


Kia ora koutou

Please see this week's Primary Care Clinical Digest for the week ending June 30 2023.

Keep warm in Te Waipounamu and dry in Te Ika-a-Māui this weekend!

	PRIMARY CARE CLINICAL DIGEST JUNE 30 2023
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National Clinical Network Co-Leads: Expressions of Interest (EOI)	<ul style="list-style-type: none">• Expressions of Interest (EOI) for the co-leadership of the new National Clinical Network for Stroke, Trauma, Cardiac and Renal have been released today and will all remain open for three weeks.• The networks will be a core part of the new health system and will see clinical leaders from across professional disciplines working in partnership with health agencies to shape a better, fairer and more equitable health system.• The new networks will be charged with developing national standards and models of care to address variations in access to care around the country, including the inequitable access to care experienced by some of our populations. They will develop innovative and evidence-based solutions that will inform national investment and workforce planning decisions.• While some national services and networks already exist, they don't cover a broad range of specialist services and all operate differently. The establishment of a greater number of networks, with a clear mandate and common operating approach, will ensure clinicians are supported to play an important role in delivering change.• Will start by transitioning four existing networks which will be resourced and supported by Te Whatu Ora Hospital and Specialist Services from July 1 2023.• The current leads of the Stroke, Trauma, Cardiac and Renal networks will remain in place until the co-leads are appointed and existing work plans will be progressed during the establishment period to maintain momentum.

	<ul style="list-style-type: none"> • The networks will report to a governance group co-chaired by Te Whatu Ora and Te Aka Whai Ora, which will each appoint a co-lead for every network. • Representation from a broad range of clinical professions is being sought for the co-lead roles and applications are particularly welcomed from Māori, Pacific people, disabled people, and the LGBTQI+ communities. • Further networks will be transitioned and established over the next twelve or so months. • Engagement with consumers, whānau and communities is a top priority across the system and key to ensuring the networks deliver. Formalising mechanisms to achieve this will be one of the first establishment tasks of each network. • More information on the EOI process and the networks plan can be found here and email any questions here.
<p>Changes to the Carer Support Subsidy</p> <p>Carer Support Subsidy Form</p> <p>Carer Support Subsidy Purchasing Guidelines</p>	<ul style="list-style-type: none"> • Te Whatu Ora is making changes to the Carer Support Subsidy, support will be available for ‘full-time Carers’ and allow them to have breaks from their caring responsibilities. • A full-time Carer is the person who provides more than four hours per day unpaid care to a person in need for care. Please note that paid whānau and family carers may be eligible for Carer Support if they provide at least four hours of unpaid care. • The Carer Support Subsidy is accessed by having a needs assessment from a Te Whatu Ora Needs Assessment Service Coordination (NASC) service and your GP, Mental Health Clinician or Specialist may also be able to support carers to access a Carer Support Subsidy. • Please see the attached registration form and guidelines to support making allocations of Carer Support. • From 1 July, improvements to Carer Support will include: <ul style="list-style-type: none"> ○ A national increase in the daily rate to at least \$80. ○ Carer Support can be used to pay others in the household so the full-time carer can have a break. ○ The Subsidy funding can be used all at once, or through the year – it’s up to the carer and the family member they support to choose and organise respite that works best for them. • Full-time carers will be allowed to purchase items that would provide them respite. Allocators of carer support will be responsible for making sure carers are fully informed of the purchasing guidelines and expectations around the use of carer support. • Sector Operations will approve all respite item claims under \$2,000 (25 days) in value per claim that meets the purchasing guidelines. Any claims over \$2,000, or identified as not meeting the purchasing guidelines, will be sent to regional Ageing Well Teams for approval. • More information can be found online at: https://www.tewhatuora.govt.nz/our-health-system/claims-provider-payments-and-entitlements/carer-support-subsidy/

