

# Low Cost Food & Transport Maps

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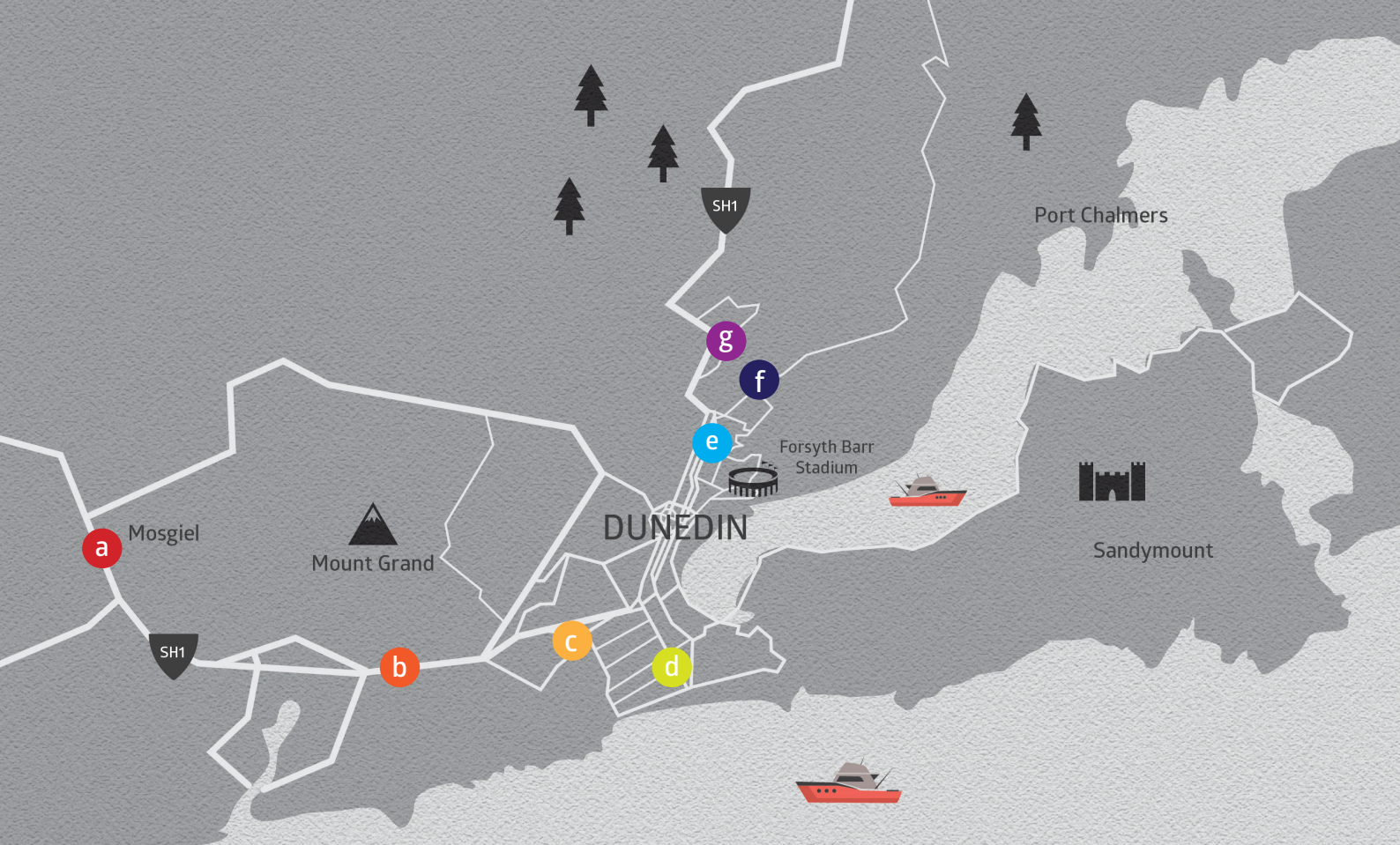
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Food Foraging

To view this information on an interactive map  
go to [goo.gl/5LtUoN](http://goo.gl/5LtUoN)

For further information contact Sophie Carty  
03 477 1163 or [Sophie.Carty@wellsouth.org.nz](mailto:Sophie.Carty@wellsouth.org.nz)

