidence of two measles vaccinations after the age of 12 months may not be fully protected.
- Anyone born after 1969 who has not had two vaccinations against measles after the age of 12 months, or who cannot confirm if they had measies in the past, is recommended to be immunised with the Measles, Mumps and Rubella (MMR)
- Two doses of the MMR vaccine (after the age of 12 months) protect about 99 per cent
- The MMR vaccine has an excellent safety record and has been used in New Zealand since 1990. Like all vaccines used in New Zealand, the MMR vaccine has been reviewed for safety and effectiveness and is monitored on an ongoing basis.
- If you're planning a pregnancy, it's important to check you are fully protected against measles as you cannot have the MMR vaccine while you're pregnant. Getting sick with measles during pregnancy increases the risk of miscarriage and premature labour. Please discuss options for protection with your Lead Maternity Carer (LMC) or
- You can have the MMR vaccine once the baby is born. It is safe to have the vaccine
- Extra MMR doses are safe for most people unless you are pregnant or immunocompromised. Please discuss with your healthcare provider.
- If you have received your childhood vaccinations overseas you should have your vaccination records checked by your doctor, nurse, or healthcare provider to make
- Some countries offer the first measles vaccine to children under 12 months of age and these people should be recommended to have additional doses to be fully protected. If you do not have your oversess immunisation records, you should get vaccinated
- Before traveling overseas, make sure you and your whânau are fully protected against
- Anyone who has not yet had two doses of the MMR vaccine are most at risk especially geoi and samacki. Ask your doctor if they recommend early vaccination for your child before travelling.

Health New Zealand

t people to have extra doses. So, if you're not sure if you are you were born after 1 January 1969, it is recommended that you get e you travel. Check with your doctor, nurse, or healthcare provider. is free for everyone in New Zealand under the age of 18. It doesn't immigration status is.

ver, the MMR vaccine is free if you're eligible for funded healthcare

ised in New Zealand does not contain any pork (porcine) products. out checking if you are fully protected against measles, visit sles or call the Vaccination Helpline 0800 28 29 26. The Helpline is am to 5pm, Monday to Friday (except public holidays). Interpreters u can choose to speak with a Māori advisor, a disability advisor, or

ination appointment with a pharmacy, your doctor, nurse, or Visit info.health.nz/booksvaccine for a list of vaccination sites in

- for queries relating to the measles key messages above please tewhatuora.govt.nz





MMR Vaccination consent form

MMR Vaccination consent form	
Description A consent form that is filled out and signed by consumre receiving immunisation	
Resource type	Consent form
Audience	People receiving immunisation
Language	English
Size	A4
File type	PDF
Download from HealthED	NIP8986 MMR consent form - A4 leaflet – HealthEd
Order printed copies from Bluestar	Ministry of Health Blue Star

Measles, Mumps and Rubella (MMR) Vaccination consent form Medical Centre/GP National Health Indicensariber of Income Ethnicity (please tick one or more) □ NZ European □ Māori □ Samoan □ Cook Island Māori □ Tongan □ Niuean □ Chinese Indian Other - please state Please let the vaccinator know if any of the following apply to you/the person being vaccinated: you are pregnant (it is not recommended · are being treated for cancer or other severe to have the MMR vaccine during pregnancy) illness you are on any medications as well as the medications you may be taking for this · have you ever had an allergic reaction to any vaccine, medicine, food or anything else? · are currently unwell with a fever · had other vaccines in the last month · have had a blood transfusion or another blood product within the last year or expected to have · are taking blood thinning medication or in the next two months. have a bleeding disorder Possible reactions to MMR immunisation Recording your vaccination MMR immunisation is usually well tolerated. Possible The vaccination event will be recorded on the reactions include pain, redness and/or swelling Actearoa Immunisation Register (AIR). Only people at the injection site for a day or two, a mild fever, who have been authorised have access to these muscle aches or headache within the first two days. records. The privacy statement for the AIR can be In rare cases a mild rash and swollen glands may found here - tewhatuora.govt.nz/air-privacy occur between five and ten days after immunisation. The AIR guidance to restrict access to your vaccine Rarely, an allergic reaction can occur. records can be found here tewhatuora.govt.nz/ restricted-access-readiness You/the immunised person should remain under observation in case of an allergic reaction. You will be advised how long to wait, this could be up Dose Zero Please let the vaccinator know if the mother For more information about the MMR vaccine. of the pepi being vaccinated was / is taking talk to your healthcare professional or refer to any immunosuppressive medication while the consumer medicine information sheet at pregnant or breastfeeding. The vaccinator www.medsafe.govt.nz will also ask if pēpi is taking any medication. Te Kāwanatanga o Aotearoa **Health New Zealand** New Zealand Government Te Whatu Ora

