



SDHB Education Book

Otago 2022

Practice Development Unit

“Te Mahi Ngatahi O Akoranga – The Partnership of Learning”

Contents

Introduction	2
Advanced Cardio-Respiratory Workshops	3
Cardio-Respiratory Workshops	5
CVAD Workshop.....	7
Deteriorating Patient Workshop.....	9
Epidural Workshops - Obstetrics	10
Immediate Life Support Refresher.....	11
Immediate Life Support Instructor Workshop.....	12
IV Cannulation and Venipuncture Workshops.....	13
Kā HuruHuru Kea: Person-centred care & understanding behaviour.....	14
Midwifery Emergency Skills Day	15
Newborn Life Support Full Day Workshop (NZRC)	16
NZRC CORE: Advanced Rescuer Course	17
Patient Perioperative Journey	20
PDRP Assessor Education Sessions	21
PDRP Portfolio Workshop Otago – ‘Making it easy’	23
PROMPT – Practical obstetric multi-professional training	26
Preceptorship Workshop	27
Queen Mary Mandatory Training Workshop.....	29
Safe Moving & Handling Train the Trainer Workshop.....	30
Te Tiriti o Waitangi & Cultural Humility	31
Telemetry Training.....	32
Tikanga & Te Reo	33
Wound Care Implications & Treatments Workshop.....	34
Wound Care Competency Workshop (NPWT & Compression)	36

Introduction

This booklet outlines the training opportunities that are available in 2022 for **current and future Healthcare Workforce** staff via the Southern DHB Otago Practice Development Unit. The booklet is designed to assist you in making informed education choices to meet both mandatory education requirements and your own professional development. An electronic copy of this booklet can be found on the Otago Practice Development SharePoint site.

Every effort has been made to ensure the accuracy of the information included in this booklet at the time of printing. However scheduled sessions may change so please check the electronic version of this book on the Otago Practice Development SharePoint site.

<https://pulse.southerndhb.govt.nz/ws/PDU/SitePages/Home.aspx>

Venues for education sessions are stated on each programme outline and are governed by room availability so take careful note of the designated location. Some sessions have a maximum number of participants, so it is important that you register through the appropriate contact person as per the details on the programme outline. Each programme outline indicates the suitable target audience.

To register, follow the required processes in your practice area i.e., discuss with or register through your manager. If, at a later date, you are unable to attend, please contact the course facilitator and your line manager as soon as possible so that you can withdraw from the course and allow for others to fill the space. You may be offered an alternative date by the facilitator if sessions are oversubscribed. Additional sessions may also be scheduled according to demand.

Each programme outline indicates if there is a cost involved. On the whole there is no charge for education in 2022.

MENTAL HEALTH ONLY

Mental Health Addictions and Intellectual Disability Services publish the 2022 District Training Calendar for both Invercargill and Dunedin on their SharePoint site at the following link:

<http://pulse.southerndhb.govt.nz/ws/mhedu/Lists/Calendar/calendar.aspx>

The Excel Training Planner is located at our SharePoint site and outlines events for the entire year with details on how to book into the relevant workshops.

You may navigate to it by selecting '**Useful Links District**' from the Pulse main page:

- SharePoint Services
- Mental Health Education and Training
- Shared documents all DHB Staff
- Training Planner (Excel spread sheet)

Advanced Cardio-Respiratory Workshops

Aims / Purpose:

The aim of this workshop is to provide Nurses with advanced knowledge in Cardiology and Respiratory Nursing. The workshop is divided into two 3 and a half hour sessions. The Respiratory workshop is in the morning and a Cardiology workshop in the afternoon.

Desired Learning Outcomes:

This workshop will provide more advanced skills and builds on top of the Cardio-Respiratory Workshops.

The respiratory morning session will discuss spirometry, blood gas interpretation, management of breathlessness, palliation, and case studies.

The cardiology afternoon will present a case scenario, cardiogenic shock, temporary and permanent pacing, cardiac catheterisation and the intra-aortic balloon pumps with more advanced cardiac anatomy and physiology.

Content:

Respiratory Workshop	Cardiology Workshop
<ul style="list-style-type: none"> - Non-invasive ventilation (minimal). - Spirometry. - Blood gas interpretation. - Management of breathlessness or palliation - Case Studies 	<ul style="list-style-type: none"> - Advanced cardiac anatomy and physiology. - Understanding cardiogenic shock. - Temporary and permanent pace making. - Cardiac catheterisation, intra-aortic balloon pumps.

Day	Dates	Venue
Tuesday	17 th May 2022	Fraser Room A
Tuesday	25 th October 2022	Fraser Room A
Target Audience	Nurses and Allied Health. Hospital and community-based health professionals.	
Start time & Duration	08:45 hours – 8.5 hours	
Facilitator	Jo Robertson-Smith – Cardiology Workshop Debbie Hannah – Respiratory Workshop	

Additional Information	<p>Participants are welcome to attend the full workshop or just the morning or afternoon session.</p> <p>Please make this clear when enrolling.</p>	
Bookings	Employee Connect	
	Name & Phone	Jo Robertson-Smith – internal 58436 or 0275910959
	Email	Joanne.robertson@southerndhb.govt.nz

Cardio-Respiratory Workshops

Aims / Purpose:

The aim of this workshop is to improve nurses' fundamental cardiology and respiratory knowledge.

