



Education for Practice 2022



**Practice Development Unit (Southland)
Level 1, Learning and Research Centre
SOUTHLAND HOSPITAL**

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Introduction

This booklet outlines the training opportunities that are available in 2022 for current and future healthcare workforce staff via the Southern District Health Board (SDHB) Southland Practice Development Unit. An electronic copy of this booklet can be found on the Southland Practice Development sharepoint site. The booklet is designed to assist you in making informed education choices to meet both mandatory education requirements and your own professional development. Each programme outline indicates the suitable target audience

Every effort has been made to ensure the accuracy of the information included in this booklet at the time of printing, however scheduled sessions may change so please check the electronic version of this book on the Practice Development Service sharepoint site.

Venues for education sessions are stated on each programme outline and are governed by room availability so take careful note of the designated location. Should there be a need to change the venue of your education session, you will be contacted via e-mail.

Some sessions have a maximum number of participants therefore it is important SDHB staff register via Employee Connect or through the appropriate contact person, as per the details on the programme outline. If you are unfamiliar with registering via Employee Connect, while in the electronic version of this booklet click on the employee connect powerpoint presentation below and this will take you to the slideshow.



employee connect
presentation on how

Once your booking has been electronically approved by your manager, you will receive an e-mail confirming the details of your booking. A reminder e-mail will also be generated prior to the study day. SDHB staff are asked to please check the PDU Sharepoint site [PDU Workshop Resources and General Information](#) and click on the "Resources and Documents" tile (Southland site) for any information or pre-reading required for your study day.

A small number of sessions also have a booking restriction and are unable to be booked on Employee Connect. The programme outline will indicate who to contact to book in.

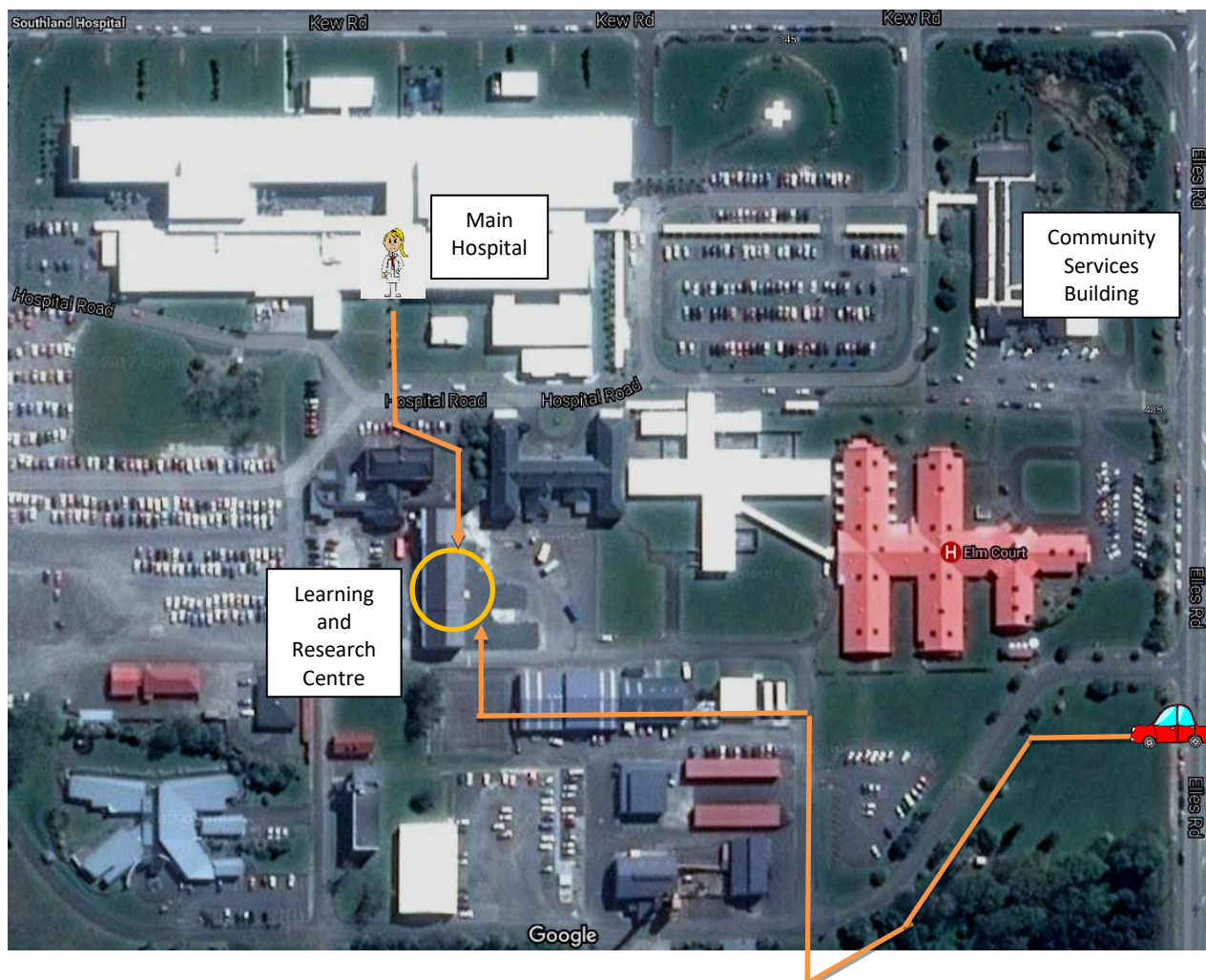
Before booking, please note if the session is hospital or community based as included in the schedule are sessions that have been specifically developed for primary providers wishing to attend.