- INFORMATION UPDATED 07 / 2017 -



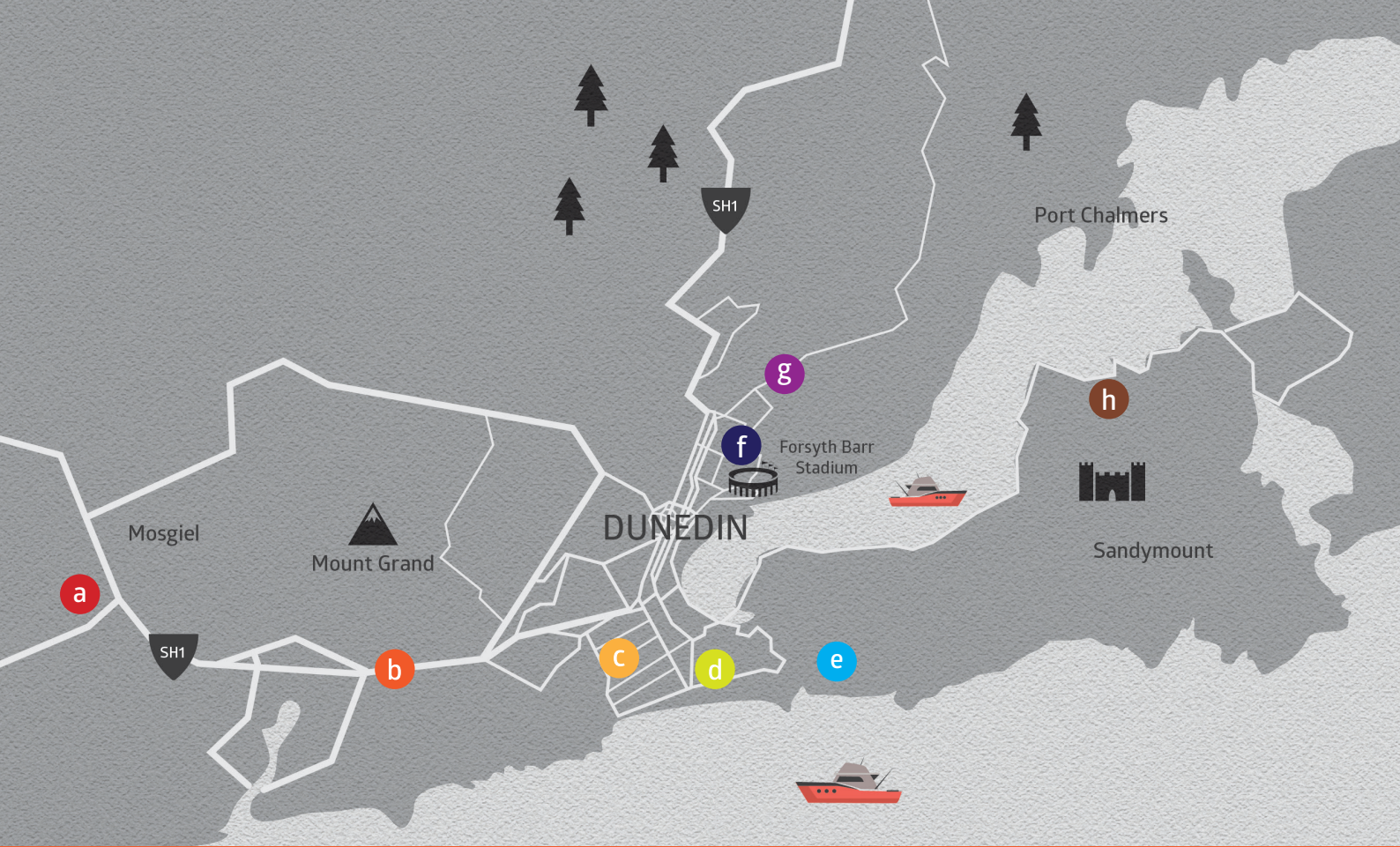
## Fruit & Vegetable Co-ops

### All Saints' Fruit & Veges

Low cost fruit and vegetables

- |   |   |
|---|---|
| <p><b>a</b> <b>ST LUKE'S ANGLICAN CHURCH</b><br/>67 Gordon Rd, Mosgiel 9024<br/><b>OPEN:</b> Thu 12pm - 1pm and 5pm - 6pm</p>                             | <p><b>e</b> <b>ALL SAINTS' ANGLICAN CHURCH</b><br/>786 Cumberland St, North Dunedin 9016<br/><b>OPEN:</b> Thu 8.45am - 10am and 4pm - 6pm</p> |
| <p><b>b</b> <b>ANGLICAN CHURCH</b><br/>1 Howden Street, Green Island, Dunedin 9018,<br/><b>OPEN:</b> Thu 9.30am - 11am</p>                                | <p><b>f</b> <b>ST MARTIN'S</b><br/>194 North Rd, North East Valley, Dunedin 9010<br/><b>OPEN:</b> Thu 4.30pm - 6pm</p>                        |
| <p><b>c</b> <b>CAVERSHAM PRESBYTERIAN CHURCH</b><br/>Sidey Hall, 61 Thorn St, Caversham, Dunedin 9012,<br/><b>OPEN:</b> Thu 10am - 11am and 5pm - 6pm</p> | <p><b>g</b> <b>ST THOMAS' ANGLICAN CHURCH</b><br/>1 Raleigh St, Liberton, Dunedin 9010,<br/><b>OPEN:</b> Thu 5pm - 6pm</p>                    |
| <p><b>d</b> <b>HOLY CROSS CHURCH HALL</b><br/>(Entrance off Bellona St) St Kilda, South<br/>Dunedin 9012 <b>OPEN:</b> Thu 4pm - 5.30pm</p>                |   |

\* ORDER 1 WEEK IN ADVANCE



# Community Gardens

Land gardened collectively with the opportunity to exchange labour for produce.

**a**

## EAST TAIERI COMMUNITY GARDEN

Cemetery Rd, East Taieri 9024  
**INFO:** Contact Ruth on 489 6266, 027 472 1899 or glenrivett@slingshot.co.nz

**e**

## TOMAHAWK COMMUNITY GARDEN

28 Oregon St, Ocean Grove, Dunedin 9013  
**INFO:** tomahawkcommunitygarden@gmail.com  
 0272169809 or [Facebook](#) /TomahawkCommunityGarden

**b**

## GREEN ISLAND COMMUNITY GARDEN

Shand St, Green Island, Dunedin 9018  
**INFO:** communitygarden.gi@gmail.com or [Facebook](#) /GreenIslandCommunityGarden

**f**

## OTAGO POLYTECHNIC LIVING CAMPUS

Harbour Terrace, North Dunedin, 9016  
**INFO:** kim.thomas@op.ac.nz or www.op.ac.nz/assets/Sustainability/Living-Campus-.pdf

**c**

## BATHGATE PARK SCHOOL COMMUNITY GARDEN

213 Macandrew Road, South Dunedin 9012  
**INFO:** Contact +64 3-455 3421 or www.bathgatepark.school.nz

**g**

## NORTH EAST VALLEY COMMUNITY GARDEN

Longworth St, North East Valley, Dunedin 9010  
**INFO:** Contact Jenny Roxborough garden@northeastvalley.org