The workshop is divided into two 3 and a half hour sessions.

The cardiology workshop is in the morning and a respiratory workshop in the afternoon.

Desired Learning Outcomes:

The ECG workshop will provide an introduction to several areas, which includes, achieving a good quality 12 lead ECG recording, understanding the cardiac electrical conduction pathway (a basic understanding of cardiac anatomy and physiology is also revisited), and the difference in ischemia and infarction with basic ECG recognition. Heart failure is also presented.

By the end of the respiratory afternoon session nurses will appreciate the importance of thorough respiratory assessment and the underrated the difference between asthmas and COPD. Participants will gain an awareness of the fundamentals of disease management and the role of inhaled therapies.

Content:

ECG Workshop	Respiratory Workshop
<ul style="list-style-type: none"> - Understanding the electrical cardiac cycle and ECG - Rhythm recognition (e.g., sinus rhythm, ectopic heart beats, basic heart block and AF). – - Taking a 12 lead ECG and trouble shooting. - Infarction and ischemia on ECG. - Heart Failure 	<ul style="list-style-type: none"> - Respiratory assessment. - Basic asthma and COPD pathophysiology. - Fundamentals of disease management. - Practice in inhaler use.

Day	Dates	Venue
Tuesday	1 st March 2022	Fraser Room A
Tuesday	5 th July 2022	Fraser Room A
Tuesday	15th Nov 2022	Fraser Room A
Target Audience	Registered and Enrolled Nurses. Hospital and community-based health professionals.	
Start time & Duration	08:30 hours	

Facilitator	Jo Robertson-Smith – Cardiology Workshop Debbie Hannah – Respiratory Workshop	
Additional Information	Participants are welcome to attend the full workshop or just the morning or afternoon session. Please make this clear when enrolling.	
Bookings	Employee Connect	
	Name & Phone	Jo Robertson-Smith – internal 58436 or 0275910959
	Email	Joanne.robertson@southerndhb.govt.nz

CVAD Workshop

Desired Learning Outcomes: Registered Nurses will be introduced to evidence-based theory and best practice guidelines when caring for the patient with any type of CVAD device in-situ.

Content Description:

- Anatomy & physiology
- Types & indications for CVAD
- ANTT
- CVAD maintenance
- Blood sampling and blood cultures
- Introduction of Complications and troubleshooting
- Alteplase administration
- Practical demonstrations throughout the day

Day	Date	Venue
Mondays	21 st Feb 21 st Mar 9 th May 13 th June 11 th July 8 th Aug 12 th Sept 10 th Oct 21 st Nov 12 th Dec	Fraser Room A, 1 st Floor Fraser Building, 464 Cumberland St, Dunedin.
Target Audience	Registered Nurses	
Start Time and Duration	0830 – 1630hrs	
Attendee Limit	35 (Southern DHB) 15 (Otago Trust Hospitals/External Services)	
Facilitator	Derek Smith	
Additional Information	Reading material handed out on the day	
Bookings	Otago	Derek Smith (IV CNS) 0275620078 Derek.smith@southernhnb.govt.nz

	Employee Connect	Set up on Employee Connect as 'CVAD workshop'
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Deteriorating Patient Workshop

Aims / Purpose:

“Learning meets experience”

This study day has been designed to increase your confidence around the core elements of early detection and management of those who are at risk of deteriorating, or who are deteriorating. Elements such as physical assessment, ISBAR and Early Warning Score. These tools will assist to hone your skills and explore how to apply them in situations where your patient’s need you to aim for optimal outcomes.

Desired Learning Outcomes:

- Recognise importance of early detection of deterioration in patients
- Advancing clinical judgement using standardised clinical tools and assessment
- Understand the importance of vital signs
- Know what is normal for the individual patient and therefore what is abnormal for that patient

Content:

- Case scenario presentation
- Discussion: why patients deteriorate
- EWS/ISBAR – escalation skills
- Skill stations
- Reflection and application

Day	Dates	Venue
Tuesdays	22 nd March 14 th June 20 th September 22 nd November	Fraser B, Practice development unit, 1 st floor, Fraser building.
Target Audience	Enrolled and Registered nurses, and rotational Physiotherapists	
Time	08:30-16:00	
Facilitator and Contact	Bronwyn McGuire Bronwyn.McGuire@Southerndhb.govt.nz	
Bookings	Via Employee Connect	

Epidural Workshops - Obstetrics

Available for External Attendees: YES

Workshop Content: A 3.5-hour workshop around Epidurals in Obstetrics. Pre course quiz and pre reading, post course quiz & work sheet to complete with Anaesthetist on the day. SIM and troubleshooting pump included

Desired Learning Outcomes: Participant will feel confident and competent caring for a woman with an epidural in situ and Patient controlled Epidural Anaesthesia (PCEA)

Dates	All Tuesday's 15 th February, 31 st May, 16 th August, 15 th November
Venue	Quenelle Room, 2 nd floor DPH
Start Time & Duration	08:30 sharp -12 Midday
Additional Information	Certificate will be issued once pre and post Quizzes have been marked
Target Audience	Core Midwives & LMC's
Facilitator	Dr Steve Hillier or nominated other e.g., Dr Julie Thompson
Bookings	Book through Midwifery Educator via an email Wendy.Munro@southerndhb.govt.nz

Immediate Life Support Refresher

Desired Learning Outcomes:

Yearly update to ensure our staff are prepared for cardiac arrest and choking.

