

PATIENT SHEET

Using Your Rapid Antigen Tests (RATs)

Thank you for getting tested for Covid-19.

You have been provided with two RATs because you have Covid like symptoms, and/or you have been identified as a household contact of a Covid positive case.

How to use your RATs

You've been given information on how to use the test, but it's also important that you use the tests on the right days and that you report your results appropriately.

You are ... Symptomatic but NOT a Household Contact:

- Use one RAT today.
- If your first test is positive, treat as positive (no need to use the second RAT).
- Please register your positive RAT result. See information below.
- If your first test is negative, use the second test tomorrow.
- If your second test is positive, treat as positive.
- Please register your positive RAT result. See information below.
- If the second test is negative, then you should stay home and isolate until you are symptom-free.

You are ... a Household Contact:

- **Symptomatic?**
 - Use one RAT today.
 - If your first test is positive, treat as positive (no need to use the second RAT).
 - Please register your positive RAT result. See information below.
 - If your first test is negative, use your second test tomorrow.
 - If your second test is positive, treat as positive
 - Please register your positive RAT result. See information below.
 - If your second test is negative, stay home and isolate for the full 10 days, and if you have not already done so, ensure you have the required Day 3 and Day 10 negative tests before you end your 10 day isolation period. .
- **Not Symptomatic?**
 - Use your RATs for the required Day 3 and Day 10 tests.
 - If your Day 3 RAT is positive, treat as positive (no need to use the second RAT).
 - Please register your positive RAT result. See information below.
 - If your Day 3 RAT is negative and you remain symptom free, use your second RAT on Day 10.
 - If your second test is positive, treat as positive.
 - Please register your positive RAT result. See information below.
 - If you develop symptoms during your 10 day isolation period, you will need a test. See the instructions above for details.

Registering your positive test result

Please report the results of your RAT through My Covid Record. To report your result, log in to your My Covid Record account: <https://mycovidrecord.health.nz/>

Or call [0800 222 478](tel:0800222478) and press option 3.