**d**

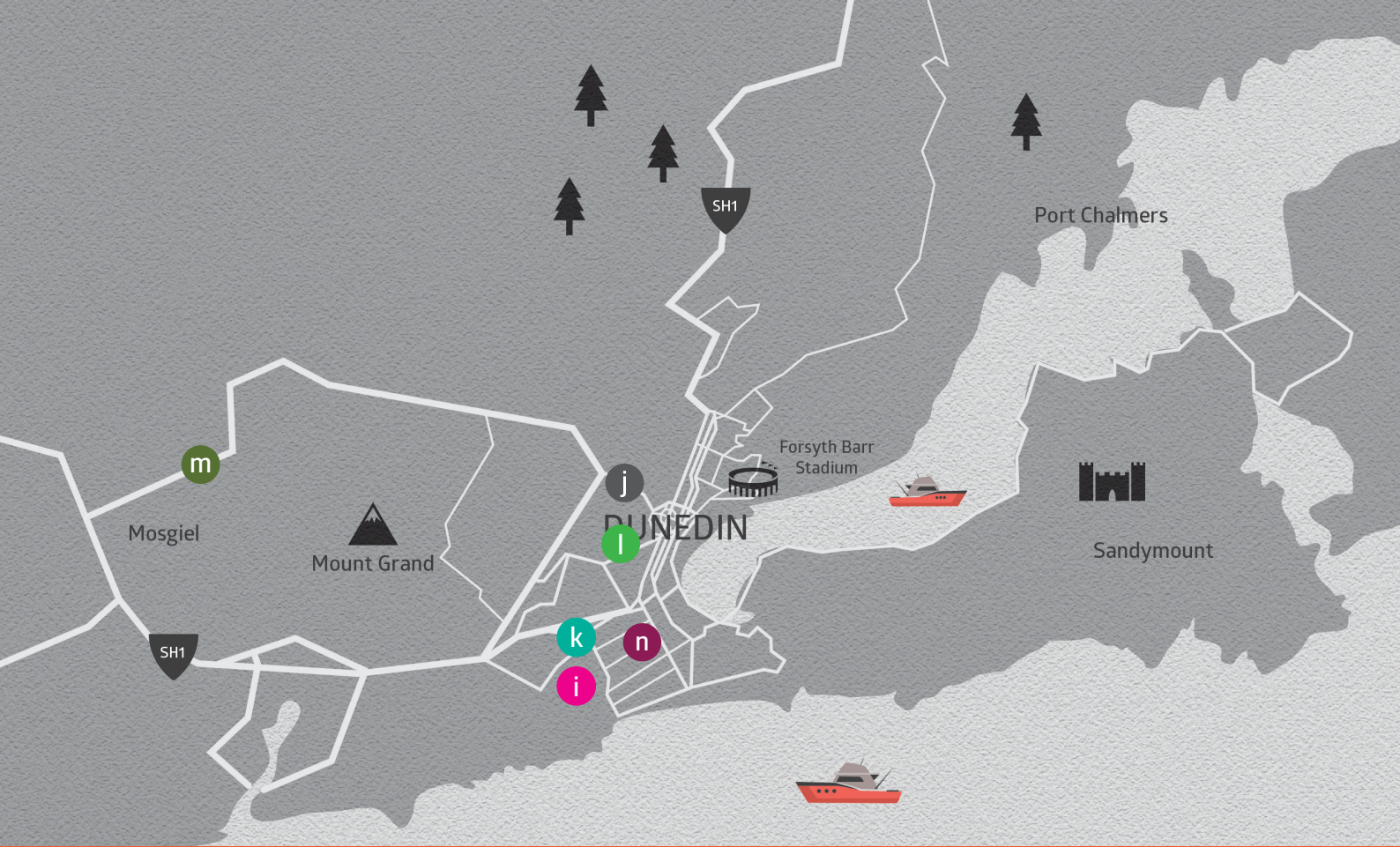
## MUSSELBURGH SCHOOL COMMUNITY GARDENS

34 Marlow St, Musselburgh, Dunedin 9012  
**INFO:** Contact Lien 03 477 7915 / 021 0606 108 or Musselburgh School 4554 4586

**h**

## BROAD BAY COMMUNITY GARDEN

Clearwater St, Broad Bay, Dunedin 9014  
**INFO:** Phone 4780 560 / Cell 021 207 3079 or [Facebook](#) /Broad-Bay-Community-Gardens-197580873643403



## Community Gardens

Land gardened collectively with the opportunity to exchange labour for produce.

i

**CORSTOPHINE COMMUNITY GARDEN**  
Corstorphine Community Hub,  
8 Lockerbie St, Dunedin 9012  
**INFO:** [f](#) /CorstorphineCommunityHub or  
corstorphinecommunityhub@gmail.com

l

**MORNINGTON COMMUNITY GARDEN**  
45 Maori Rd, Jubilee Park, Old Kaituna Club, Mornington,  
Dunedin 9016  
**INFO:** Annika Korsten 021 343 260  
annika@malcam.org.nz

j

**SHETLAND ST COMMUNITY GARDEN**  
26A Shetland St, Wakari, Dunedin 9010  
**INFO:** greengothic@clear.net.nz  
Ph 4780 311 / Cell 021 116 8320

m

**COMMUNITY MARKET GARDEN**  
289 Factory Rd, Mosgiel 9092.  
**INFO:** Annika Korsten 021 343 260  
annika@malcam.org.nz

k

**ARAI TE URU WHARE HAUORA MAARA KAI**  
25 College St, Caversham, Dunedin 9012  
**INFO:** Dee-Jay Collins – 027 258 3704

n

**CATHOLIC SOCIAL SERVICES GARDEN**  
FREE PRODUCE - no labour exchange required  
42 Macandrew Rd, South Dunedin 9044  
**INFO:** Paul Barham Ph (03) 455 3838  
Cell 021 02392141 paul@cathsocialservices.org.nz



## Community Orchards

Shared orchards which can have fruit, nuts or berries, volunteering opportunities are often available.