Workshop Content:

- Immediate life support for adult, child, and infant.
- Choking algorithm for adult, child, and infant.

Dates	15 February 29 March 26 April 30 May 21 June 27 July 30 August 27 September 25 October 29 November 20 December
Venue	Otago Clinical Skills Laboratory, 2 nd Floor, Fraser Building
Target Audience	All DHB staff who do not have an SDHB Approved Instructor/Assessor in their area of work
Time	09:00 – 10:30
Attendee Limit	Minimum of 5 / Maximum of 12
Facilitator	Resuscitation Coordinator- Bronwyn McGuire
Bookings	Enrol via Employee Connect
Additional Information	Complete the appropriate Quiz before attending. You can access this from HealthLearn. More information emailed out the week prior to attendance

Immediate Life Support Instructor Workshop

Desired Learning Outcomes:

The Workshop is designed to create approved Immediate Life Support Assessor / Instructors which will enable local practical CPR updating and revalidation for staff in individual areas – promoting high quality Immediate Life Support and maintaining that quality to a consistent standard across the district with support from the Resuscitation Coordinator

Workshop Content:

- Resuscitation theory and ANZCOR guidelines
- Practical skills and assessment of Immediate Life Support practices

Critiquing and teaching and assessing strategies.

Dates	Feb 28 th May 10 th Oct 11 th
Venue	Otago Clinical Skills Laboratory 2 nd Floor, Fraser Building
Time	09:00-16:00
Additional Information	<ul style="list-style-type: none"> • Email with pre-reading and resources sent to enrolled participants one week prior to workshop. A resource folder is given on the day • Maximum attendance – 8 • Resuscitation information and resources for Immediate Life Support Assessor / Instructors can be found on the PDU SharePoint site via the SDHB Pulse Homepage with additional and resource information available via http://www.nzrc.org.nz/guidelines/ • There is a separate refresher for these 3 yearlies.
Target Audience	This workshop is not limited to health professionals. Anyone keen to enhance and maintain Immediate Life Support practices in their area can choose to be an approved Assessor / Instructor, registered nurses, registered midwives, allied health personnel, administrators, health care assistants, etc.
Facilitator	Resuscitation Coordinator
Bookings	Enrol via Employee Connect or contact the Resuscitation Coordinator Bronwyn McGuire: bronwyn.mcguire@southerndhb.govt.nz A reminder email is sent to enrolled participants three days prior to workshop.

IV Cannulation and Venipuncture Workshops

Desired Learning Outcomes: To introduce the participant to evidence based theoretical and practical information required to perform cannulation and venepuncture.

Content Description:

- Anatomy of veins used for cannulation and venepuncture
- Type and appropriate use of equipment
- Blood sampling
- Infection prevention and control
- Complications and management
- Practical demonstration

Day	Date	Venue
1 st Monday of the month	28 th March 2 nd May 4 th July 1 st August 5 th September 10 th October 31 st October 5 th December	Clinical skills lab Fraser building
Target Audience	Health Professionals	
Start Time and Duration	09:00 to 12:00 (3 hours) OR 13:00 to 16:00 (3 hours)	
Attendee Limit	10	
Facilitator	Derek Smith	
Additional Information	Reading material handed out on day Four observed practical assessments to be handed in to service educator on completion	
Cost	No charge	
Bookings	Employee Connect	Book on Employee Connect under 'IV Cann & Veni (Otago)

Kā Huruuru Kea: Person-centred care & understanding behaviour

Aims / Purpose:

To provide participants with the core knowledge and practical skills in protecting oneself and others when faced with an unexpected client response, confrontation, personal threat, or other crisis situation (Nursing council competency 2.5).

Desired Learning Outcomes:

- Have a clear understanding of the ABC framework to identify the triggers, which supersede undesirable behaviours.
- Apply the TA-DA approach
- Improve communication skills by understanding the effect that body language and your communication style plays in de-escalation
- Building self-awareness and building resiliency

Content:

- Person-centred care
- Communication skills
- How to de-escalate an unexpected client or family/ whanau response
- How to assess for delirium
- Keeping ourselves safe
- Resilience and burnout

Day	Dates 2022	Venue
Thursday	February 24 th March 24 th May 12 th June 30 th September 15 th November 10 th	Fraser B
Target Audience	Southern DHB staff working in all clinical areas- max 20 participants	
Start time & Duration	0830-0430hrs	
Facilitators	Sarah Campion (Restraint Minimisation Coordinator Otago) Helen Paton- Clinical-Neuro Psychologist OPH	
Additional Information	Workbook handed out on the day- please email for PDF version	
Bookings		Employee Connect
	Email	Sarah.Campion@southerndhb.govt.nz

Midwifery Emergency Skills Day

Desired Learning Outcomes:

Core and LMC Midwives will be updated and upskilled in Obstetric emergencies

Core and LMC Midwives will feel confident and competent when attending Obstetric emergencies

