

## **Pepeha**

Tēnā koutou katoa  
Ko (mountain)... tōku maunga  
Ko (river)..... tōku awa  
Ko (tribe)..... tōku iwi  
Nō (birth place)..... ahau  
Ko (live)... tōku papa kainga  
Ko (name)..... ahau  
Kei (organisation).....  
..... ahau e mahi ana  
He (profession)..... ahau  
Nō reira, tēnā koutou, tēnā  
koutou, tēnā tātou katoa.



## **Karakia timatanga (To open)**

Whakataka te hau ki te uru  
Whakataka te hau ki te tonga  
Kia mākinakina ki uta  
Kia mātaratara ki tai  
E hī ake ana te atakura  
He tio, he huka, he hau hū  
Tīhei mauri ora!

## **Karakia whakamutunga (To close)**

Unuhia, unuhia  
Unuhia ki te uru tapu nui  
Kia wātea, kia māmā, te  
ngākau, te tinana, te wairua  
i te ara takatā  
Koia rā e Rongo, whakairia  
ake ki runga  
Kia tina! TINA! Hui e! TĀIKI E!

## Karakia mō te kai (To bless food)

Nau mai e ngā hua  
o te wao  
o te ngakina  
o te wai tai  
o te wai Māori  
Nā Tane  
Nā Rongo  
Nā Tangaroa  
Nā Maru  
Ko Ranginui e tū iho nei  
Ko Papatūānuku e takoto nei  
Tuturu whakamaua  
Kia tina! TINA! Hui e! TĀIKI E! I



## Waiata - Manu Tiria

*Manu tiria, manu werohia  
Ki te poho o Te Rāka  
Ka tau Rērere  
Ka tau mai i Te Ruhi  
E tau e koia  
Koia, koia  
Ko tārarauriki  
Kī mai i Māui  
Ehara i te whitu, me te  
waru e  
E tau e koia, koia!*

**He mana tō te whānau**  
Whānau Centred

**Tōkeke**  
Equitable

**Manawa whakaute**  
Respectful

**Pono**  
Transparent