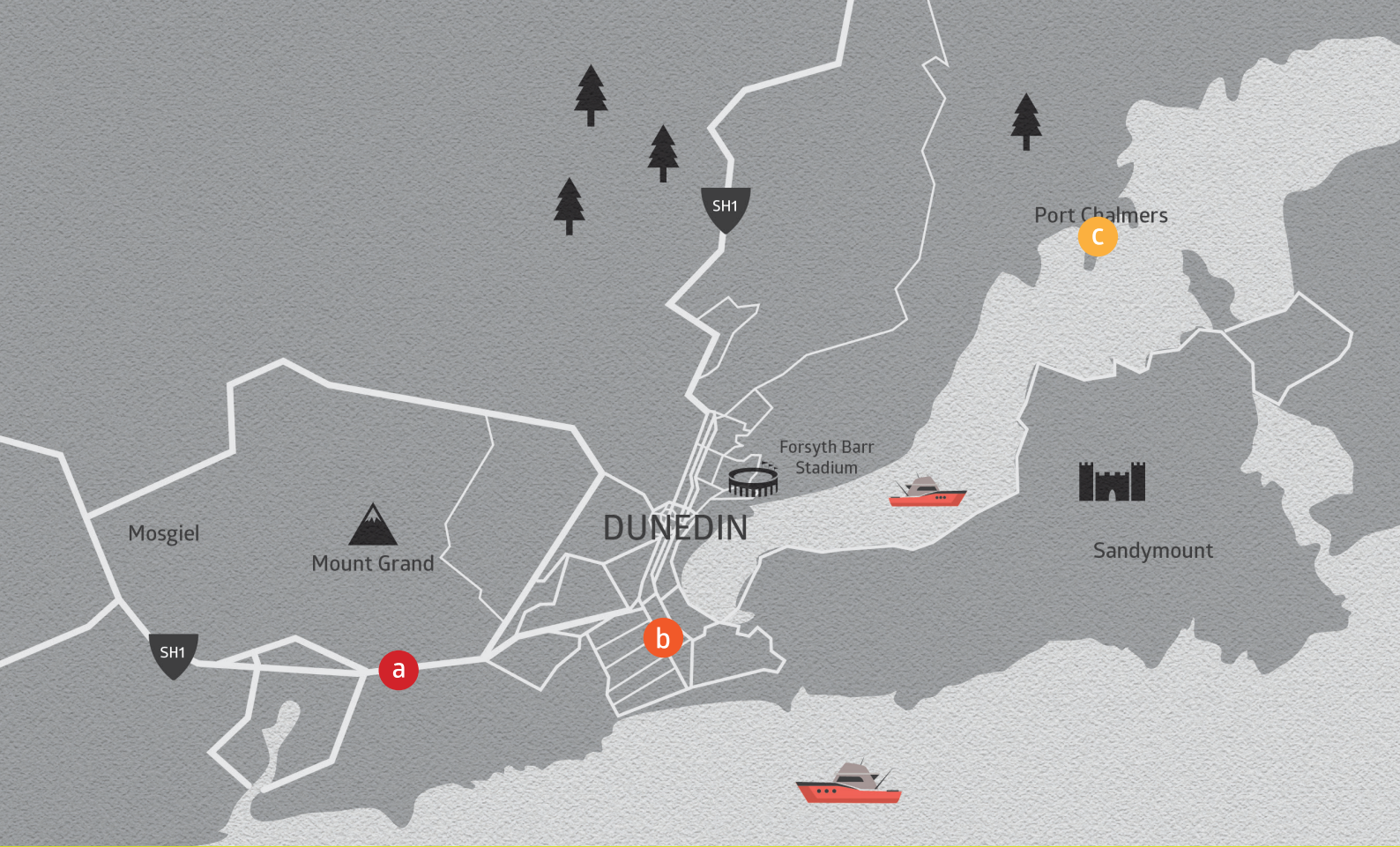
- a** **COMMUNITY ORCHARD AT FRASERS GULLY**  
72 Caldwell St, Brockville, Dunedin 9011  
**INFO:** Contact Maria Laufiso  
476 3072 or bcdp\_worker@vodafone.co.nz

**e** **NORTH EAST VALLEY**, Dunedin 9010  
**INFO:** To volunteer contact  
tv473ig@list.king.net.nz
- b** **PINE HILL PARK**  
Pine Hill Rd, Dunedin,  
**INFO:** To volunteer contact  
tv473ig@list.king.net.nz

**f** **CALDER AVENUE**, Dunedin 9010  
**INFO:** To volunteer contact  
tv473ig@list.king.net.nz
- c** **WILKINSON STREET**, Liberton, Dunedin 9010  
**INFO:** To volunteer contact  
tv473ig@list.king.net.nz

**g** **BUCHANAN STREET**, North East Valley,  
Dunedin 9010 **INFO:** To volunteer contact  
tv473ig@list.king.net.nz
- d** **HISLOP STREET**, Liberton, Dunedin 9010  
**INFO:** To volunteer contact  
tv473ig@list.king.net.nz

**h** **DUNEDIN VEGETABLE GROWERS CLUB**  
33 Royal Cres, St Kilda, Dunedin 9012  
**INFO:** Contact Carol Henderson  
03 454 4625 or dvvc.co.nz



# Food Distribution Centres

Food for families in need.

**a**

**GREATER GREEN ISLAND FOOD SHARE DISTRIBUTION CENTRE.**

St Margaret's Presbyterian Church, 208 Main South Road, Green Island.

For more information please phone a Community Worker on 470 0814.