Workshop Content for 2022:

- Head to Toe Assessment - Post-Partum Haemorrhage (PPH), Shoulder Dystocia, Breech, Eclampsia,
- PM – CPR including Maternal Collapse, and 2hr newborn resuscitation update

Dates	Catch up 2021 day in Dunedin 09 th Feb 2022 27 th April 26 th May 22 nd June 27 th July 24 th August 28 th September 21 st October 17 th November – ALEXANDRA - TBC 30 th November 14 th December 22nd February 2023 – Catch up Day for 2022 Council year (FOR THOSE PULLED OFF DAY WHEN SHORT ETC)
Venue	All Held in Quenelle Room 08:30 - 4:30 2 nd Floor Dunedin Public Hospital
Start Time & Duration	08:30-4:30
Additional Information	An email will be sent out to participants a month prior so Pre - Reading and CPR Quiz can be either picked up or sent out as requested beforehand
Attendee Limit	6 participants to 1 facilitator – 12 (maximum)
Target Audience	Midwives – Core/LMC
Facilitator	Wendy Munro – Midwifery Educator and Assistant
Bookings	Wendy Munro Midwifery Educator Wendy.Munro@southerndhb.govt.nz Extension 58736

Newborn Life Support Full Day Workshop (NZRC)

Desired Learning Outcomes:

That the participant can demonstrate effective airway management of the neonate and can effectively demonstrate ventilations and chest compressions.

Workshop Content:

- Pre and Post course Quiz, pre – reading, 3 power points covering Physiology, Resuscitation at birth, and Special cases. Discussion.
- Resuscitation Skills covering the algorithm sequence, Airway skills, Bag & mask ventilation. Practice with scenarios putting it all together.
- Practical Assessment

Dates	NZRC - Newborn Life Support Full Days 2022 26 th January 23 rd February 23 rd March 25 th May 29 th June 31 st August September ALEXANDRA TBC 14 TH September 9 th November 25 th January 2023 8 th March 2023 12 th April 2023
Venue	Quennell Room 2 nd floor Main ward block
Start Time & Duration	08:30 – 4:15
Additional Information	Our administrator will email out to participants the timetable for the day, a pre course quiz and a link to the NZRC website for pre reading: http://www.nzrc.org.nz/guidelines/#Section-13-Guidelines
Target Audience	LMC Midwives, Core midwives, NICU nurses, medical teams working with newborns
Rotational Facilitators	Wendy Munro, Lynette Will, Mel Rackham, Liza Edmonds, Mary Fahey, Juliet Manning, Yvonne Mosley Martin, Kylie Fraser
Attendee Limit	6 Participants to 1 facilitator – 12 maximum – 6 minimum
Bookings	Nicolene Niemand Nicolene.Nemand@southerndhb.govt.nz 59291

NZRC CORE: Advanced Rescuer Course

Aims / Purpose:

Registered participants will learn and demonstrate resuscitation-related clinical and non-clinical skills at the “Advanced” level required to be certified by the New Zealand Resuscitation Council (NZRC)

Desired Learning Outcomes:

To be certified to the level of “Advanced Rescuer” at the standard required by the New Zealand Resuscitation Council (NZRC)

Content:

- Skill Station learning, practice, and testing:
 - o Adult, child, and infant collapse
 - o AED management in an emergency
 - o Manual defibrillation and cardiac rhythm recognition
 - o Airway management
 - o Basic trauma management

- Knowledge Quiz: 25 questions multiple choices. 80% required for pass
- Scenarios: group work focussing on effective communication and teamwork in emergencies

Day	Dates		Venue
Thursdays	Feb 10	July 28	The Otago Clinical Skills Laboratories, Fraser Building, Floor 2 <i>*Indicates the course has a maximum of 12 Trainee Interns already registered for the course</i>
	Feb 24*	Aug 11*	
	March 10	Aug 25	
	March 24	Sep 8	
	April 7*	Sep 22	
	May 5	Oct 6*	
	May 19*	Oct 20	
	Jun 2	Nov 10*	
	June 16	Nov 24	
	June 30*	Dec 8	
	July 7		

Target Audience	Doctors, Senior Registered Nurses and Senior Registered Anaesthetic Technicians working in acute areas of Dunedin Hospital – <i>Dunedin Hospital clinical staff indicated above take priority with registrations</i>
Start time & Duration	<p>This is an 8-hour course</p> <p>START: 0830 (participants must be registered and seated by 0820 at the latest) – late arrivals may be turned away and will not complete the course</p> <p>FINISH: 1630 (approximately)</p>
Facilitator	Paul Medeiros, OCSL Operations Coordination
Additional Information	<p>These officially NZRC accredited courses get fully booked up <u>at least</u> 6 months in advance – book well in advance to avoid disappointment – short notice requests for enrolment are rarely actioned. We will accommodate requests as we are able.</p> <p>Acute Dunedin Hospital area staff take priority when enrolments are requested and booked</p> <p>Once successfully registered, the participant will be sent an official registration confirmation and then a further email with detailed course information 3-4 weeks prior to the course.</p> <p>The course follows a strict cancellation and DNA policy:</p> <ul style="list-style-type: none"> • Registered participants cancelling within the minimum 3 weeks of the course (as required by the NZRC) may not be able to be re-registered for another course for a minimum of 6 months • Registered participants that do not arrive (DNA) as scheduled may not be able to be re-registered for another course for a minimum of 12 months <p>All cancellations and DNAs are reviewed on a case-by-case basis.</p> <p>Any individuals arriving that have not been formally registered cannot attend the course.</p> <p>Registered participants cannot pass their registration to someone else. If a registrant cannot attend a course, they should email the course coordinator immediately to allow the standby system to be utilised if appropriate.</p> <p>If requested, participants may be loaned a NZRC Advanced Rescuer manual for the course by the OCSL. These are sent to participants via the Southern DHB internal mail system and cannot be collected from the OCSL itself.</p> <p>All participants must have a good ground-level understanding of resuscitation and be at least certified to the level of “Immediate Rescuer” to be enrolled onto the course.</p>