After your MMR vaccination

After your MMR vaccination	
Description Information for consumers about the MMR vaccine and potential side effects	
Resource type	Information fact sheet
Audience	Vaccinated people
Language	English
Size	A4
File type	PDF
Download from HealthEd	After your MMR vaccination - NIP8957 – HealthEd
Order from Bluestar	Blue Star Ref: NIP8957

Measles, Mumps and Rubella (MMR) After your MMR vaccination



Don't want to take this fact sheet with you? Take a photo instead! It's important to keep this information handy.

The measles, mumps and rubella (MMR) vaccine protects against 3 viral infections – measles, mumps and rubella.

MMR vaccine has an excellent safety record

MMR vaccines have been used in New Zealand since 1990.

The vaccine is very effective. After one dose, about 95% of people are protected from measles and after two doses, more than 99% of people are protected.

A small number of people who are immunised may still become unwell if infected with measles mumps or rubella, but they usually get a milder illness than people who haven't been immunised.

How might I feel after I get the vaccine

What you may feel	What can help	When this could start
Swelling and pain at the injection site (hard and sore to touch) Heavy arm	Place a cold, wet cloth, or ice pack where the injection was given. Leave it on for a short time. Do not rub the injection site.	Within 6 – 24 hours
Feeling unwell or tired A fever or aching muscles	Rest and drink plenty of fluids. Take paracetamol or ibuprofen for reliefof significant discomfort or high fever. Follow the manufacturer's instructions, or seek advice from your health professional.	Within 6 – 24 hours
Rash and fever (very rare)	No treatment is required. The rash is notinfectious however it should be reviewed by a health professional in case it is caused by anillness and not as a result of the vaccine.	Between 5 and 12 days after immunisation

Rare side effects

The chance of having a serious allergic side-effect from the MMR vaccine is extremely rare and would happen within 20 minutes of being immunised. That's why you'll be asked to stay for 20 minutes after you have the MMR vaccine. If a severe allergic

reaction does happen, the vaccinator is trained to treat it

Your vaccinator will talk about possible reactions with you at the time of your immunisation.

Te Kāwanatanga o Aotearoa New Zealand Government Health New Zealand Te Whatu Ora

After the MMR dose zero vaccination

After the MMR dose zero vaccination	
Description Information for parents and caregivers about MMR dose zero.	
Resource type	Information fact sheet
Audience	Vaccinated people
Language	English
Size	A4
File type	PDF
Download from HealthEd	After the MMR dose zero vaccination - HP8229 – HealthEd
Order from Bluestar	Blue Star Ref: HP8229

Measles, Mumps and Rubella (MMR) **After the MMR dose zero vaccination**



Don't want to take this fact sheet with you? Take a photo instead! It's important to keep this information handy.

The measles, mumps and rubella (MMR) vaccine protects against 3 viral infections – measles, mumps and rubella.

Dose Zero

A dose of MMR (called MMR0 [zero]) may be recommended and prescribed for infants aged 4 months to under 12 months during measles outbreaks for protection, in case they are exposed to measles.

Dose Zero may also be prescribed for an infant that is travelling overseas to a country with an active measles outbreak.

These infants will still need two doses of MMR after they have turned 1 year to provide strong lifelong immunity, and it is important not to delay these.

How might my baby feel after the vaccination?

Most immunisations do not cause a reaction, but as a normal response to the vaccine, your baby may develop a fever or experience tenderness, swelling and redness where the injection was given.

Give your child lots of cuddles and fluids to drink. If breastfeeding, give them lots of feeds.

Here are some ways to make your child more comfortable.

