

WellSouth Update

18 April 2023

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CLIC & Quick CLIC allocation top-ups

As we enter the final months of the financial year, we are aware that some practices have utilised their allocations in one or both of long term conditions management programmes, CLIC or Quick CLIC. We can work with you to consider adding additional allocations to see you through to the end of June 2023.

If you have used or are close to using up your funding, please make contact with either your practice relationship manager, or one of our WellSouth Long Term Conditions nurses - Marryllyn Donaldson Marryllyn.Donaldson@wellsouth.org.nz, Dave Cox Dave.Cox@wellsouth.org.nz or Rachel Hall Rachel.Hall@wellsouth.org.nz to request a top up.

They will work with you to understand how you use the programme(s) in your practice, what amount will be sufficient to support your patients until 30 June, and if there are ways that our team can provide you additional support. Our team uses a template to gather the relevant information and they will work through this with you at the time.

Nurse Prescriber Training - applications open for next cohort

Our South Island Registered Nurse Prescribing in Community Health (RNPPCH) programme is accepting applications for the **May 2023** cohort.

The programme is delivered online over six months, the training supports registered nurses working in primary and community care to prescribe common medications for minor ailments under supervision.

The nurse prescribing programme is Nursing Council approved. Applications for the next cohort close on **Monday 24 April 2023**, with the programme commencing on **2 May 2023**.

[Information pack](#)
[Enrolment form](#)

Find out more on the [WellSouth website](#)

Southern Nursing Excellence Awards - applications open now

Thursday 11 May - Invercargill

Friday 12 May - Dunedin

The Southern Nursing Excellence Awards are being held on the 11 May (Invercargill) and 12 May (Dunedin) and are open to all nurses working within the Southern district catchment area across all settings and providers.

Nominations are now open for these awards and will close at **5pm, Wednesday 26 April 2023**.

Applications can be submitted by individuals or teams by submitting the attached nomination form by email. Please note only individuals can receive awards.

Nominees will be invited to the awards event in Invercargill or Dunedin where award recipients will be announced.

Please read the document linked below for categories and criteria, and the [nomination form](#) is attached to this email.

[Southern Nursing Excellence Award Categories and Criteria](#)

Pertussis and Best Start Pregnancy

You can use Best Start Pregnancy to prompt a recall in your patient's PMS file for pertussis immunisation.

A reminder that your practice receives \$100 for each pregnancy assessment for hapū māmā Māori and \$50 for each pēpi assessment for pēpi Māori.

Learn more about Gen2040 on our [website](#).

To access Gen2040 in your practice please contact your Practice Relationship Manager today to arrange paperwork, installation, and training for staff.

Pertussis & Best Start Pregnancy



Pertussis & Best Start Pregnancy

- Using Best Start Pregnancy makes it easy for you to provide high quality preventative care by prompting a recall in your patient's PMS file for pertussis immunisation.
- Your practice receives \$100 for each pregnancy assessment for hapū māmā Māori and \$50 for each pēpi assessment for pēpi Māori

Best Start Pregnancy Email Create PDF

Mother's Details × Pregnancy × Obstetric history × Medical history × Support × Exam/screening ×

Medicines × **Vaccination ×** Care Planning × Actions × 2nd Trimester

Influenza vaccine ⓘ
No influenza vaccine recorded

Given Today
Declined
Given Elsewhere

Add Recall

Pertussis (Whooping Cough) vaccine ⓘ
No pertussis vaccine recorded

Given Today
Declined
Given Elsewhere

Add Recall Week 16

Gen2040.co.nz

Gen2040@nhc.maori.nz

Update HealthPoint RAT Testing and Collection

A reminder to regularly review your HealthPoint information to ensure it is up to date.

Please take the time to check and update your information regarding RAT test collection/testing information, if you no longer offer this service please update your HealthPoint to reflect this.

GPNZ Primary Care Clinical Digest - 14 April



In this issue:

1. Immunisation Update April 6 2023
2. Improving Childhood Immunisation Rates
3. Advanced Diabetes Management Course Run by NZSSD and University of Waikato
4. Vitamin D May Reduce Risk of Diabetes in Pre-Diabetes - Goodfellow 'Gem'
5. Decision to Fund Risdiplam (Evrysdi) for Spinal Muscular Atrophy
6. National Clinical Director Primary & Community - Commissioning
7. Update for Pharmacists in General Practice week ending April 6 2023

Read the full update [here](#).