Bookings	Employee Connect (SDHB participants)	<p>Course enrolment requests are made by email to the OCSL Operations Coordinator. Requests are accepted through the requesting department Manager or Educator</p> <p>There is a maximum of 14 participants per course – this will not be exceeded</p> <p>Of the annual scheduled courses, 8 are dedicated to Trainee Interns as part of the Critical Care Module (indicated by *). A maximum of 2 additional participants can be enrolled onto the Trainee Intern courses</p> <p><u>SDHB Dunedin Hospital employee participants:</u></p> <p>12 hours is recorded for successful completion of this course.</p> <ul style="list-style-type: none"> • 8 hours: for the course itself • 4 hours: for pre-reading
	Name	Paul Medeiros
	Email	<p>Southern DHB: paul.medeiros@southerndhb.govt.nz</p> <p>University of Otago: paul.medeiros@otago.ac.nz</p>

Patient Perioperative Journey

Available for External Attendees Y/N: Yes

Desired Learning Outcomes: Attendees will better understand the Patient's perioperative journey

Workshop Content: APAC, Pre-admission, Assessment of patients in theatre, Bariatric patient's considerations in theatre, Anaesthetic technicians, Stimulation-based learning, positioning and nerve injuries, PACU, DVT prevention

Dates	7 June and 13 September
Venue	Fraser Conference Room A and B
Start Time & Duration	0830-1600
Additional Information	What perioperative nurses do The team in the perioperative environment What we do that can impact your patients.
Target Audience	Anyone wanting a better appreciation of their patient's perioperative journey.
Facilitator	Patti de Klerk and June Richardson
Bookings	Patti de Klerk: patti.deklerk@southerndhb.govt.nz

PDRP Assessor Education Sessions

Course Overview and Learning Outcomes:

Note: Pre-requisites for attendance:

- Have health Learn access established
- PDRP assessor or in the process of becoming an assessor



Two separate workshops are being provided (morning and afternoon sessions to support own e-Portfolio creation including:

- Completing Health Learn e-Portfolio course
- Building own e-Portfolio: which includes utilising the e-Portfolio platform; also, educators and PDRP resource people wanting to understand the e-Portfolio platform to support nurses.
- E-Portfolio Peer / Manager Appraiser: aimed at those involved in writing peer reviews for nurse applicants (e.g., managers, preceptors etc) and supporting managers who need to complete the managers endorsement.

<p>Date & Venue of Sessions</p> <p>Room C, Practice Development Unit, 1st Floor Fraser Building, Dunedin Hospital</p> <p>14th of March 2022</p>	<p>**PLEASE NOTE: You must have Health Learn access prior to attending the day (otherwise you will not be able to access the e-Portfolio platform)</p> <p>You will attend a morning or a PM session</p>
<ul style="list-style-type: none"> • Morning session 0830 – 1200 • Maximum number 6 participants 	
<ul style="list-style-type: none"> • PM session 1300 – 1630 • Maximum number 6 participants 	
<p>Target Audience</p>	<p>Limited to SDHB PDRP assessors and those people coordinating PDRP within their organisations</p>
<p>Bookings</p>	<p>SDHB Employees - Please book via Employee Connect or contact your manager or educator who will book you</p> <p><i>Contact Richelle Fogarty or Tanya Meldrum for more information if required</i></p>
<p>Education Hours</p>	<p>Build an e-Portfolio – 3.5 hours per session</p>
<p>Maximum Number of Attendees</p>	<p>6</p>

Facilitator	Richelle Fogarty & Tanya Meldrum
Additional Information	Tea and coffee will be available

PDRP Portfolio Workshop Otago – ‘Making it easy’

Course Overview:

This workshop aims to provide participants with knowledge regarding submission requirements for all PDRP levels. As part of this workshop all participants will have significant time to work on Self-Assessment, Peer-Assessment and /or appraisal with support from the PDRP Co-ordinators.