It is also important that you follow the required processes in your practice area before booking into an education session ie. discuss with or register through your manager.

If you are booked to attend a session and can no longer attend this please ask the person who booked you to withdraw you from the course, or contact the Practice Development Administrator on ext 47920 or DDI 03 2148920, as soon as possible, to allow others to fill the space.

Each programme outline indicates if there is a cost involved. On the whole there is no charge for education in 2022.

Southland Hospital Learning and Research Centre



If your study day/workshop is being held in the Learning and Research Centre, please take the stairs or lift to the first floor.

For those requiring car parking, there is free parking on either side of the Learning and Research Centre building.

Workshop Chronological List

JANUARY			
NETP SDHB Welcome and IT/MedChart Training	31 January		
FEBRUARY		MARCH	
NETP Programme Launch	1 February	Care of the Trauma Patient	2 March
NETP Clinical Skills	2 February	Unstable Patient Workshop – Hospital Setting	2 March
NETP De-escalation and Safer Moving (SMART)	3 February	Adult Respiratory Support by Fisher & Paykel Healthcare	3 March
CVAD Workshop	10 February	District Nursing Study Day	3 March
Parenteral Nutrition	10 February	PDRP Assessor Workshop	7 March
Port Needle Insertion Mini-Workshop	10 February	Diabetes Study Day	8 March
PDRP e-Portfolio Workshop for Beginners	14 February	Surgical Skills Workshop	9 March
HCA Onboarding	15 February	Newborn Life Support Training	10 March
HealthCare Assistants (HCA) Study Day	16 February	Venepuncture Workshop	15 March
VIP Family Violence and Child Protection (Core) Study Day	16 February	Gastrointestinal Study Day	16 March
Emergency Midwifery Skills Study Day	18 February	Immediate Life Support Instructor Revalidation (3 yearly)	16 March
PDRP ePortfolio Workshop	21 February	NETP Maori Health Interprofessional Workshop	17 March
PDRP Portfolio Workshop	21 February	VIP Family Violence and Child Protection Refresher Training	17 March
Immediate Life Support Refresher	22 February	Orientation Support Workshop	21 March
NZRC CORE Advanced Rescuer Course	23 February	Immediate Life Support Refresher	22 March
SMART Training (Safe Moving and Restraint Minimisation Training)	23 February	Stroke Workshop	22 March
		Wound – Lower Leg Compression Therapy Workshop	22 March
		NZRC CORE Advanced Rescuer Course	23 March
		Cannulation Workshop	24 March
		Paediatric Study Day	24 March
		PDRP ePortfolio Workshop	28 March
		PDRP Portfolio Workshop	28 March
		Preceptorship Workshop	28/29 March
		Immediate Life Support Instructor Workshop	29 March
		Medical Skills Day	30 March