Workforce Development and Training

Wānanga Tōkeke: Equity in Health Workshop

Join WellSouth's Pou Tōkeke Māori Riiti Conway (Tuvalu, Kiribati) and Pou Tōkeke Emma-May Loretz (Ngāi Tahu, Ngāti Tamaterā) to learn about:

- Mihimihi & pepeha
- Foundations of Te Ao Māori
- Equity in General Practice
- Decolonising Primary Care: Overview of Cultural Safety and Cultural Competency

This in-person workshop is open to anyone working in Primary Care, and will provide you with a general understanding of the above topics while helping you honour your obligations to Te Tiriti o Waitangi and present you with some practical skills that you can take into your practices.

Dunedin - 5pm - 8pm, Tuesday 2 May 2023 - **FULL, Waitlist Only**
Invercargill - 5pm - 8pm, Tuesday 25 May 2023

To register please go to: <https://training.wellsouth.nz/events/681-wananga-tokeke-equity-in-health-workshop/>

If your practice is requiring Equity in Health training (for large groups) please contact workforce@wellsouth.org.nz to organise.

De-Escalation Webinar

Join us for an online presentation on 'De-Escalation' with WellSouth's Access and Choice Program Lead Genevieve Obbeek. The presentation will be followed by a time for discussion, a place to talk through examples and any questions you may have.

Gain the skills to identify and de-escalate an agitated person while keeping yourself and others safe. Gain confidence in managing distress and aggression, and strategies for self-control. Learn the role of communication and the importance of debriefing following a challenging situation.

Tuesday 16 May – 3pm – 4pm – Via Zoom (Link on registration)

Register here: <https://training.wellsouth.nz/events/683-de-escalation-webinar/>

This webinar will be recorded for those who are unable to attend.

Book My Vaccine for Providers - Webinar recording

Te Whatu Ora held a webinar on Book My Vaccine for Providers, the webinar was recorded and you can watch the recording [here](#) (starts at 18 minutes).

If you need further help support is available:

Drop-in Coaching: If you have questions and would like coaching with one of their team live, please join a [drop-in Teams session](#). The team is available between 1pm and 1.45pm each weekday.

Email and Phone Support: The team is available to answer questions and provide support. Please email help@imms.min.health.nz or call 0800 223 987. These channels are currently monitored:

- 8am - 5pm, Monday to Friday (from 9.30am on Wednesdays)
- 9am - 2pm, Saturday and Sunday

If you are contacting via email (recommended), please provide a detailed description of the issue, your full name and your mobile number so we can contact you with a resolution

More information

Useful information about Book My Vaccine can be found on their website [link](#). This details the key changes for providers using Book My Vaccine.

Time for Change - Te Hurihanga programme hui

12pm - 12.35pm, Thursday 20 April 2023

Online via Zoom: <https://zoom.us/j/94654812244>

Passcode: 572173

Join the Time for Change - Te Hurihanga programme hui on Thursday for an update about the programme and what's next.

[Time for Change – Te Hurihanga](#) is a focused, Te Whatu Ora Southern-led programme to address health, equity, location, social and systemic issues in mental health care, and put people at the centre of care.

The first 20-25 minutes will be an update by Toni Gutschlag, Executive Director Mental Health, Addictions, and Intellectual Disability, Te Whatu Ora Southern and members of the project team.

The rest of the time will be allocated to answer questions.

The hui will be recorded for those unable to attend.

National Cervical Screening Programme (NCSP) Sample Taker Update

9am - 10.15am, Tuesday 2 May 2023

Microsoft Teams: [Click here to join the meeting](#)

Te Whatu Ora Southern are holding a clinical update on the rollout of HPV primary screening which is due to commence on **26 July 2023**. They want to engage with all sample takers, inclusive of GPs and Nurses, HCAs involved in the recall process etc.

Clinical Update Programme:

9am – Welcome and Housekeeping

9.05am – Southern NCSP Team update

9.15am – HPV Primary Screening Update, Presented by Christy Lange – NCSP Senior Relationship Manager and Alicia Blaikie – NCSP Clinical Advisor

9.45am – Question Time. If you have any specific questions, you would like answered, please email them to cervical.screening@southerndhb.govt.nz before Friday 10 March 2023.