Desired Learning Outcomes:

On completion of the workshop participants will:

- Have started their own hard copy portfolio or **e-portfolio**
- Understand the requirements for a Competent Level portfolio integrating the principles outlined in the Whakamaua Māori Health Action plan 2020-2025
- Understand the requirements for a Proficient Level and Expert / Accomplished Level portfolio, and what constitutes quality evidence
- Be able to write self-assessment examples which meet NCNZ and PDRP requirements
- Be able to provide appropriate feedback to peers

**Additional workshop outcomes can be tailored to participants on the day*

Dates	Venue
8 th March 2022 14 th June 2022 21 st September 2022	Practice Development Unit 1 st Floor Fraser Building Room C Dunedin Hospital
Target Audience	Registered and Enrolled Nurses wanting to complete a PDRP portfolio / e-Portfolio
Time and Duration	0830 to 1630hrs
Attendee Limit	5 min - 8 max
Facilitator	Richelle Fogarty & or Tanya Meldrum (PDRP Coordinators)
Additional Information	You are welcome to bring your own laptop (especially if you are not a SDHB member) Load PDRP documents (appraisal / self-assessment and workbook) prior to arrival so you can save them and work on them in the afternoon session. (If your intension is to complete an e-Portfolio ensure you have completed the health learn course prior to attendance - RGIT003)
Cost	No charge

Bookings	<p>SDHB Employees – Please book via Employee Connect</p> <p>Non SDHB Employees – Please contact Zina Iqbal ext. 59552</p> <p>DDI 03 474 59552 or, e-mail Zina.Iqbal@southerndhb.govt.nz</p>
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2022 – Otago PDRP Portfolio Submission dates	<p>Otago portfolio submissions to:</p> <p>Richelle Fogarty (PDRP Coordinator – Mondays & Tuesdays - 0800-1630)</p> <p>Or</p> <p>Tanya Meldrum (PDRP Coordinator – Wednesdays & Thursdays – 0800-1630)</p> <p>Practice Development Unit 1st Floor Fraser Building Dunedin Hospital</p>
1st February	
1st March	
2nd May	
1st June	
1st August	
3rd October	
1st November	
<p>Otago Portfolio Assessment Days: 2021 Venue: Room C Booked for 0800 to 1630 1st floor, Fraser Building Dunedin Hospital</p>	<p><i>Hard Copy Portfolios can be assessed on Otago or Southland sites dependant on assessor availability</i></p>
Otago site Assessor dates booked	
February 2 nd , 9 th , 14 th	
March 9 th	
May 3 rd , 10 th , 17 th	
June 8 th	
August 2 nd , 9 th	
October 4 th	
November 3 rd , 9 th , 14 th , 16 th	
<p>Otago e-Portfolio & Hard copy Portfolio PDRP Drop-in Sessions: 2pm – 4pm Room C 1st Floor, Fraser Building Dunedin Hospital</p>	<p><i>Bookings are required for e-Portfolio drop-in sessions on employee connect, or simply turn up with your questions any time between 2 and 4pm</i></p>
February 28 th	July 26 th
March 23 rd	August 30 th
April 13 th	September 25 th

May 24 th	October 19 th
June 28 th	November 22 nd

PROMPT – Practical obstetric multi-professional training

Desired Learning Outcomes:

Understanding the importance of working as a Team in reducing morbidity and mortality for mothers and babies.
 Understanding that teamwork includes excellent clear communication, Leadership and identified roles in an emergency, and situational awareness.

Dates	18 th February 2022 23 rd September 2022
Venue	Quenelle Room 2 nd Floor Main ward Block Ante –Natal Clinic for scenarios
Start Time & Duration	07:45 – 16:30
Additional Information	Cost involved \$230 for those outside the DHB \$130 for those working for the DHB Pre reading Manual included in cost
Target Audience	Multi Professional Midwives Medical Staff Anaesthetists Anaesthetic Technicians Nurses from all areas St John Paramedics
Facilitator	Consultant Celia Devenish and a group of Multi Professional Trainers passionate about simulation and PROMPT to improve outcomes and responsiveness to emergency situations
Bookings	Lyn Crosbie – Service Administrator Women’s Health Lyn.Crosbie@southerndhb.govt.nz

Preceptorship Workshop

This interactive 2-day workshop covers the following topics:

- Learning styles
- Constructive communication
- Giving feedback
- Teaching a skill
- Assessing and documenting performance
- Managing conflict situations

The workshop uses a blend of traditional teaching methods with group work, role plays and fun activities to enable you to feel confident supporting students, new graduates, and Internationally Qualified Nurses.

You will also have the opportunity to meet staff from Otago Polytechnic and the University of Otago to learn about the different courses and expectations for Diploma of Enrolled Nursing students, Bachelor of Nursing students, Master of Nursing Students and Competence Assessment Programme (CAP) candidates.

The role of the preceptor is crucial for developing our future workforce. Being a preceptor is such a rewarding experience and we encourage you to take this next step in your career.

Preceptor Workshop Certification

At the end of this workshop, you will receive a certificate of participation to confirm the 16 hours of professional development. Following this, you will need to collect feedback from 2 separate preceptees and show these to your CNM or Nurse Educator to verify and endorse your competence in the clinical area.

Following completion of this course an **update** is available on HealthLearn: course SRLD002. This is to be completed every 3 years.

