

WellSouth Update

01 November 2022

Kia ora koutou -

WellSouth Update is a regular e-newsletter for general practice teams, community pharmacy and other providers in Southland and Otago.

To subscribe or to provide feedback or submissions, please email communications@wellsouth.org.nz Thank you.

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WellSouth Annual General Meeting

The Annual General Meeting of WellSouth is coming up next week:

Tuesday 8 November, 12.30pm at Hokonui Rūnanga - 140 Charlton Road, Gore, 9740

Please RSVP to Dunedin Reception by **7 November** if you wish to attend. There is also a Zoom option available.

Zoom Details:

Link: <https://healthcloud.zoom.us/j/86480169816?pwd=eWQrbTVHU0FkMDBkOU1FT1dDTkUJ3Zz09>

Meeting ID: 864 8016 9816
Passcode: 100837

Practice Development Plan and Equity drop-in sessions

We are holding two virtual drop-in sessions next week to assist practices with any

questions relating to your Practice Development Plan.

Our Pou Oraka Matua (Māori Health and Equity Director) and Pou Tōkeke (Project Manager for Health Equity) will be attending to answer any questions you have relating to equity and Māori health plans.

The hour-long sessions will be held at **10am** and **2.30pm** on **Wednesday 9 November**.

Microsoft Teams Link: [Click here to join the meeting](#)

Equity Resources on WellSouth Website

We have recently added a page to our website with resources around Equity.

You can access these resources via the following link: <https://wellsouth.nz/care-provider/equity-resources/>

We will continue to build this page with further resources and information.

Please contact your Practice Relationship Manager if you have questions or would like further support in this area.

Clinical Advisor, Quality Improvement, and Clinical Governance

WellSouth is committed to achieving high-quality equitable health outcomes in Otago and Southland. We are developing our clinical governance framework and have a continuous quality improvement approach to the services we fund and provide network support for.

We are looking for an experienced clinician who is passionate about patient safety, quality improvement and high-functioning clinical governance approaches to join us.

This role will provide leadership and guidance within WellSouth on quality improvement, patient safety and clinical governance, and assist our partner general practices and other primary care organisations we work with continuous quality improvement processes.

This is a 0.2 FTE role within Otago/Southland.

For more information, please see <https://wellsouth.bamboohr.com/careers/206>
Applications close Thursday 10 November (although currently it says 2 November).

Long Covid Pathway

Do your patients have long Covid? Involving a health improvement practitioner, brief intervention team, or obtaining a green prescription can help.

If symptoms have persisted for over 12 weeks, there is a pilot Long Covid clinic which is available until 31 December and provides multi-disciplinary team support.

Note that those with COVID within 42 days are entitled to a free GP visit. Please see Southern health pathways for more information.

[More information](#)

UpToDate Software

[UpToDate](#) is used by a number of clinicians across our rohe who value the clear, actionable and evidence-based clinical decision support that it provides.

This service currently costs subscribers around \$800 p.a., however, the cost depends on the number of people requiring access.

As we will shortly be renegotiating our contract with UpToDate for the next year we are now asking practices to indicate whether they wish to have access via WellSouth.

If you wish to continue using UpToDate, or to sign up your practice for the first time, please email practicenetwork@wellsouth.org.nz with the **names and roles** of all clinicians who would like access, by **5pm Wednesday 9 November**.

Please note, the advantage of signing up via WellSouth is lower fees and administration load, but the cost of the subscription will be passed back to practices.

Expressions of Interest: Rural Services and Funding Review Group

A Rural Services and Funding Review group is being formed to review and propose changes to the rural funding formula and related aspects of rural services that are related to the funding formula.

The [Terms of Reference](#) and [Expressions of Interest](#) provide details, including how to apply to become part of the group. Applications are being accepted until **6 November**.

The proposed membership of the group is on page 11 of the ToR and includes (as a guide):

- An independent chair
- general practitioners
- general practice manager
- primary care nurse
- representative nominated by Iwi
- representative nominated by the Pacific community
- community representative nominated by Community Health Council
- rural hospital clinician
- community pharmacist
- representative of Hato Hone St John
- Any other stakeholders that are considered appropriate by the Partners.

Please share with your networks.

Central Lakes mental health crisis support service

Te Whatu Ora Southern has confirmed the Central Lakes Family Services as the service provider for the new mental health crisis support service in Queenstown Lakes and Central Otago.

The service, predominantly for adults aged 18 and over, is expected to be operational before the end of the year.

Central Lakes Family Services is a Non-Government Organisation (NGO) deeply embedded across the Central Lakes region, with branches in Queenstown, Wānaka, and Alexandra.

The two-stage launch of the service will see outreach support starting in early December, and the crisis support service being released once a suitable location is secured.

The Central Lakes model was developed by clinicians, iwi, primary health providers, community agencies, NGOs, tangata whaiora (people seeking wellbeing), whānau, and government agencies who worked together to design the services, using Te Whare Tapa Wha as the guiding pillars.

Referral pathways to the service are being finalised and will be shared once confirmed.

Read the full news release [here](#)

Upcoming CLIC Care Planning Education (For Practice Nurses)

After another year of interruptions from COVID, we invite you to ease back into BAU with this CLIC Care Planning refresher workshop. Starting with a self-directed online learning package, followed by a 2 hour face-to-face Q+A style workshop designed as an opportunity to get together and discuss your experiences and share tips and tricks for getting the most patient benefit from good care planning.

Invercargill - Tuesday 8 November, 5pm - 7pm

Alexandra - Tuesday 15 November, 5pm - 7pm

Dunedin - Tuesday 22 November, 5pm - 7pm

To register for any of the above sessions click [here](#).

Men's Health Colloquium

The Centre for Men's Health at the University of Otago warmly invites you to register for their free online Men's Health Colloquium.

Date and Time: **9am - 4pm, Thursday 24 November 2022**

They have a great line-up of confirmed speakers and will upload the full programme shortly.

The zoom link for the Colloquium will be shared closer to the time.

Registration link: <https://www.eventbrite.co.nz/e/mens-health-colloquium-2022-tickets-452815773167>



CENTRE FOR MEN'S HEALTH

2022 FREE on-line Colloquium

24th November 2022: 9am-4pm

FANTASTIC CONFIRMED SPEAKERS....

Emeritus Professor **ALAN WHITE**: Why do we need a Men's Health Policy?
Professor **MICHAEL BAKER**: Impact of COVID-19 on men's health
Physiotherapist **SHELLEY SOLOMON**: Incontinence in men
Mr **ANDRE MASON**: Do alcohol and cannabis use impact the suicidal trajectory?
Mr **ADRIAN TE PATU**: The health of Māori Tane. Where are we at?
Dr **KOOTSY CANUTO**: The significance of Aboriginal & Torres Strait Islander Male Leadership in health
Professor **JAMES SMITH**: Equity and Men's Health promotion
MORE SPEAKERS TO COME....

REGISTRATION via link below

<https://www.eventbrite.co.nz/e/mens-health-colloquium-2022-tickets-452815773167>



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