


Central Lakes
Family Services

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**Mental Health
Crisis Support
Service.**
A localised model of care.

Referrals
0508 500 655

Email
mhsupport@clfs.co.nz

Website
www.clfs.co.nz

PO Box 302
Queenstown 9348
New Zealand

Outside

The importance of whānau in the recovery journey is also recognised, with support for whānau and carers.

This new service sits alongside the current 24/7 mental health crisis response service, and provides more options to support people in mental distress, including those who may otherwise have needed to be admitted to acute mental health services.

Support for Individuals:

- Support for adults experiencing a mental health crisis or urgent care need, as well as extra help for those already working with the Community Mental Health Team
- Help to create an individualised, collaborative care plan for short and long-term needs

Support for whānau/family:

- Support to review a care plan already in place
- Support to put a relapse plan in place if a crisis develops
- Home-based support when transitioning out of crisis
- Crisis counselling and peer support
- Social work, community support and advocacy
- Assistance to access appropriate services/agencies
- Providing short-term respite care when available

Referrals:

Adults aged 18+ years requiring acute mental health care can access the service via a referral from Te Whatu Ora Southern's Specialist Mental Health and Addiction team or General Practices. There's also flexibility to provide services for younger people from time to time if needed.

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Inside

Mental Health Services 2-Panel DL Brochure
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