		Orthopaedic Study Day	30 March
		Safer Moving and Handling Trainers (non SDHB)	31 March
		Non Invasive Ventilation (NIV) Workshop by ResMed	31 March
APRIL		MAY	
PDRP e-Portfolio Workshop for Beginners	4 April	PDRP ePortfolio Workshop	2 May
Immediate Life Support Refresher	5 April	PDRP Portfolio Workshop	2 May
Pain Study Day	6 April	Cannulation Workshop	3 May
Unstable Patient Workshop – Hospital Setting	6 April	Palliative Care Study Day	3 May
CVAD Workshop	7 April	Cardiac Study Day	4 May
Emergency Department Skills Day Workshop (Minors)	7 April	Unstable Patient Workshop – Primary Care Setting	4 May
Parenteral Nutrition	7 April	Respiratory Study Day	5 May
Port Needle Insertion Mini-Workshop	7 April	Childrens Ward Mandatory Practical Sessions	10 May and 11 May
Infection Prevention and Control Study Day	8 April	Venepuncture Workshop	12 May
PDRP e-Portfolio Workshop for Beginners	11 April	Emergency Midwifery Skills Study Day	13 May
NETP Unstable Patient (Internal)	12 April	Immediate Life Support Refresher	17 May
NZRC CORE Advanced Rescuer Course	13 April	Surgical Skills Workshop	17 May
VIP Family Violence and Child Protection (Core) Study Day	13 April	VIP Family Violence and Child Protection Refresher Training	17 May
NETP Unstable Patient (External)	14 April	NZRC CORE Advanced Rescuer Course	18 May
HCA Onboarding	21 April	SMART Training (Safe Moving and Restraint Minimisation Training)	18 May
HealthCare Assistants (HCA) Study Day	22 April	NETP Long Term Conditions – Day 1	19 May
		Diabetes Study Day	24 May
		Wound Assessment and Management by Molnycke	25 May
		Medical Skills Day	26 May
		Safer Moving and Handling Trainers	26 May
JUNE		JULY	
Immediate Life Support Instructor Revalidation (3 yearly)	1 June	Venepuncture Workshop	5 July
NETP Long Term Conditions – Day 2	1 June	Pain Study Day	6 July
Understanding Incontinence	8 June	NETP Pain Management	7 July

Unstable Patient Workshop – Hospital Setting	8 June	Surgical Skills Workshop	13 July
CVAD Workshop	9 June	Cannulation Workshop	14 July
HCA Onboarding	9 June	VIP Family Violence and Child Protection Refresher Training	14 July
Parenteral Nutrition	9 June	SMART Training (Safe Moving and Restraint Minimisation Training)	20 July
Port Needle Insertion Mini-Workshop	9 June	Safer Moving and Handling Trainers (non SDHB)	21 July
HealthCare Assistants (HCA) Study Day	10 June	Immediate Life Support Refresher	26 July
Orientation Support Workshop	14 June		
Emergency Midwifery Skills Study Day (Lakes District Hospital)	15 June	NZRC CORE Advanced Rescuer Course	27 July
Non Invasive Ventilation (NIV) Workshop by ResMed	15 June	Sexual Health in Pregnancy	29 July
VIP Family Violence and Child Protection (Core) Study Day	15 June		
Newborn Life Support Training	17 June		
Immediate Life Support Refresher	21 June		
NZRC CORE Advanced Rescuer Course	22 June		
NETP Palliative Care Study Day	23 June		
Stroke Workshop	28 June		
AT&R Skills Workshop	30 June		
AUGUST		SEPTEMBER	
PDRP ePortfolio Workshop	1 August	Vaccinator Update Course	1 September
PDRP Portfolio Workshop	1 August	Immediate Life Support Instructor Revalidation (3 yearly)	6 September
NETP Career Planning, PDRP and Leadership	3 August	Women's Health Study Day	7 September
Unstable Patient Workshop – Hospital Setting	3 August	Legal and Ethical Study Day	9 September
Orientation Support Workshop	8 August	Immediate Life Support Refresher	13 September
Cardiac Study Day	9 August	VIP Family Violence and Child Protection Refresher Training	13 September
Orthopaedic Study Day	10 August	NZRC CORE Advanced Rescuer Course	14 September
CVAD Workshop	11 August	NETP Care Pathway Presentations	15 September
Parenteral Nutrition	11 August	Care of the Trauma Patient	20 September
Port Needle Insertion Mini-Workshop	11 August	Wound – Lower Leg Compression Therapy Workshop	20 September