<p>National IPC Guidance for Mask Use: Te Whatu Ora June-August 2023 See linked information</p>	<ul style="list-style-type: none"> • Please find attached information and link here on mask use and visitor guidance for hospitals and other health and disability care settings (June – August 2023). • You are encouraged to refer to this guidance to inform your own facility policies and recommend you should develop further mask settings for various areas of your health facility or group of facilities. Decision-making should be dependent on factors including patient vulnerability, environmental considerations, and local epidemiology. • This national mask guidance will continue to be reviewed regularly according to changes within the national situation, current epidemiology and other factors such as facility-based outbreak/s and staff resourcing. • Any questions about this guidance, please email ipc@health.govt.nz.
<p>Ruruku: Latest News and Updates from Te Whatu Ora and Te Aka Whai Ora</p>	<ul style="list-style-type: none"> • Please View this email in your browser to access the latest news and updates from both Te Whatu Ora and Te Aka Whai Ora.
<p>Building the Future of Health Virtual Hui: July 5 2023</p>	<ul style="list-style-type: none"> • Invitation to attend ‘Building the Future of Health’ stakeholder virtual hui on July 5 2023 9.00am – 9.45am Building the future of health. Topics will include: <ul style="list-style-type: none"> ○ updates of the past twelve months from a governance point of view with a board perspective ○ updates on workforce and plans for the next twelve months ○ Te Mauri o Ronga – The New Zealand Health Charter • Recording will be available on stakeholder pages of Te Aka Whai Ora and Te Whatu Ora websites. • Previous hui and questions can be found here
<p>Goodfellow Unit Continuing Professional Development: Webinars and Podcast</p>	<ul style="list-style-type: none"> • Webinars: <ul style="list-style-type: none"> ○ July 4: Travel medicine (with a focus on high-altitude travel Register here ○ July 11: Responding to crisis presentations Register here ○ July 25: Early diagnosis and post-operative care of head and neck cancer Register here ○ August 8: Management of ADHD Register here ○ August 15: Managing perimenopause and menopause Register here ○ September 2: Primary Care Update 2023, see Saturday 2 Sep: A full day on online CPD • Podcast: <ul style="list-style-type: none"> ○ Paediatric vulval conditions Episode here
<p>Small Group Programme Aotearoa</p>	<ul style="list-style-type: none"> • The Small Group Programme Aotearoa run by Pegasus Health are offering a limited number of complementary spaces in a ‘National e-Small Group Series – 2023’ which will be running from July – December 2023. The spaces are limited to 2-3 practitioners per region. See Small Group Programme • Topic for July (July 31 2023) being held by zoom from 7.30pm-9.00pm is ‘Early Cancer Diagnosis in Primary Care’.

	<ul style="list-style-type: none"> • Registration details for those interested to be completed prior to July 7 2023 https://forms.office.com/r/BQqeNTdSzQ • Any questions, please contact Amy Munro at amy.munro@pegasus.health.nz or the Pegasus Health Education team at cqeadmin@pegasus.health.nz
University of Auckland Inaugural Lecture Series 2023	<ul style="list-style-type: none"> • Professor Tim Tenbenschel from the University of Auckland is holding his inaugural lecture on ‘What does it take to make a great health system performance’. • This will be held August 2 2023 at the Lecture Theatre 505-007, Grafton Campus. • Please rsvp to https://ProfTenbensellInaugural.eventbrite.co.nz
Updates for Pharmacists in General Practice week ending June 23 2023 <i>See full notice linked for wider information</i>	<ul style="list-style-type: none"> • Tensipine MR10 restricted to existing patients only <ul style="list-style-type: none"> ○ Being delisted due to ongoing supply issues and inability to secure long-term supply ○ First step is to restrict new people being started on Tensipine MR10 by putting an endorsement on Tensipine MR10 in the Pharmaceutical Schedule restricting Tensipine MR10 to existing patients only. ○ This endorsement will start from July 1 2023. Further down the track people currently taking Tensipine MR10 will need to move to a different medicine. ○ Any questions about funding criteria you can visit Pharmac website email enquiry@pharmac.govt.nz or phone 0800 660 050. <p>Notification:</p> <ul style="list-style-type: none"> • Decision to fund candesartan with hydrochlorothiazide tablets <ul style="list-style-type: none"> ○ Pharmac has made the decision to fund candesartan with hydrochlorothiazide tablets from July 1 2023. ○ For more information see here <p>Discontinuation:</p> <ul style="list-style-type: none"> • Chlorpheniramine maleate (Histafen) liquid. <ul style="list-style-type: none"> ○ Alternative options Schedule listing for antihistamines ○ More information Pharmac website <p>Supply Issues/Updates:</p> <ul style="list-style-type: none"> • Oestradiol (Estradot) patches Pharmac website. • Dulaglutide Pharmac website <p>Expressions of Interest for Pharmac’s Advisory Committees:</p> <ul style="list-style-type: none"> • If you are interested in being involved in Pharmac’s clinical advice network, see Pharmac website, please send an email to advisorycommittees@pharmac.govt.nz outlining your specific clinical area(s) of interest. <p>For up-to-date information about supply issues please check the Pharmac website</p>
Top Weekend Viewing	<ul style="list-style-type: none"> • Viewing for this weekend is centred around magic, mystery, murder and mayhem as some new seasons of particular viewer favourites have been released. Great for a winter’s weekend! <ul style="list-style-type: none"> ○ Black Mirror Season 6 (Netflix) - Twisted tales run wild in this mind-bending anthology series that reveals humanity's worst traits, greatest innovations and more.

- **The Witcher Season 3** (Netflix) - In a dystopian future, Geralt, a mutated monster hunter, struggles to find his place in a turbulent world in which people often prove more wicked than beasts.
- **Outlander Season 7** (Neon) - A nurse in WWII goes back in time to Scotland in 1743, meets a dashing Highland warrior and the rest is history, so they say!

Ngā mihi
Janice



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