

Serious Illness Conversation Guide (SICG) on Health Connect South

The Health Quality Safety Commission (HQSC) Serious Illness Conversation Guide (SICG) is a framework to achieve quality, person-centred conversations about an individual's priorities in the context of their serious illness. It focuses on what is most important to a seriously ill patient and whānau/family. The guide is useful when discussing a significant change in health condition, when facing major surgery, or to guide a difficult health discussion.

More information is available on the HQSC website:

<https://www.hqsc.govt.nz/resources/resource-library/aotearoa-serious-illness-conversation-guide/>

Serious Illness Conversations may inform Shared Goals of Care (SGoC) and/or an Advance Care Plan (ACPlan). **Serious Illness Conversation Summary** should be documented on Health Connect South and will be displayed here:

New Zealand Government

HEALTH QUALITY & SAFETY COMMISSION NEW ZEALAND

Serious Illness Conversation Guide Aotearoa

Stage	Patient-tested language
SET-UP	"We want to make sure you have the best care possible. To do this it would be good to talk about what is happening with your health, what might be ahead and what things are important to you? Is that OK?" "This is an important conversation. Would you like someone to be here with you?"
ASSESS	"To make sure we are on the same page, can you tell me your understanding of what's happening with your health at the moment?" "In terms of your health, how much information about what might happen in the future would you like from me?"
SHARE	"This is my understanding of where things are at..." Uncertain: "It can be difficult to predict what will happen with your health. I hope that you will continue to live well for a long time, but it is possible you could become unwell quickly. It is important we prepare for that possibility." OR Time: "I wish this were not the case, but I am concerned that time might be as short as... (express as a range, eg, days to weeks, weeks to months, months to a year)." OR Function: "I hope that this is not the case, but I am concerned that this may be as well as you will feel and things are likely to get worse." Allow silence, explore emotion
EXPLORE	"What are your priorities if your health does get worse?" "What worries you when you think about your health changing?" "What helps you through the tough times?" "What abilities are so important for you, that you can't imagine living without them?" "If your health does get worse, how much are you willing to go through for the possibility of more time?" "How much does your family/whānau know about what is most important to you?"
CLOSE	"I have heard you say... is really important to you. Keeping that in mind, I suspect that we... This will help us make sure your care focuses on what is important to you." "How does this plan seem to you?" "I will do all I can to help you get the best care possible." "Is there anything you would like to go over again/ask/talk about?"

TEST, Evtals | DOB 01-Jan-1992 (31y) | GENDER M | NHI ZZ0105

MAORI CARE PLAN

Rebecca MUIR | LOGOUT

Dynamic Patient Summary

Shared Care Plans

Status	Plan Name	Created	Last Modified By	Last Modified
FINAL	Acute Plan	17-Oct-2019	Simone NEWSHAM	17-Oct-2019
DRAFT	Advance Care Plan	13-Oct-2022	Rebecca MUIR	13-Oct-2022
FINAL	Personalised Care Plan	13-May-2019	Andrea Mears	13-May-2019
FINAL	Serious Illness Conversation Summary	25-Jan-2023	Jane LARGE	27-Jan-2023
DRAFT	Shared Goals of Care - Aged Residential Care	26-Oct-2022	Jane LARGE	07-Dec-2022

Alert Summary

EXTERNAL SOURCES (9)

NHI Medical Warnings (Last Refreshed 14-Feb-2023 10:32)

ACTIVATED EPOA WELFARE AND PROPERTY - 19/09/2022 (CMH) , Date 20-Sep-2022

ADVANCE CARE PLAN IN CLINICAL PORTAL SHARED CARE RECORD (CMH) , Date 25-Aug-2022

ESBL - CONTACT ISOLATION ON ADMISSION (CMH) , Date 31-Oct-2022

The Serious Illness Conversation Summary provides all teams with useful information about a serious illness discussion with a person – their diagnosis, what a person knows about their condition, their priorities, worries and what their 'trade offs' are. The Serious Illness Conversation Guide is a valuable tool to support Shared Goals of Care (SGOC) and advance care planning discussions.

In the Shared Care Plan Widowlet you may find any of the following – if a person has one:

Acute Plan

For people with complex health conditions who have moderate to high risk of attending acute services over the next 12 months. Details their unique needs for first responders/ED.

Advance Care Plan (ACPlan)

Is for all adults. Captures what matters to a person and is their voice in health care – when they cannot speak for themselves.

Personalised Care Plan (PCP)

Documents person-centred issues, goals and actions for people who have moderate to high complexity health needs in the community with several teams involved in care.

Shared Goals of Care (SGOC)

The ARC-SGoC is a 2-page document which discusses/ records goals for the current admission/episode of care. It replaces 'Do not attempt CPR' documentation.

Serious Illness Conversation Summary

Record of a serious illness conversation guide discussion. It can be used to inform a SGOC decision or advance care planning discussions.