Fever

If your child is hot, it can help to undress them down to a single layer, for example, a singlet and nappies or pants. Make sure the room is not too hot or too cold.

Tenderness, swelling and redness at the injection site

Ice wrapped in a dry cloth, or a cooled cloth, can be held over the injection site if it is sore.

Don't rub the injection site. This can make the reaction worse.

Medication

Give paracetamol or ibuprofen only as advised by your doctor or nurse.

Rash

A rash may occur between 5 and 10 days after the immunisation. This rash is not contagious and shows the vaccine is working.

Allergic reactions

A severe allergic reaction (anaphylaxis) is very rare but serious. This is the reason you will be asked to stay for at least 20 minutes after the vaccination. Vaccinators are trained to manage these reactions if they occur.



If you are concerned about your baby after their immunisation, contact your family doctor or nurse. You can also call **Healthline 0800 611 116** day or night.

You can also report any side effects to the Centre for Adverse Reactions Monitoring (CARM) at nzphvc.otago.ac.nz/report/

Date given _	DD / MM / YYYY	Age
Venue where	e vaccine was	given
		8

HP8229 | After the MMR dose zero vaccination | 13 12 24

Protect your tamariki poster

Protect your tamariki against measles A3 poster	
Description An A3 poster promoting measles immunisation for tamariki	
Resource type	Poster
Audience	Parents, whānau and caregivers of tamariki
Language	English
Size	A3 posters can be resized to A4 for printing.
File type	PDF
Download from HealthEd	Protect your tamariki against measles poster - HP8199 – HealthEd
Order from Bluestar	Ministry of Health Blue Star Reference code: HP8199



Protect your tamariki – DL Flyer

Protect your tamariki against measles DL flyer

Description

A DL flyer promoting measles immunisation for tamariki, with information about the disease and why you should immunise.

Resource type	DL flyer
Audience	Parents, whānau and caregivers of tamariki
Language	English
Size	DL 99mm x 210mm (folded)
File type	PDF
Download from HealthEd	<u>Search results: 21 results</u> <u>for "measles" – HealthEd</u>
Order from Bluestar	Ministry of Health Blue Star
	Reference code: HP8198



s is a highly lious virus that lead very quickly. le very dangerous, larly for tamariki nder 5.

st way to protect mariki against is is to get them ised. The first dose at 12 months and ond dose at 15 s of age.

What is measles?

Measles is a viral infection that is highly contagious. It's spread through coughing and sneezing. Symptoms typically begin with high fever, cough runny nose, and red watery eyes, and then develop into the classical measles rash starting on the face and moving down the body.

How serious is it?

Measles can be dangerous, particularly for children aged under 5. It spreads very quickly and in serious cases can lead to pneumonia and beain infection. About 1 in 10 people with measles need to go to hospital. In a

When should my tamariki be immunised?

The measles vaccine is given to tamarki as part of their 12 month and 15 month immunisations. Your tamarki can get their FREE measles immunisation at your doctor.

If your child is more than 15 months old and hasn't had both doses of the measles vaccine, they can still catch up for free. Talk to your doctor, nurseor healthcare provider.

How effective is the measles vaccine?

The measles vaccination is also called the MMR vaccine. It protects tamarki against three viral infections – measles, mumps and rubella.

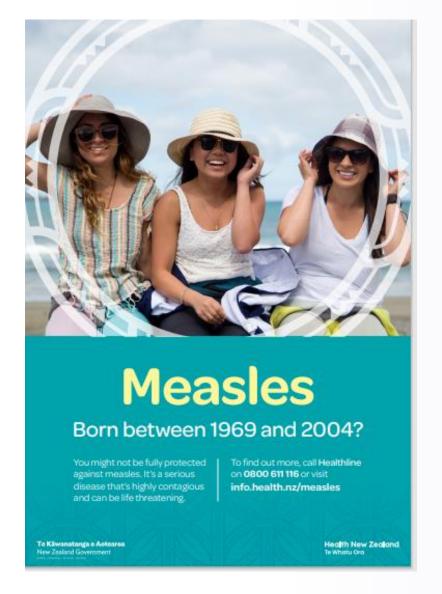
The MMR vaccine is very effective. After one dose, about 95 percent of people are protected from measles and after two doses 99 percent of people are protected.