HCA Onboarding	15 August	Emergency Midwifery Skills Study Day (Lakes District Hospital)	21 September
HealthCare Assistants (HCA) Study Day	16 August	Surgical Skills Workshop	21 September
Immediate Life Support Instructor Workshop	16 August	SMART Training (Safe Moving and Restraint Minimisation Training)	28 September
Medical Skills Day	17 August	Unstable Patient Workshop – Primary Care Setting	28 September
VIP Family Violence and Child Protection (Core) Study Day	17 August	Safer Moving and Handling Trainers	29 September
Newborn Life Support Training	18 August		
Non Invasive Ventilation (NIV) Workshop by ResMed	18 August		
Immediate Life Support Refresher	23 August		
NZRC CORE Advanced Rescuer Course	24 August		
NETP CNS Study Day	25 August		
Emergency Midwifery Skills Study Day	26 August		
Vaccinator Training Course (Two Day)	30/31 August		
OCTOBER		NOVEMBER	
Urology Study Day	4 October	Diabetes Study Day	1 November
Unstable Patient Workshop – Hospital Setting	5 October	Gastrointestinal Study Day	2 November
CVAD Workshop	6 October	Medical Skills Day	2 November
HCA Onboarding	6 October	Adult Respiratory Support by F&P Healthcare	3 November
Parenteral Nutrition	6 October	Cannulation Workshop	8 November
Port Needle Insertion Mini-Workshop	6 October	Pain Study Day	9 November
HealthCare Assistants (HCA) Study Day	7 October	Unstable Patient Workshop – Hospital Setting	9 November
VIP Family Violence and Child Protection (Core) Study Day	12 October	Orientation Support Workshop	10 November
NZRC CORE Advanced Rescuer Course	19 October	Infection Prevention and Control Study Day	11 November
Paediatric Study Day	20 October	PDRP ePortfolio Workshop	14 November
Immediate Life Support Refresher	25 October	PDRP Portfolio Workshop	14 November
Respiratory Study Day	27 October	Emergency Department Study Day (Advanced)	15 November

PDRP ePortfolio Workshop	31 October	SMART Training (Safe Moving and Restraint Minimisation Training)	16 November
		Safer Moving and Handling Trainers	17 November
PDRP Portfolio Workshop	31 October	Venepuncture Workshop	17 November
		VIP Family Violence and Child Protection Refresher Training	17 November
		Surgical Skills Workshop	23 November
		Wound Assessment and Management by Molnlycke	24 November
		Preceptorship Workshop	28/29 November
		Immediate Life Support Refresher	29 November
		NZRC CORE Advanced Rescuer Course	30 November
DECEMBER			
CVAD Workshop	1 December	HCA Onboarding	12 December
Parenteral Nutrition	1 December	HealthCare Assistants (HCA) Study Day	13 December
Port Needle Insertion Mini-Workshop	1 December	Immediate Life Support Refresher	13 December
Emergency Midwifery Skills Study Day	2 December	NZRC CORE Advanced Rescuer Course	14 December
Newborn Life Support Training	8 December		

Adult Respiratory Support by Fisher & Paykel Healthcare

Course Overview and Learning Outcomes:

To further develop knowledge and skill relating to the utilisation of humidified oxygen and respiratory therapies, and their clinical application.

