

WellSouth Update

27 June 2023

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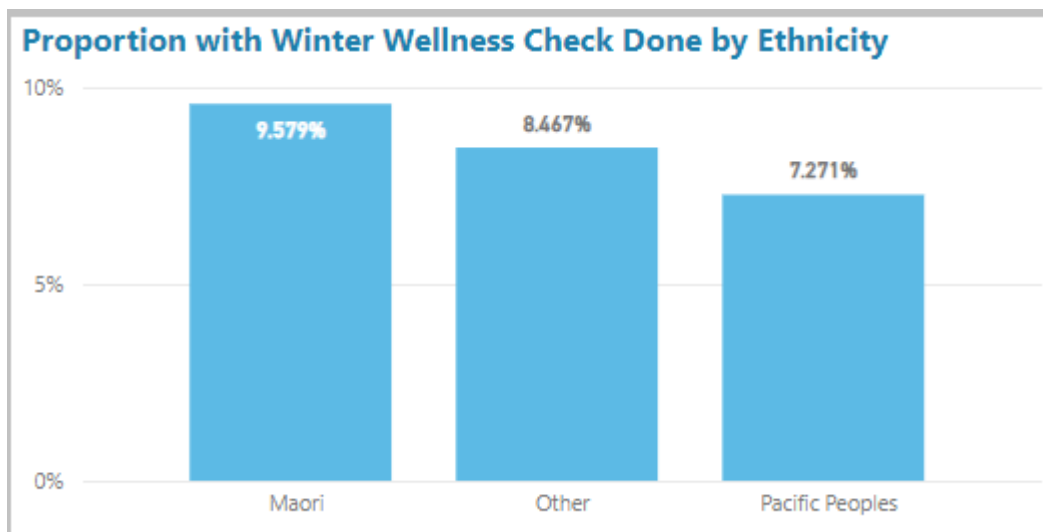
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Winter Wellness Check extended until 7 July

As of 27 June 2023, there have been 2024 Winter Wellness claims submitted across the rohe. This represents a huge effort from general practice staff, and we thank you for your efforts. As mentioned previously, we will be evaluating the impact for patients of the winter wellness checks both quantitatively and qualitatively.

The Winter Wellness Checks were planned to end on **30 June 2023**, however, due to demand and spare capacity, **we will extend the service for 1 week until 7 July 2023**.

Investigating the breakdown of Winter Wellness checks by ethnicity (shown below), we can see that eligible Pasifika patients are receiving the check at a lower rate than Māori patients and non-Māori, non-Pasifika patients. It is great that Māori whānau are accessing the check, so please keep up the excellent work, and perhaps focus on your Pasifika aiga in the last two weeks if you can.



Practice Manager Forums

The Practice Manager Forums are coming up in **August**.

If you have not yet registered, you can register via the link below.

Register here: <https://training.wellsouth.nz/events/675-practice-manager-forum/>

Oamaru - 14 August 2023

Dunedin - 15 August 2023

Cromwell - 21 August 2023

Invercargill - 22 August 2023

The meetings run for two hours and the agenda is still to be confirmed. If you have any questions please contact practicenetwork@wellsouth.org.nz

Best Start Pēpi Assessment - \$50 Voucher

Whānau can now receive a \$50 voucher when a Best Start Pēpi assessment is completed for a Māori baby.

Just submit a Best Start Pēpi assessment for Māori pēpi and click '*Refer to Gen2040*' on the actions tab.

Find out more about GEN2040 and the Best Start assessments on the [WellSouth website](#).

**\$50 VOUCHER
FOR WHĀNAU**

YOU JUST NEED TO:

- Submit a Best Start Pēpi assessment
- For Māori pēpi
- Click 'Refer to Gen2040' on the Actions tab

CONTACT US
Gen2040@nhc.maori.nz

**SIX WEEK PĒPI
GEN2040**

ACC GP Referred MRI Update

This programme has now been in place for nearly 6 months and is providing Southern patients with good access to early high tech imaging for the evaluation of cervical spine, lumbar spine and knee injuries.

The latest version of WellSouth's guidance is on the website and available via this link <https://wellsouth.nz/care-provider/practice-resources/funded-programmes/>

4 further training sessions are scheduled in the coming months. [For more information and to register, please click here](#)

This programme is continuing and may be expanded to include other body sites as time goes on. We encourage as many GPs as possible to become credentialled MRI referrers.

Workforce Development and Training

Reminder Webinar Tonight: Te Whatu Ora webinar series: Collaborating on immunisations in the clinical context

Tuesday 27 June 2023, 7.30pm - 8.45pm

Register here: <https://www.goodfellowunit.org/events-and-webinars/whats-new-immunisations-clinical-context>

Speakers Tamah Clapham and Rochelle Enyon will provide an update on increasing immunisation rates in child health with an equity focus, tips and tricks and "busting" common myths of vaccinating in the community.

Sue Tutty and Luke Luk will discuss 2 relevant clinical cases and Daniel Tsai will speak on the Pharmacy Minor Ailments Service.

ACC GP MRI referral training - New dates available

WellSouth and Habit Health are pleased to announce new dates for the ACC GP MRI Referral Training sessions around the Southern Region:

Tuesday 25 July – Dunedin

Thursday 7 September – Dunedin

Wednesday 18 October – Invercargill

Thursday 2 November – Cromwell

For more information and to register, please [click here](#).

Upcoming Training and Education courses

[Advance Care Planning](#)

[Proposed Transfer of Care Framework Webinar](#)

[HealthPathways Webinar Series](#)

[CPR Update Sessions](#)

Other [Workforce Development](#) opportunities.

Southern Nurses Conference - Save the date



Southern Nurses Conference

Save the Date

13th - 14th October 2023
Ōtepoti, Dunedin

Date: 13 - 14 October 2023
Location: Ōtepoti Dunedin

We are pleased to announce our upcoming Southern Nurses Conference for 2023. More details will be provided about the conference agenda and speakers in the coming months, but for now please save the date. Registrations will open in **July 2023**.

Whole grains for health: University of Otago Research study

The University of Otago Department of Medicine are conducting a research study to find out whether eating wholegrain foods for 12 weeks helps improve blood glucose control in type 2 diabetes.

In this study, half of the participants will be given wholegrain foods that are minimally processed, and the other half wholegrain foods that are more processed.

The wholegrain foods (bread, oats, rice, couscous) will be delivered to participants, and they are asked to 'replace the grain foods they normally eat with the grain foods provided'.

The study is for adults with T2 living in Otago, Southland, and Canterbury.

For further information on the study, follow this link: <https://www.otago.ac.nz/dsm-medicine/research/otago835238.html>

[Whole grains for health: research study poster](#)



**Whole grains for health:
Research study**

Pū kakano mo te hauora

 **UNIVERSITY
of
OTAGO**
Te Whare Hōwhiri o Otago
NEW ZEALAND

otago.ac.nz/wholegrains

About this newsletter

WellSouth Update is a regular e-newsletter for general practice teams, community pharmacy and other providers in Southland and Otago.

Previous issues of this newsletter are available on the [WellSouth website](#).

To subscribe or to provide feedback or submissions, please email communications@wellsouth.org.nz Thank you.



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