

How to use a Rapid Antigen Test

6 April 2022

Test instructions vary depending on the brand. Many rapid antigen testing kits generally follow the instructions below, but not all. Please follow the manufacturer's instructions.

Collecting a sample



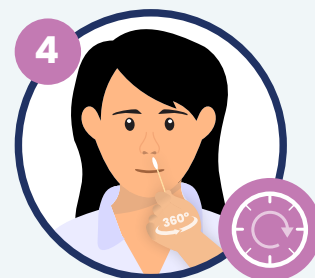
1 Remove a nasal swab from the pouch.



2 Insert the swab into one of your nostrils up to 2-3cm from the edge of the nostril.



3 Slowly roll the swab 5 times on the inside surface of the nostril. Using the same swab, repeat in the other nostril.



4 Check the kit box instructions to confirm the correct time frame to read your result. This may vary depending on the kit.

Testing the sample



5 Peel off aluminium foil seal from the top of the vial, which contains the solution buffer.



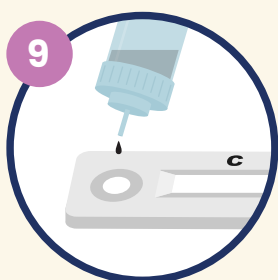
6 Place the swab into the solution in the vial. Rotate the swab vigorously at least 5 times.



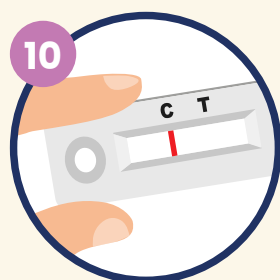
7 Remove the swab by rotating the swab against the vial, while squeezing the sides to release the liquid from the swab.



8 Close the vial with the provided cap and push firmly onto the vial. Mix thoroughly by flicking the bottom of the tube.



9 Turn vial upside down and hold sample over sample well. Squeeze vial gently. Allow between 3 - 5 drops to fall into the sample well.



10 Please check on the kit instructions and follow the confirmed time to check for your test result. Dispose of the used kit in your general waste.

Reading your result

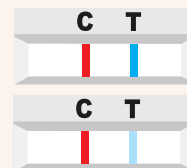
Negative

One line next to the **C** indicates the test is negative.



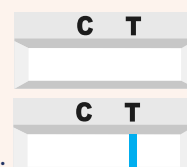
Positive

Two lines, one next to **C** and one next to **T** (even faint lines) indicate the test is positive.



Invalid Result

No line next to **C** indicates the test is invalid. With an invalid result you should retest. Follow manufacturer guidelines on how long to wait.



Reporting your result

You need to report your result. This can be done on My Covid Record.

Log into mycovidrecord.health.nz or call 0800 222 478 and press option 3.

If you are in the CCES, you should advise your employer of your result.