Te Käwanatanga e Aetearea New Zealand Government

Health New Zealand

Born between 1969 and 2004 - poster

Measles –Born between 1969 and 2004? Poster		
Description A poster promoting measles catch up immunisation, aimed at people born between 1969 and 2004		
Resource type	Poster	
Audience	Young adults	
Language	English	
Size	A3 A4	
File type	PDF	
Download from HealthEd	Measles - Born between 1969 and 2004 poster - HP8152 – HealthEd	
Order from Bluestar	Ministry of Health Blue Star Reference code: HP8152	



Born between 1969 and 2004 – DL Flyer

Measles –Born between 1989 and 2004? DL flyer	
Description Information about measles catch-up immunisation for people born between 1989 and 2004	
Resource type	DL flyer
Audience	Young adults
Language	English
Size	DL 99mm x 210mm (folded)
File type	PDF
Download from HealthEd	Measles - Born between 1969 and 2004 flyer - HP8156 — HealthEd
Order from Bluestar	Ministry of Health Blue Star Reference code: HP8156



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between you may not nmunised as a child. much tching or

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EE your doctor

pharmacy.

Born between 1969 and 2004? Make sure you're fully protected

Measles

Te Kāwanatanga o Aotearoa New Zealand Government Health New Zealand Te Whatu Ora

Why worry about measles?

Measles is a virus that spreads more easily than almost any other disease and can make you very sick. About 1 in every 10 people with measles needs to go to hospital. In the most serious cases, measles can be fatal. If you are not protected against measles and get measles when you're pregnant, there is an increased risk of miscarriage and premature labour.

Symptoms may include a fever, cough, runny nose and sore, watery 'pink' eyes. Then you may get a rash, starting on the face and behind the ears before moving down the body.

Immunisation is your best protection

Immunisation is the best protection against measles. If you're not sure that you're fully immunised, check with your doctor or your Plunket or Well Child book to make sure you've had both doses of the MMR vaccine.

If you haven't had both doses, or you're not sure, play it safe and get immunised. There's no additional risk with getting an extra dose.

How effective is the measles vaccine?

The measles vaccine (also known as the MMR vaccine) protects you against three viral infections – measles, mumps and rubella.

The vaccine is very effective. After two doses 99% of people are protected from measles.

Protect your tamariki against measles social tile

Description
Social tile with text
Protect your tamariki against measles
It's a serious disease and highly contagious

Resource type	DL flyer
Audience	Parents, whānau and caregivers
Language	English
Aspect ratio	1:1
Resolution	1200 x 1200
File type	jpg
Download from NIP Dropbox	https://www.dropbox.com/scl /fo/dftgtgdirf93hrsmu7bso/AE 5cmDE8TTUVX0nEkPud- Qk?rlkey=imm96s9rq39fw10xx f4im519i&st=bapa08ef&dl=0
Reference code	NIP8754

Protect your tamariki – social tile

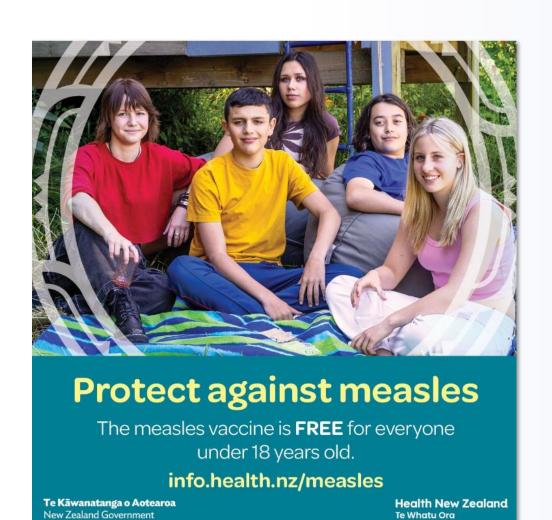


Protect against measles social tile

Description
Social tile with text
Protect against measles
The measles vaccine is FREE for everyone under 18 years old