Content description:

Topics include:

- Understanding humidity
- Physiology of the Airway
- Breathing circuits – the setup and application of devices
- Optiflow™ Therapy
- Clinical Review
- Troubleshooting your heated humidification systems
- Hands on interactive sessions

Date of Study Day/Workshop	Venue
Thursday 3 March Thursday 3 November	3 March Skills Lab Level 1, Learning and Research Centre 3 November Seminar Rooms A and B Level 1, Learning and Research Centre
Target Audience	Registered and Enrolled Nurses working with humidification and nasal high flow
Open to Non SDHB Attendees	Target Audience is Southland Hospital inpatient areas. Will be open to outside hospital departments and then non hospital areas should registrations allow.
Time	0900 – 1600 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	18
Facilitator	Product Specialists – Fisher & Paykel Healthcare
Additional Information	Contact Nicola Dowling, Nurse Educator – Medical for further information. Fully catered.
Cost	No cost

Bookings

SDHB Employees –
Please book via Employee Connect or
contact your manager or educator who will
book you

Non SDHB Employees –
Please contact Julie Gorrie
ext 47920 or DDI 03 2148920
e-mail julie.gorrie@southerndhb.govt.nz

Advanced Breastfeeding

For information, please contact Gina Rutledge, Lactation Consultant, BFHI Coordinator, gina.rutledge@southerndhb.govt.nz

Date of Study Day/Workshop	Venue
Target Audience	
Open to Non SDHB Attendees	
Time	
Face to Face Education Hours	
Online Education Hours	
Maximum Number of Attendees	
Facilitator	
Additional Information	
Cost	
Bookings	

AT&R Skills Workshop

Course Overview and Learning Outcomes:

To provide nurses with the opportunities to update their knowledge and skills around caring for patients within the Assessment, Treatment and Rehabilitation Unit.

A variety of relevant topics will be covered as identified prior to this workshop based on interest and change in practice.

Date of Study Day/Workshop	Venue
Thursday 30 June	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled Nurses working within AT&R
Open to Non SDHB Attendees	No
Time	0830 to 1600 hours
Face to Face Education Hours	7 hours
Online Education Hours	1 hour
Maximum Number of Attendees	10
Facilitator	Maike Rickertsen – Nurse Educator AT&R
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you

Baby Friendly Essentials

For information, please contact Gina Rutledge, Lactation Consultant, BFHI Coordinator, gina.rutledge@southerndhb.govt.nz

Date of Study Day/Workshop	Venue
Target Audience	
Open to Non SDHB Attendees	
Time	
Face to Face Education Hours	
Online Education Hours	
Maximum Number of Attendees	
Facilitator	
Additional Information	
Cost	
Bookings	<p>SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you</p> <p>Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

Breastfeeding Toolkit

For information, please contact Gina Rutledge, Lactation Consultant, BFHI Coordinator, gina.rutledge@southerndhb.govt.nz

Date of Study Day/Workshop	Venue
Target Audience	
Open to Non SDHB Attendees	
Time	
Face to Face Education Hours	
Online Education Hours	
Maximum Number of Attendees	
Facilitator	
Additional Information	
Cost	
Bookings	<p>SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you</p> <p>Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

Cannulation Workshop

Course Overview and Learning Outcomes:

A **4 hour** course that develops skill and knowledge around cannulation thus enabling the participant to safely insert an appropriate intravenous catheter into a vein.

The key learning outcomes include:

- Identifying and dilating an appropriate vessel
- Utilising appropriate infection prevention techniques
- Accessing a vessel with an appropriately sized safety cannula
- Verifying successful placement
- Minimising and recognising complications

Date of Study Day/Workshop	Venue
Thursday 24 March	Skills Lab and IV Training Room
Tuesday 3 May	Level 1, Learning and Research Centre
Thursday 14 July	Southland Hospital
Tuesday 8 November	
Target Audience	All registered clinical staff
Open to Non SDHB Attendees	Yes (Registered staff that are employed in clinical areas requiring cannulation)
Time	0830 to 1230 hours
Face to Face Education Hours	4 hours
Online Education Hours	Nil
Maximum Number of Attendees	6 attendees
Facilitator	Peter Boon and/or Angela Knox IV CNS
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Cardiac Study Day

Course Overview and Learning Outcomes:

The Cardiac study day aims to provide a well-rounded learning experience about the most commonly seen cardiac problems in our community. Its objective is to enhance the understanding of pathology and also the available and current pathways, protocols and treatment options.