10.15am – Finish

Attendance certificates will be available on request following the presentation.

For any further queries please email cervical.screening@southerndhb.govt.nz.

Collaborative Aotearoa Conference 29/30 August 2023

Me pēhea tātau e āwhina ai?- How can we help?

Collaborative Aotearoa is a national network of primary health organisations and supporting partners committed to pursuing a vision focused on the health and wellbeing for whānau and communities.

The Collaborative is calling for stories of success, catalyst of change to deliver equity for whānau - for their August symposium.

Save the Date for upcoming Conference 29/30 August 2023 at the Wellington Tākina Centre. Last year the feedback on our Symposium was so positive, with attendees asking for a minimum two-day event to allow greater sharing and learning. Registration details will be posted here.. watch this space [Conference save the date - Collaborative Aotearoa](#)

The [attached flyer](#) highlights the Conference theme: **Me pēhea tātau e āwhina ai? - How can we help?** As part of our collaborative networks and whanaungatanga at the heart of our mahi, we want to support our sectors to fast track the changes that are needed to support our whānau to flourish. We will be announcing our keynotes very soon, and I promise they will share learnings that are absolutely relevant to our current challenge of closing the equity gap across Aotearoa. We will of course be showcasing the mahi from across the motu that includes a multisector approach including health, local government, NGOs and other agencies that are supporting Hauora - health and wellbeing. Primary Health Organisations remain our core membership and we will continue to support the richness of your mahi focusing on the Health Care Home model of care, Digital Health and Collective Action to support localities.

We are calling for abstracts for presentations and workshop ideas. This [abstract template](#) is an FYI and we will send this through to your teams – **close off will be 3rd May 2023.**

The Collaborative seeks your support to help make our Conference a success and we will share further key messages that will drive our communications plan.

Building an equitable future, through transforming health and wellbeing outcomes every day, to ensure whānau flourish.

[Home - Collaborative Aotearoa](#)

Reminder: Gout Update Online Session

New Zealand/Aotearoa has the highest rate of gout in the world, per capita. The prevalence and burden of gout in New Zealand is higher in Māori and Pacific peoples than in other groups.

In 2019, gout was estimated to affect approximately 6% of people in New Zealand aged over 20 years; Māori and Pacific peoples aged 20 to 44 years have a three and seven times greater prevalence of gout than non-Māori and non-Pacific peoples, respectively.

Māori and Pacific peoples are also less likely to receive preventative medicine before or after hospital admission.

Register for our online Gout Update session below for the latest updates and guidelines on how this painful condition can be successfully managed.

[18th April 2023 – 7pm – 8pm - Online](#)

WELLSOUTH GOUT UPDATE

New Zealand/Aotearoa has the highest rate of gout in the world, per capita.

The prevalence and burden of gout in New Zealand is higher in Māori and Pacific peoples than in other groups. In 2019, gout was estimated to affect approximately 6% of people in New Zealand aged over 20 years; Māori and Pacific peoples aged 20 to 44 years have a three and seven times greater prevalence of gout than non-Māori and non-Pacific peoples, respectively. Māori and Pacific peoples are also less likely to receive preventative medicine before or after hospital admission.

Register for one of our Gout Update sessions below for the latest updates and guidelines on how this painful condition can be successfully managed.



13th April 2023, 7pm - 8pm
Invercargill



18th April, 7pm - 8pm
Online via Teams

[REGISTER HERE](#)



workforce@wellsouth.org.nz



training.wellsouth.nz



Otago RNZCGP Faculty Education weekend 12-14 May

Registrations for the Otago GP Faculty Education weekend in Naseby on the 12 - 14 of May have opened up.

For more information and to register please

visit: <https://training.wellsouth.nz/events/679-otago-faculty-education-weekend-2023/>

Upcoming Training and Education courses

For course dates and registration please click [here](#).

Advance Care Planning

Gout Update

HealthPathways Webinar Series

CPR Update Sessions

Other [Workforce Development](#) opportunities.

About this newsletter

WellSouth Update is a regular e-newsletter for general practice teams, community pharmacy and other providers in Southland and Otago.

Previous issues of this newsletter are available on the [WellSouth website](#).

To subscribe or to provide feedback or submissions, please email communications@wellsouth.org.nz Thank you.



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communications@wellsouth.org.nz

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|IF:REWARDS| *|HTML:REWARDS|* *|END:IF|*