Email [amandar@psotago.org.nz](mailto:amandar@psotago.org.nz) or [leannes@psotago.org.nz](mailto:leannes@psotago.org.nz) [www.greatergreenisland.nz](http://www.greatergreenisland.nz)

**b**

**CATHOLIC SOCIAL SERVICES**

45 Macandrew Rd, South Dunedin, Dunedin 9012. Phone 03 455 3838

Distributed on Mondays and Wednesday's after 12.30pm. Community lunches are also run.

**c**

**PIONEER HALL PORT CHALMERS**

45 George St, Port Chalmers, Dunedin

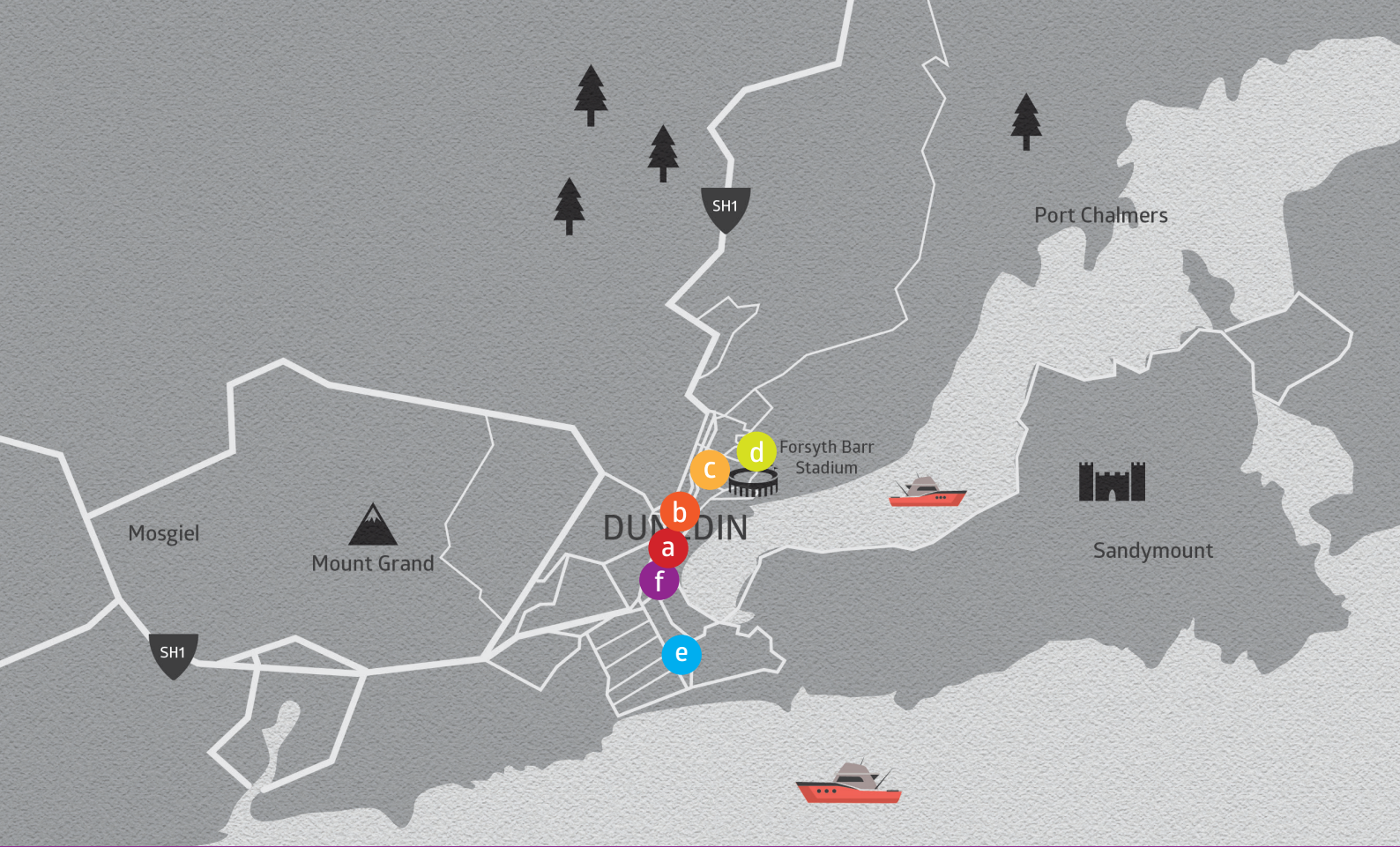
Pioneer Hall distributes food parcels on a Friday.



## Food Banks

Low cost and free food available to those in need of emergency help.

- a** **ST VINCENT DE PAUL FOOD BANK**  
452 George St, North Dunedin, 9016. Monday - Friday 11am - 2pm  
No appointment needed. Food parcels consist of three days worth of meals, and other basic necessities.
- b** **SALVATION ARMY FOOD BANK**  
160 Crawford St, Dunedin, 9016. Phone: (03) 477 9852
- c** **MOSGIEL FOODBANK**  
Taieri Christian Care, 2 Wickliffe St, Mosgiel 9024. Open Monday - Friday 10am-11.45am
- d** **PRESBYTERIAN SUPPORT OTAGO**  
407 Moray Place, Dunedin Central. Phone 477 7116. Open 8.30am - 5pm.



## Healthy Eating Services

Free opportunities to learn about diet, cooking and healthy eating.