Some of the speakers are assisting the upskilling of nurses around recognising different cardiac symptoms, or informing about the cardiac patient journey from St John`s services to diagnostics advancements through surgery and life style changes or providing information about individual experience and community support.

Date of Study Day/Workshop	Venue
Wednesday 4 May Tuesday 9 August	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	All Registered Nurses form Southern
Open to Non SDHB Attendees	Yes as above
Time	0830 to 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	30
Facilitator	Melinda Prekopa
Additional Information	Nil
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Care of the Trauma Patient

Desired Learning Outcomes:

- Demonstrate an understanding of chest, abdominal and musculoskeletal injuries
- Demonstrated an understanding of trauma nursing management
- Utilise critical reflection and analysis to justify or modify current trauma nursing management

Content Description:

This workshop is designed to provide an overview of the management of trauma patients in hospital. The aim of the workshop is to facilitate and enhance knowledge, skills and attitudes of nurses to assist them in assessing, planning, delivering and evaluating care of the trauma patient. The workshop utilises case studies and interactive skills sessions and includes topics such as trauma systems and trauma outcomes, mechanism of injury; and management of chest, abdomen, musculoskeletal and pelvic injuries.

Date of Study Day/Workshop	Venue
Wednesday 2 March Tuesday 20 September	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses working in acute clinical areas
Open to Non SDHB Attendees	Yes
Time	0830 to 1600hr (8 hrs)
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	16
Facilitator	Rebecca Coats
Additional Information	Nil
Cost	No cost
Bookings	SDHB employees – please book via Employee Connect or contact your manager or educator who will book you Non SDHB employees please contact Julie Gorrie, ext 7920 or DDI 03 2148920, or e-mail julie.gorrie@southerndhb.govt.nz

Children's Ward Mandatory Practical Sessions

Course Overview and Learning Outcomes:

- To complete annual mandatory practical sessions – CPR, manual handling, Cosy Cot, O2 therapy, PPE.
- You will be rostered a two hour slot to complete each 30 minute session.

Date of Study Day/Workshop	Venue
Tuesday 10 May Wednesday 11 May	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Children's Ward staff only
Open to Non SDHB Attendees	No
Time	0830 – 1600 hours
Face to Face Education Hours	3 hours (2 hour practical session, 1 hour to complete online learning)
Online Education Hours	As above
Maximum Number of Attendees	No limit
Facilitator	Sharon Tou / Laura Popham, Children's Ward Nurse Educator
Additional Information	You will be paid for 3 hours – 2 hour practical session on the day and 1 hour to complete online learning (this can be done any time before your practical session). Please bring completed Paediatric Compulsory Passport – this will be emailed prior.
Cost	No cost
Bookings	SDHB Employees – your manager or educator will book you.

CVAD Workshop (Central Venous Access Devices)

Course Overview and Learning Outcomes:

A **5.5hr** course that enables attendees to work at a more advanced level with all types of central lines. Attendees will also be able to troubleshoot CVAD issues within their area.

The key learning outcomes include:

- Central venous anatomy and administration principles
- Dressing and blood sampling procedures
- Troubleshooting and complications of CVADs

Note: there are other concurrent sessions in the afternoon that will cover topics such as:

- Port needle insertion and removal
- Parenteral nutrition

These need to be booked separately

Date of Study Day/Workshop	Venue
Thursday 10 February Thursday 7 April Thursday 9 June Thursday 11 August Thursday 6 October Thursday 1 December	Skills Lab and IV Training Room Level 1, Learning and Research Centre Southland Hospital
Target Audience	All registered clinical staff
Open to Non SDHB Attendees	Yes (Registered staff that are employed in clinical areas encountering CVADs)
Time	0830 to 1400 hours
Face to Face Education Hours	5.5 hours
Online Education Hours	Nil
Maximum Number of Attendees	9 attendees
Facilitator	Peter Boon and/or Angela Knox IV CNS
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Diabetes Study Day

Course Overview:

Designed with you and your workplace in mind, an interactive day to answer your questions about diabetes management.

