

# WellSouth Update

**18 October 2022**

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## Kia ora koutou -

WellSouth Update is a regular e-newsletter for general practice teams, community pharmacy and other providers in Southland and Otago.

To subscribe or to provide feedback or submissions, please email [communications@wellsouth.org.nz](mailto:communications@wellsouth.org.nz) Thank you.

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## Opportunities to become an Access and Choice practice

We have new opportunities for further practices to opt in to the Access and Choice service in Southern.

We're holding two online information sessions for practices to learn more about the programme.

### Online Info Sessions:

**Tuesday 25 October, 5pm - 6pm**  
**Monday 31 October, 12pm - 1pm**

### [Please register](#)

This information session will cover:

- What does Access and Choice offer enrolled patients?
- How does an Access and Choice team support the general practice team?
- What is required of the practice to host an Access and Choice team?
- What is funded by WellSouth and how?
- How can my practice express interest in hosting an Access and Choice team?

For further information or an expression of interest form please contact your Practice Network Manager or [mckenzie.roberts@wellsouth.org.nz](mailto:mckenzie.roberts@wellsouth.org.nz)

Expressions of interest close on **Friday 18 November 2022**.

### About Access and Choice

In August 2020, WellSouth started to roll out the Access and Choice service in primary care. Locally known as Tōku Oranga, Access and Choice has seen Health Improvement Practitioners, Health Coaches and Community Support Workers join primary care teams to support enrolled patients make behaviour change across the range of mental and physical health concerns predominant in primary care.

Feedback from early adopter practices in the Southern District has been “What did we do before?” Access and Choice and it has been a “life changer” for the practice and the patients.

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### Southland general practices attracting and keeping trainee doctors

Eight second-year GP trainees are training and working Southland general practices next year, while three first-year trainees also set to begin training in January 2023.

This is great news for the primary care workforce in the region, and is down to the work of the educators and general practice teams who provide a welcoming and supportive environment for the GPEPs.

“This is a credit to the efforts of our medical educators and to general practice teams who work hard to make training, working, and living here a great experience,” says WellSouth CEO Andrew Swanson-Dobbs.

Read the full news release [here](#).

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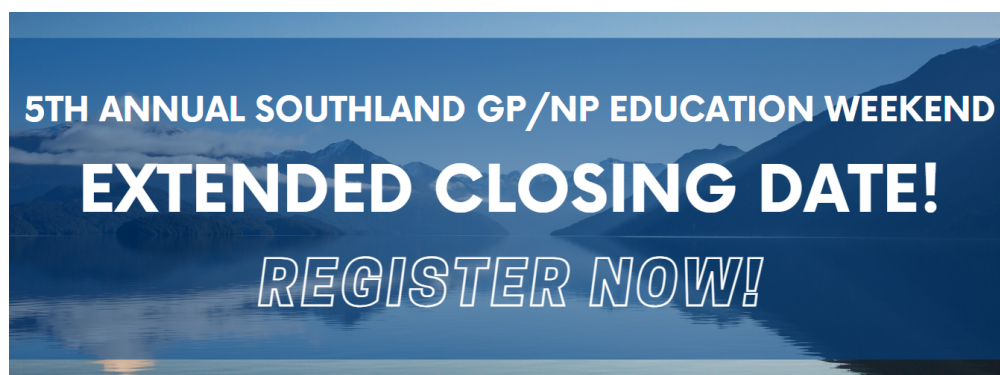
### GP/NP Conference - 4-6 November - Te Anau

LAST CHANCE TO REGISTER! Now open to all practices in Southland and Otago. The 5th annual Southland GP/NP Education Weekend in Te Anau on the **4th - 6th of November**.

All GP's and NP's welcome. Please see [invite](#) for more information.

Registrations close at the end of the day on the **19th October 2022**.

Register here: <https://training.wellsouth.nz/events/654-5th-annual-southland-gp-np-education-weekend/>



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## Upcoming LEAN Workshops for General Practice

The LEAN Workshop for General Practice will cover the LEAN improvement methodology and its components which are delivered in a practical, easy-to-apply way for general practice teams.

The workshop is full of tools, methods, real life examples, coaching and plenty of opportunity to apply the learning in break-out groups and teams.

**Dunedin - 2 November 2022 - 9.30am to 3.30pm**

**Cromwell - 3 November 2022 - 9.30am - 3.30pm**

For more info and to register click on the following link:

<https://training.wellsouth.nz/events/658-lean-workshop-for-general-practice/>

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## Practice Manager Meeting - Balclutha

WellSouth's practice manager meeting is being held in Balclutha on **Thursday 17 November, 10am - 2.30pm**.

More details and an agenda coming soon.

Registration link: <https://training.wellsouth.nz/events/296-practice-manager-meeting-balclutha/>

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## Workforce Development and Training

Please review our upcoming Training and Education courses. For course dates and registration please click [here](#).

Further [Workforce Development](#) opportunities are available on the WellSouth website.

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## Asthma and Respiratory Foundation Educational Event

The Asthma and Respiratory Foundation is holding a free in-person educational event on the **NZ COPD Guidelines 2021** on **Wednesday 16 November 6pm - 8.30pm** at the **Distinction Hotel, Dunedin CBD**.

RSVP via the link in the below invitation by **7 November 2022**.

[Event Invitation](#)

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## Primary and Community Care cyber security assessment

Te Whatu Ora is conducting an assessment of cyber security in Primary and Community care. Please read the letter in the link below for more information.

There are two different assessments based on the size of the provider, open the Assessment Details and Link to determine which assessment you should be completing and who should complete the assessment on behalf of your practice.

The assessment is **live now** and will be open until **25th November 2022**. Please see the instructions linked below to assist you to complete the form.

[Assessment Details and Link](#)  
[Te Whatu Ora Letter](#)  
[Instructions to complete form](#)

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## Accuretic stocks being withdrawn on 31st October 2022

The supplier of Accuretic (Pfizer) intends to withdraw any remaining stock of accuretic from distributors on the **31st of October 2022**.

Prior to this date, Accuretic will still be able to be prescribed, although dispensing will depend on the level of stock remaining.

Pharmac advises prescribers to transition any of their patients who are still on Accuretic to an alternate medication with a degree of urgency.

The ability of prescribers to claim for first consultation costs in relation to transitioning patients from Accuretic to an alternative will remain in place to assist this process until it is delisted.

Pharmac intends to delist Accuretic from the Pharmaceutical Schedule from **1st December 2022**.

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