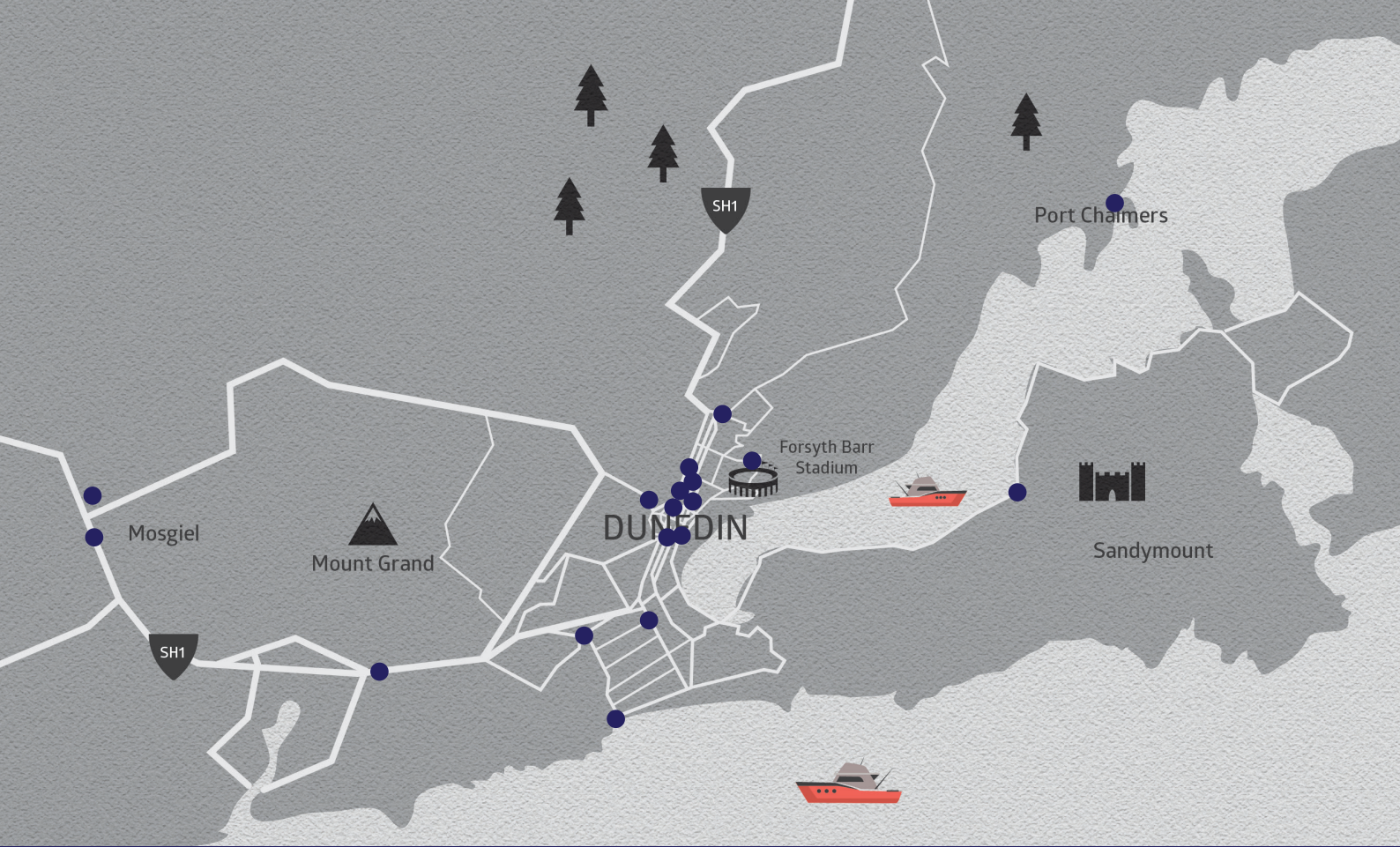
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|--|---|
| <p><b>a</b></p> <p><b>FREE HEALTHY EATING CLASSES</b><br/>WellSouth Primary Health Network<br/>333 Princes St, Dunedin, 9016<br/>Phone Amy Lowry 03 477 1163 to book</p>   | <p><b>d</b></p> <p><b>GREEN PRESCRIPTION - FREE STUDENT DIETITIAN ACCESS</b><br/>40 Logan Park Dr, North Dunedin, 9016<br/>Freephone 0800 776 786<br/>Email grx@sportotago.co.nz</p>  |
| <p><b>b</b></p> <p><b>SENIOR CHEF - AGE CONCERN OTAGO</b><br/>25 Bath St, Dunedin, 9016<br/>Phone 03 4771040, Free for overs 65s living alone or with one other person</p> | <p><b>e</b></p> <p><b>THE HUB - FREE COOKING CLASSES FOR PARENTS WITH CHILDREN AGED 0-6 YEARS</b><br/>158 Oxford St, South Dunedin<br/>Thursday: 10am-1pm Phone: 03-466 3407</p>  |
| <p><b>c</b></p> <p><b>HEART FOUNDATION</b><br/>206 Hanover St, Dunedin, 9016<br/>Phone:03-477 3999<br/>Free healthy eating resources and cook books</p>                    | <p><b>f</b></p> <p><b>SUPERGRANS</b><br/>Level 1, 365 Princes Street, Dunedin 9016<br/>Email: Supergrans.dunedin@xtra.co.nz<br/>Phone: 03 474 0582<br/>Shopping tips, budgeting, cooking, food growing, preserving and more</p> |