Dates	29 th & 30 th March 3 rd & 4 th May 26 th & 27 th July 6 th & 7 th Sept 21 st & 22 nd Nov
Venue	Ground Floor Helensburgh House Wakari Hospital
Start Time & Duration	0900 – 1630hrs
Additional Information	Mandatory Requirement for Preceptoring New Graduate Nurses NETP/NESP/ENSIPP

<p>For Enquiries</p>	<p>Shona Willers NETP Coordinator DDI: 59674 shona.willers@southerndhb.govt.nz</p> <p>Or</p> <p>Deborah Cracknell NESP Coordinator DDI: 55366 deborah.cracknell@southerndhb.govt.nz</p>
<p>Bookings</p>	<p>SDHB Nurses: via Employee Connect (you will require your Unit Manager/Educator approval)</p> <p>Non SDHB Employees: Please contact Zina Iqbal ext. 59552 DDI 03 474 59552 or, e-mail Zina.Iqbal@southerndhb.govt.nz</p> <p>Please provide the following information:</p> <ul style="list-style-type: none"> • Full name • Designation • Place of Work • Managers full contact details including email address • Your full contact details

Queen Mary Mandatory Training Workshop

Desired Learning Outcomes:

Midwives and NICU Nurses will learn about and understand issues they may come across when working with breastfeeding women. Midwives and NICU nurses will be confident in assisting breastfeeding women to problem solve these issues.

Workshop Content:

AM: Lactation Consultants presentations around topical issues affecting the breastfeeding population we encounter.

PM: TBA

Dates	<p>25th Feb 2022 – Catch up for missed 2021 Day <u>Start of Midwifery Council 2022 Calendar year</u> 13th April 12th May 8th June 7th July 10th August 15th September 26th October 24th November 8th December 8th February 2023 – Catch up Day for 2022(FOR THOSE PULLED OFF DAY WHEN SHORT ETC)</p>
Venue	<p>Quenelle Room 2nd Floor Main Hospital</p>
Start Time & Duration	08:00 – 4:30
Additional Information	Reading Material may be handed out on the day
Target Audience	Midwives & NICU Nurses
Facilitators	AM - Lactation Consultants & PM – VIP team
Bookings	<p>Lactation Consultants – lactation.consultants@southerndhb.govt.nz</p> <p>Wendy Munro – Midwifery Educator Wendy.Munro@southerndhb.govt.nz Extension 58736</p>

Safe Moving & Handling Train the Trainer Workshop

Available for External Attendees

Workshop Content:

- Discomfort, pain and injury, fundamentals of posture and actions
- Risk assessment
- Patient handling requirements
- Practical techniques and safe use of equipment
- Moving and handling of people: the New Zealand guidelines
- Bariatric patients
- Emerging trends and technologies
- Teaching adults



Desired Learning Outcomes:

- Understand why Moving and Handling Programmes are required in the workplace
- Fundamentals of posture and actions when performing manual handling tasks
- Working as part of a team
- State the legislation governing manual handling in your workplace
- Explain the process of manual handling risk assessment and management

Dates	<ul style="list-style-type: none"> • Weds May 11 • Thurs July 21 • Thurs Sept 1 • Weds Sep 28 • Weds Nov 30
Venue	Clinical Skills Lab Dunedin Public Hospital
Start Time & Duration	8.30am-4.30pm
Additional Information	Contact will be made one week prior: with timetable, required reading and course activities
Target Audience	Clinical staff who would like to be Moving and Handling Trainers
Facilitator	Sarah Champion, Crystal Wilson & Colette Parai; Moving and Handling Coordinators
Bookings	Via Employee connect, Local educator or Sarah.Campion@southerndhb.govt.nz Crystal.Wilson@southerndhb.govt.nz Colette.Parai@southerndhb.govt.nz

Te Tiriti o Waitangi & Cultural Humility

Workshop Content:

Morning - Best practice in applying Te Tiriti o Waitangi principles, case studies

Afternoon - Cultural Humility, understanding our accountability and how to work in a humble way to support whanau.

Desired Learning Outcomes: Develop cultural toolbox and critical awareness of culture.

Dates	Dunedin- Monthly from Feb 21 st , March 29 th , April 19 th , May-Dec TBC check pulse Invercargill- Monthly from Feb 17 th , March 10 th , April 21 st , May- Dec Dates/Times TBC
Venue	Fraser A
Start Time & Duration	0900-1600
Additional Information	Wear comfortable clothing and shoes Jacket if it is a cold day.
Target Audience	Anyone wishing to grow their practice or meet regulatory requirements
Facilitator	Mathew Kiore & Lisa Te Raki
Bookings	Pulse- Cultural Education

***NB:** External attendants welcome

Telemetry Training

Aims / Purpose:

The aim of this 30-minute education session is to provide information on the Phillips IntelliVue (MX40) telemetry monitoring system used in Dunedin Hospital.

Troubleshooting will also be discussed.

Desired Learning Outcomes:

- Understanding how telemetry works, monitoring criteria, and when it is not indicated.
- Care and responsibilities of the telemetry monitoring system.
- Skills to trouble shoot.