Resource type	Social tile
Audience	Mid-teens, parents, whānau and caregivers
Language	English
Aspect ratio	1:1
Resolution	1200 x 1200
File type	jpg
Download from NIP Dropbox	https://www.dropbox.com/scl/fo/ 6ia2wo07qmhitz4w2ax9w/ADEpz MZYv4kgVhFl5zeHaik?rlkey=djh4tt s54hmjea2nko98pfxjm&st=3nvr87 8t&dl=0
Reference code	NIP8749

Protect against measles social tile



Born between 1989 and 2004? Social tile

Description
Social tile with text
Born between 1989 and 2004?
Make sure you're fully protected against measles

Resource type	Social tile
Audience	Young adults
Language	English
Aspect ratio	1:1
Resolution	1200 x 1200
File type	jpg
Download from NIP Dropbox	https://www.dropbox.com/scl/f o/dez5w3tbtrvuiud07j28d/h?rlk ey=jkkyqpl9bbjm37xi04sjpkgh7 &st=ys7ys49n&dl=0
Reference code	NIP8746

Born between 1969 and 2004 – social tile



Editable resources: Māori communities



Protect your whakapapa editable poster - Māori communities

Protect your whakapapa A3 poster		
Description An A3 editable poster promoting MMR vaccination		
Resource type	Poster	
Audience	Māori	
Language	English, Māori	
Size	A3- A3 posters can be resized to A4 for printing	
File type	PDF	
Download from NIP Dropbox	https://www.dropbox.com/scl/fo/2f2 6p86qi7hl8kwfuykgp/AKpsQdmCawH kONazcXid2HQ?rlkey=opyv8pmk6z9q ditzskk0yub9a&st=fsxqo5pa&dl=0	



Are you and your whānau protected? Editable social tiles – Māori communities

Are you and your whānau protected against measles?		
Description Editable social tiles		
Resource type	Social tile	
Audience	Māori	
Language	English	
Aspect ratio	1:1	
Resolution	1200 x 1200	
File type	jpg	
Download from NIP Dropbox	https://www.dropbox.com/scl/fo/2f26 p86qi7hl8kwfuykgp/AKpsQdmCawHkO NazcXid2HQ?rlkey=opyv8pmk6z9qditzs kk0yub9a&st=21geesuu&dl=0	





Pacific communities – social tiles



Pacific social tiles

Social tiles		
Description Social tiles for Pacific communities		
Resource type	Social tiles	
Audience	Pacific	
Language	English	
Resolution	2 sizes available 1080sq, 1200sq	
File type	jpg	
Download from NIP Dropbox	https://www.dropbox.com/scl/fo/oro1pqi x1bjdnxh57mo5c/AJEj- gkeQr0scO6opwoGt4o?rlkey=hmuuy0iru2 ce35sz35fnc4i55&st=w0yfh0io&dl=0	



The measles vaccine is **FREE** for everyone under 18 years old. info.health.nz/measles

Health New Zealar

Born between 1969-2004?

Make sure you're fully protected against measles info.health.nz/measles

Health New Zealand

Video from Dr Hina Lutui about the measles vaccine

A link to this video can be shared with your communities:



Dr Hina Lutui General Practitioner

https://youtu.be/FgKscEDAmH0

Alert resources: If measles cases are confirmed in your community



Alert resources and key messages

Resources

These resources focus on:

- symptoms to help people be aware of what to look for as soon as they know there is measles in their community or if they have recently returned from somewhere that has confirmed measles cases, and;
- to help people know when they should get advice and encourage them to stay home to stop the spread.
- They have been translated into multiple languages.
- The resources on the following pages, and more ALERT resources, can be downloaded from the Health New Zealand website: Measles Health New Zealand | Te Whatu Ora

Key messages

• Regularly updated, **situation-based key messaging** will be available from Health New Zealand when cases have been confirmed.



Suggested text:

Measles spreads easily from person to person and can make people really sick.

If you've recently returned from somewhere that has measles and you have these symptoms, stay home.

Then call your doctor or Healthline any time for free on 611 116 for advice.