To provide skills and knowledge in diabetes management so nurses can:

- Access and interpret clinical indicators of general health status and metabolic control
- Act as a resource within their practice setting/ workplace
- Assist individuals with or at risk of developing diabetes to access resources/ information
- Evaluate treatment outcomes and refer appropriately
- Have an awareness of local and national guidelines

Desired Learning Outcomes:

- To demonstrate a systematic understanding of diabetes and its clinical management
- To educate the nurses about limiting risks associated with chronic and acute complications and patient-centred self-management techniques
- To demonstrate an ability to advance diabetes care, service delivery and innovate change

Date of Study Day/Workshop	Venue
Tuesday 8 March Tuesday 24 May Tuesday 1 November	Seminar Room A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health Professionals
Open to Non SDHB Attendees	Yes – Health Professionals
Time	0830 – 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	10 minimum 26 maximum
Facilitator	Donna Madden
Additional Information	
Cost	No cost

Bookings

SDHB Employees –
Please book via Employee Connect or contact
your manager or educator who will book you

Non SDHB Employees –
Please contact Julie Gorrie
ext 47920 or DDI 03 2148920
e-mail julie.gorrie@southerndhb.govt.nz

District Nursing Study Day

Course Overview:

- Wound Care
- Urology
- Palliative Care
- Stoma Therapy
- Post-Operative Care



Date of Study Day/Workshop	Venue
Thursday 3 March	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	District Nurses – Invercargill and Rural
Open to Non SDHB Attendees	No
Time	0900 – 1500 hours
Education Hours	6 hours
Maximum Number of Attendees	25
Facilitator	Sarah Hassall
Additional Information	Coffee/Tea Provided
Cost	No cost
Bookings	Not available to book via Employee Connect Please contact your educator who will book you

Emergency Department Skills Day Workshop (Minors)

Desired Learning Outcomes:

Within this study day a real focus will be on managing patients safely and effectively, who present and are placed in the Fast Track Area. This will include paediatrics.

Content Description:

A variety of content pertaining to complex and minor injuries and illnesses presenting to Emergency Department to be delivered via hands on skill stations, lectures and simulation.

Date of Study Day/Workshop	Venue
Thursday 7 April	Seminar Room B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Emergency Department
Open to Non SDHB Attendees	No
Time	0830 – 1600 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	12 maximum
Facilitator	ED Nurse Educator
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect

Emergency Department Study Day (Advanced)

Course Overview and Learning Outcomes:

- To recognise the deteriorating patient and provide complex care in the Emergency Setting
- Simulation will be used to assist the learners in a safe setting

Content Description

A variety of content pertaining to complex illnesses with a focus on cardiac issues will be delivered via lectures and simulation. This may include cardiac arrest, pacing, and medications relating to complex illnesses.

Date of Study Day/Workshop	Venue
Tuesday 15 November	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Emergency Department Nurses
Open to Non SDHB Attendees	No
Time	0830 – 1600 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	12 Maximum
Facilitator	ED Nurse Educator
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect

Emergency Midwifery Skills Study Day

Course Overview and Learning Outcomes:

Compulsory day for Midwives. NZ Midwifery Council annual requirement for relevant skills.

Date of Study Day/Workshop	Venue
Friday 18 February	<u>Southland Hospital</u>
Friday 13 May	Skills Lab
Friday 26 August	Level 1, Learning and Research Centre
Friday 2 December	Southland Hospital
<u>Lakes District Hospital</u>	<u>Lakes District Hospital</u>
Wednesday 15 June	Meeting Room
Wednesday 21 September	Lakes District Hospital
Target Audience	Midwives
Open to Non SDHB Attendees	Yes
Time	Southland – 0830 – 1630 hours Lakes District Hospital – 0900 – 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	1 hour (DHB staff only)
Maximum Number of Attendees	10
Facilitator	Bernadette Archer
Additional Information	Pre reading will be e-mailed Smart phone or tablet required
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Gastrointestinal Study Day

Course Overview and Learning Outcomes:

To provide health professionals with the opportunity to update their knowledge and skills around caring for people with gastrointestinal disorders – including bowel cancer.