Content:

- Overview of the telemetry monitoring system
- How to set up and use the telemetry monitoring system

Day	Dates	Venue
Tuesday	22nd March 2022	John Hunter Memorial Room (JHR) – 7 th Floor (beside public lifts).
Tuesday	13 th September 2022	JHR – 7 th Floor
Target Audience	Healthcare professionals who work with the telemetry monitoring system in Dunedin Hospital	
Start time & Duration	14:30 – 15:00 (30 minutes).	
Facilitator	Carolyn Proctor and Jo Robertson-Smith	
Additional Information	If anyone would like telemetry education in their area, we are happy to facilitate this	
Bookings	Name & Phone	Jo Robertson-Smith (CNE 7 th Floor) – ext. 58436 or 0275910959
	Email	Joanne.robertson@southerndhb.govt.nz

Tikanga & Te Reo

Workshop Content:

- **Morning** - Introduction to Te Reo Māori in Health
- **Afternoon** - Tikanga and Cultural tools to support practice

Desired Learning Outcomes: Develop cultural toolbox

Dates	Dunedin Monthly Feb 22 nd , March 30 th , April 20 th , May-Dec TBC check pulse Invercargill Monthly Feb 18 th , 11 th March, 22 nd April, May-Dec TBC check pulse
Venue	Fraser A
Start Time & Duration	0900-1600
Additional Information	Wear comfortable clothing and shoes Jacket if it is a cold day.
Target Audience	Anyone wishing to grow their practice or meet regulatory requirements
Facilitator	Mathew Kiore & Lisa Te Raki
Bookings	Pulse- Cultural Education

***NB:** External attendants welcome

Wound Care Implications & Treatments Workshop

Aims / Purpose: This study day is intended for nursing staff (RNs and ENs) who undertake wound care as part of their practice.

Desired Learning Outcomes: Nurses will extend their skills in comprehensive wound assessment; responsible decision-making regarding dressing choice; how to prevent skin injury (Pressure Injury, IAD, Skin Tears); and management of a variety of wounds.

Workshop Content:

- Wound Assessment and Choosing the Right Dressing
- Wound Debridement
- Burns
- Negative Pressure Wound Therapy overview
- SSKIN Prevention of pressure injuries/IAD prevention
- Staging Pressure injury
- Leg Ulcers
- Skin Tears
- Small Group exercises – assessment, staging, right dressing choice

Day	Venue
Mondays	Fraser Rm B
Target Audience	RN's and EN's
Start time & Duration	0830-1630
Facilitators	Emil Schmidt / Andrea Dorne
Additional Information	<p>How to Register</p> <ul style="list-style-type: none"> • Contact your Nurse Educator or CNM for approval and be enrolled on Employee Connect for the particular day you wish to attend <p>Staff not working for the SDHB</p> <ul style="list-style-type: none"> • Register with Andrea Dorne, 4th Floor Clinical Nurse Educator andrea.dorne@southerndhb.govt.nz

Bookings SDHB Staff

Set up on Employee Connect as:

Wound Care Implications &
Treatments SD (25 attendees max)

Emil Schmidt 021 477059

emil.schmidt@southerndhb.govt

Wound Care Competency Workshop (NPWT & Compression)

Aims / Purpose: This study day is intended for nursing staff (RN and EN) who are required to gain competency in Negative Pressure Wound Therapy (NPWT) and Compression Bandaging for practice. Sessions on Pressure Injury Prevention, Wound Assessment and making the right dressing selection will also be provided.

Desired Learning Outcomes: Those attending this study day will complete the required theory and practice for the application of NPWT and compression bandaging. Nurses will also extend their skills in comprehensive wound assessment and responsible decision-making regarding dressing choice and how to prevent pressure injury.

Content:

1. Negative Pressure wound treatment (NPWT) When? How? and why?
2. Appropriate use of compression bandaging in the treatment and management of leg ulcers.
3. Prevention of Pressure Injuries
4. Wound Assessment and Choosing the Right Dressing
5. Theoretical and Practical Assessment of competencies for 1 and 2

Day	Dates	Venue
Mondays	14 th March 9 th May 13 th June 10 th October 14 th November	Fraser Room B
Target Audience	RN's and EN's who require competency in NPWT and compression bandaging.	
Start time & Duration	0830-1630	
Facilitators	Emil Schmidt/ Andrea Dorne	
Additional Information	<p>How to Register and complete preparation prior to day.</p> <p>Staff who work for the SDHB</p> <ul style="list-style-type: none"> • Contact your Nurse Educator or CNM for approval and be enrolled on Employee Connect for the day you will attend • Log on to MIDAS and access Self-directed Learning Packages for completion prior to the day: Compression Bandaging MIDAS 46960 / NPWT MIDAS 81539 • Pre-reading and self-learning packages will also be sent via work email to participants at least 2 weeks prior to the study day. 	

	<p>Staff not working for the SDHB</p> <ul style="list-style-type: none"> • Register with Andrea Dorne, 4th Floor Clinical Nurse Educator, via email andrea.dorne@southerndhb.govt.nz • Self- learning packages with pre-reading requirements sent via email, with reminder email to participants 2 weeks prior to the study day 	
<p>Bookings</p>	<p>Employee Connect</p>	<p>Set up on Employee Connect as:</p> <p>Wound Care Competency SD</p> <p>(25 attendees max)</p>
	<p>Name & Phone</p>	<p>Emil Schmidt 021 477059</p> <p>Andrea Dorne Ext 58413</p>
	<p>Email</p>	<p>andrea.dorne@southerndhb.govt.nz</p> <p>emil.schmidt@southerndhb.govt.nz</p>