Download tiles

Te Reo Māori

English

Pacfic languages More languages

Cook Islands Maori Arabic

<u>Samoan</u> Hindi

<u>Tongan</u> <u>Simplified Chinese</u>

<u>Fijian</u> <u>Traditional Chinese</u>

<u>Kiribati</u> <u>Tagalog</u>

<u>Niuean</u> <u>Urdu</u>

<u>Tokelau</u> <u>Persian</u>

<u>Tuvalu</u> Punjabi

Measles is here

Are you prepared?



Find out if you and your whānau have had two doses of the MMR vaccine.

Check your Plunket / Well Child books, or call your GP.



Not vaccinated or don't know? Get your MMR vaccine. It's FREE.

If you're not sure, no worries. Contact your doctor to check. It's safe to get the vaccine again if you have no record of receiving it.



Stay home if you're unwell

If you have cold or flu symptoms and a rash, stay at home and call your GP or Healthline on 0800 611 116 for advice.

www.health.govt.nz/measles

Te Whatu Ora Health New Zealand

Suggested text:

We have a measles case in our community. Measles spreads easily from person to person and can make people really sick.

Protect yourself and your family by getting vaccinated and stay home if you are sick.

[insert locally appropriate contact details for vaccination]

Download tiles

Te Reo Māori

English

Pacific languages

Cook Islands Maori Arabic

Samoan

Hindi

Tongan

Simplified Chinese

More languages

<u>Fijian</u>

Traditional Chinese

Kiribati

<u>Tagalog</u>

<u>Niuean</u>

<u>Urdu</u>

<u>Tokelau</u>

<u>Persian</u>

Tuvalu

<u>Punjabi</u>

Measles: it's more than just a rash

Measles can be dangerous and spreads fast if you're not immune.

Babies, young children, pregnant women and people with serious health conditions are at highest risk of getting very sick.

Are you protected? Contact your GP to check.
They can also vaccinate you for free.

For more information visit www.health.govt.nz/measlesvaccine

Te Whatu Ora

Suggested text:

Someone has measles in your community.

Getting vaccinated and staying home if you have symptoms will help protect people who are more likely to get sick.

[insert local contact details if appropriate]

Download tiles

Download tiles

Te Reo Māori

English

Pacific languages More languages

Cook Islands Maori Arabic

<u>Samoan</u> Hindi

<u>Tongan</u> <u>Simplified Chinese</u>

<u>Fijian</u> Traditional Chinese

<u>Kiribati</u> <u>Tagalog</u>

<u>Niuean</u> <u>Urdu</u>

<u>Tokelau</u> <u>Persian</u>

Tuvalu Punjabi

Stay home if you have symptoms of measles

Measles is dangerous and very contagious if you're not immune.

If you have cold or flu like symptoms **and a rash**, call your GP or Healthline on **0800 611 116** for immediate advice.

www.health.govt.nz/measles

Te Whatu Ora

Suggested text:

We have a measles case in our community. Measles spreads easily from person to person and can make people really sick.

Protect yourself and your family by getting vaccinated and staying home if you have symptoms:

- fever
- cough
- runny nose
- sore and watery 'pink' eyes.

For advice, call your doctor or Healthline any time for free on 0800 611 116 for advice.

Download tiles

Te Reo Māori More languages

English Arabic

Hindi

Pacific languages <u>Simplified Chinese</u>

Cook Islands Maori Traditional Chinese

<u>Samoan</u> <u>Tagalog</u>

<u>Tongan</u> <u>Urdu</u>

<u>Fijian</u> <u>Punjabi</u>

Tokelau

<u>Tuvalu</u>

These posters can be downloaded and printed to give out in the community. These have been translated into multiple languages.



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Useful links

- Measles Te Whatu Ora Health New Zealand
- Measles info.health.nz Infectious disease
- Measles: Locations of interest in Aotearoa New Zealand | Health Information and Services
- Measles A guide for education
- Clinical guidance Immunisation Handbook and Communicable Disease Control Manual
- Find somewhere to get vaccinated: HealthPoint
- Measles, mumps and rubella (MMR) vaccine | Health Information and Services
- Booking an immunisation appointment | Health Information and Services

Contact us

If you have any questions, please get in touch. Your query will be directed to the right person on the team.

Prevention: immunisation@tewhatuora.govt.nz

Pacific: PacificPublicHealth@tewhatuora.govt.nz