# Transport

## Free and low cost transport solutions

- a** **THE VALLEY PROJECT - FREE BIKE FIXING 11**  
 Allen St, North East Valley, Dunedin 9010  
 Help fix up a bike, then take it away for a koha.  
 Saturdays: 10.30am - 1.30pm for bike fixing  
 Tuesdays: 3.30 - 5pm for bike repairs
- b** **THE CROOKED SPOKE**  
 111 Moray Pl, Dunedin 9016  
 A DIY bicycle workshop in Dunedin.  
 Current hours:  
 Wednesday 4 - 6pm & Friday 4 - 8pm
- c** **RED CROSS COMMUNITY TRANSPORT SERVICE**  
 31 York Place, Dunedin, 9016. A free transport service to help people get to their health appointments. This service is delivered by volunteers and runs on donations. You will need to get your health practitioner to refer you to the service. Call 07 477 1527 if you have any questions.
- d** **PLUS + BUS**  
 Shopping bus - assists mainly elderly clients and disadvantaged to get to local supermarkets and shop for groceries. Van has a retractable lower step. \$7  
**Return.** Ph: 03 455 4050 to book. Timetable:  
**Tuesday**  
 9.00am Hill (Mornington/Wakari/Halfway Bush) suburbs to Countdown Mornington  
**Wednesday**  
 9.00am South and Hill (Brockville) suburbs to Countdown Dunedin South  
 1.00pm South suburbs to Pak'n'Save  
**Thursday**  
 9.00am South suburbs to Pak'n'Save  
 1.00pm South (incl Waverley) suburbs to Countdown A/Bay



# Transport

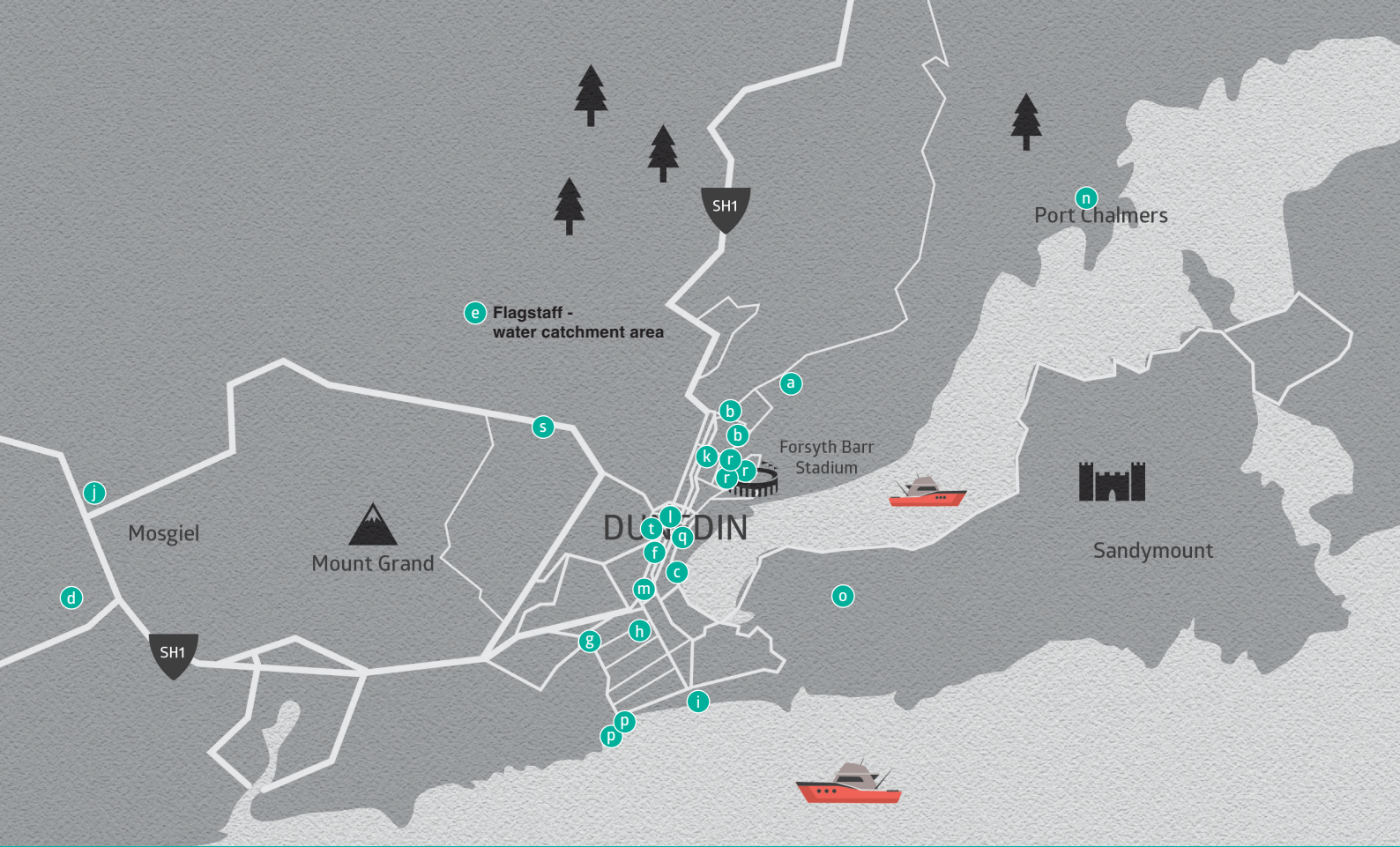
Free and low cost transport solutions

## ● Bike Stands are located on the following streets...

Crawford Street  
George Street  
Cumberland/High  
Dowling Street  
Great King St Nth  
Water Street

Moray Place  
Queens Drive  
Hillside Rd  
South Rd  
Portobello Road  
Main South Road

Hartstonge Avenue  
Close to Lanark St  
Bank St  
Logan Park Dr  
Beach St  
Esplanade

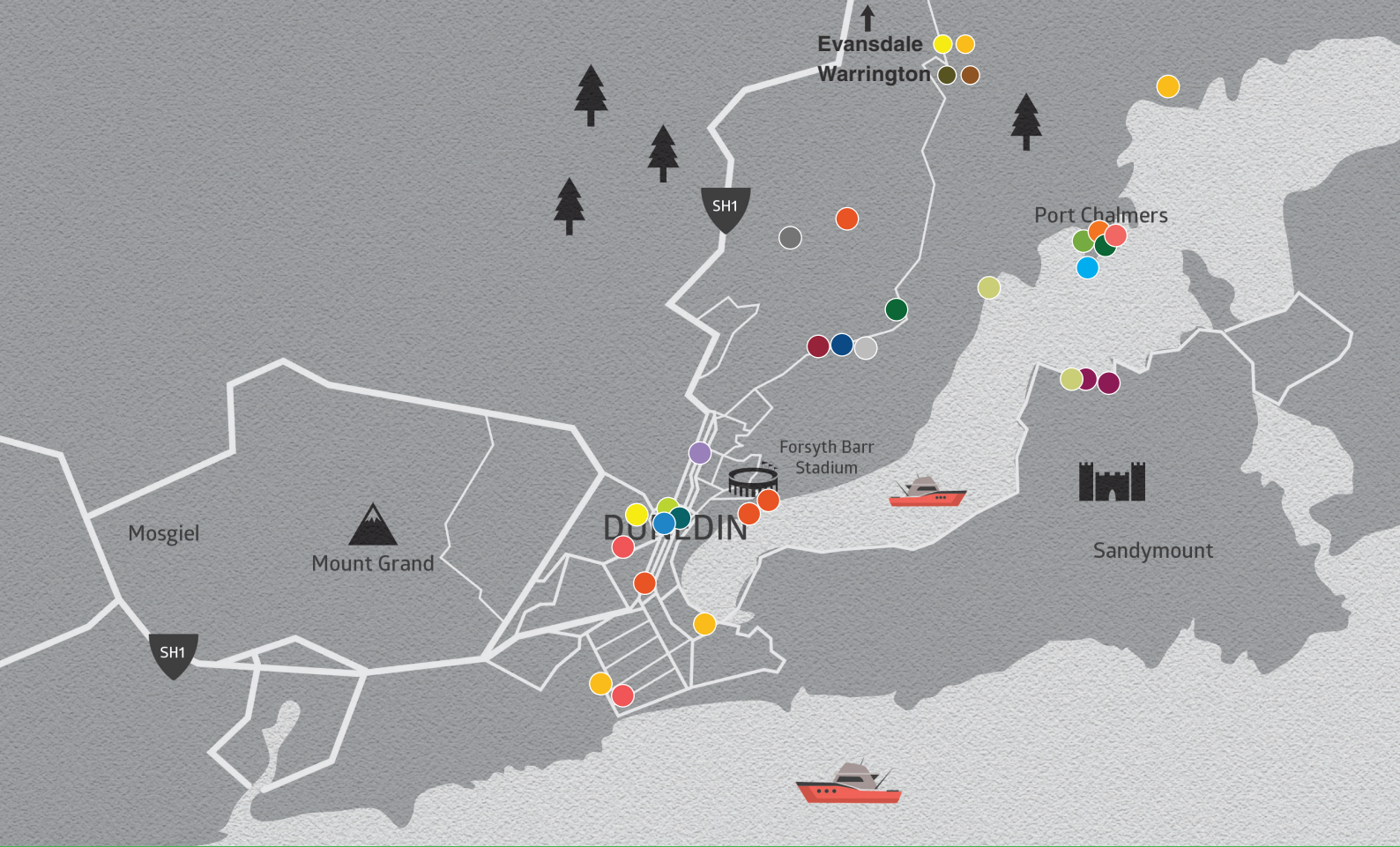


## Water Fountains

Free drinking water in and around the city.

Water fountains are located on the following streets...

- |   |  |
|---|--|
| a Baldwin Street                            | l Octagon  |
| b Botanic Garden                            | m Oval - by Jean Mclean Pavilion                     |
| b Botanic Garden                            | n Port Chalmers Place                                |
| c Custom House Quay                         | o Rotary Park Dog Park                               |
| d East Taieri Dog Park                      | p St Clair Esplanade                                 |
| e Flagstaff - water catchment area          | p St Clair Esplanade                                 |
| f Highgate                                  | q Thomas Burns Skate Park                            |
| g Kew Park Dog Park                         | r University Oval                                    |
| h Lorne/Rankeilor Street reserve area       | r University Oval                                    |
| i Marlow Park                               | r University Oval                                    |
| j Mosgiel Memorial Gardens                  | s Wakari Park Dog Park                               |
| k Corner of St David and Cumberland Streets | t Free Water Tap, Speights Ale House, 200 Rattray St |



## Food Foraging

Free food available seasonally. For more accurate location details go to: [goo.gl/5LtUoN](https://goo.gl/5LtUoN)

- |   |  |   |
|---|--|---|
| <span style="color: #90EE90;">●</span> Pear Trees     | <span style="color: #8A2BE2;">●</span> Elderberry Trees    | <span style="color: #00BFFF;">●</span> Parsley          |
| <span style="color: #800080;">●</span> Cherry Plums   | <span style="color: #9ACD32;">●</span> Oregano             | <span style="color: #696969;">●</span> Elderberry Trees |
| <span style="color: #FF4500;">●</span> Fig Trees      | <span style="color: #008080;">●</span> Thyme               | <span style="color: #A9A9A9;">●</span> Wild Garlic      |
| <span style="color: #FF8C00;">●</span> Walnut Trees   | <span style="color: #1E90FF;">●</span> Rosemary            | <span style="color: #00008B;">●</span> Fruit Trees      |
| <span style="color: #008000;">●</span> Plum Trees     | <span style="color: #FFFF00;">●</span> Apple Trees         | <span style="color: #DC143C;">●</span> Chilean Guava    |
| <span style="color: #32CD32;">●</span> Miners Lettuce | <span style="color: #FF69B4;">●</span> Crabapple Trees     | <span style="color: #654321;">●</span> Pipi             |
| <span style="color: #FF4500;">●</span> Chestnut Trees | <span style="color: #FFD700;">●</span> Banana Passionfruit | <span style="color: #8B4513;">●</span> Cockles          |