- Review anatomy and physiology of GI tract
- Update current surgical procedures
- Review medication prescribed in the care of a GI patient
- Discuss nutritional support for the patient with a GI disorder
- Outline the care of an Ostomy patient
- Discuss the care of a post-operative patient following bowel surgery
- Update current surgical evidence

Date of Study Day/Workshop	Venue
Wednesday, 16 March Wednesday, 2 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health Professionals
Open to Non SDHB Attendees	Registered and Enrolled Nurses in both hospital and Aged Residential Care
Time	0830 -1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Not required
Maximum Number of Attendees	16
Facilitator	Kim Snoep, Clinical Nurse Specialist
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

HCA Onboarding Day

Course Overview and Learning Outcomes:

This workshop will provide a safe environment in which HCAs new to Southland Hospital can learn about their new workplace, ask questions and get to know each other.

Attendees will gain knowledge from various presentations and guest speakers as well as from engaging in practical sessions like Safer Manual Handling and Life Support.

Date of Study Day/Workshop	Venue
Tuesday 15 February Thursday 21 April Thursday 9 June Monday 15 August Thursday 6 October Monday 12 December	Seminar Rooms A or B or Skills Lab Learning and Research Centre Southland Hospital
Target Audience	HCAs new to working at Southland Hospital
Open to Non SDHB Attendees	No
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	8
Facilitator	CNC HCA Workforce
Additional Information	Tea, Coffee and Water are available Contact Person: Maike Rickertsen 027 2344519
Cost	No Charge
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you

HealthCare Assistants (HCA) Study Day

Course Overview and Learning Outcomes:

This workshop is packed full of interesting and evidence based best practice topics around patient care, collaborative team work and safety. There will be a mix of presentations as well as hands on practical sessions to put learning into action.

Date of Study Day/Workshop	Venue
Wednesday 16 February Friday 22 April Friday 10 June Tuesday 16 August Friday 7 October Tuesday 13 December	Seminar Rooms A or B or Skills Lab Learning and Research Centre Southland Hospital
Target Audience	All of HCA workforce
Open to Non SDHB Attendees	Yes
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	10
Facilitator	CNC HCA Workforce
Additional Information	Tea, Coffee and Water will be available Contact person: Maike Rickertsen 027 2344519
Cost	No Charge
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Immediate Life Support Instructor Revalidation (3 yearly)

Course Overview and Learning Outcomes:

3 yearly updates for Southern DHB CPR instructor/assessors. Instructors will be updated to ensure consistency of teaching and practice across the organisation.

- Update on any changes to guidelines
- Demonstration and practice of CPR related skills including use of AED trainer
- Peer assessment
- Refresher of online resources
- Overview of resuscitation events from previous year
- Management of common medical emergencies
- Simulated scenario

Date of Study Day/Workshop	Venue
Wednesday 16 March Wednesday 1 June Tuesday 6 September	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	RNs, HCAs, Allied health staff who are workplace instructors/assessors
Open to Non SDHB Attendees	Yes If previous attendee at SDHB Instructor Workshop
Time	0830 – 1230 hours
Face to Face Education Hours	4 hours
Online Education Hours	Nil
Maximum Number of Attendees	8
Facilitator	Paul Winder – Resuscitation and Simulation Nurse Specialist
Additional Information	Updated resources will be provided on the day
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Immediate Life Support Instructor Workshop

Course Overview and Learning Outcomes:

Participants will gain sufficient skills and knowledge to be Immediate Life Support CPR instructors and assessors in their workplace.

- Physiology of cardiac arrest
- Common conditions that cause cardiac arrest
- Basic resuscitation for adults and children
- Arrhythmia recognition and the use of advisory defibrillators (AEDs)
- Airway management including Laryngeal Mask Airway insertion
- Introduction to CPR online resources
- Competency assessment
- Use of QCPR app to support training and assessment
- Manikin maintenance and trouble shooting
- Teamwork and communication

Date of Study Day/Workshop	Venue
Tuesday 29 March Tuesday 16 August	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	RNs, ENs, HCAs, Allied Health staff who want to become workplace instructors/assessors
Open to Non SDHB Attendees	No (only with prior arrangement)
Time	0830 to 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	8
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Updated resources will be provided on the day and e-mailed post course
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Immediate Life Support Refresher

Course Overview and Learning Outcomes:

An update in relevant resuscitation skills at immediate life support level for both Community and Hospital based staff who do not have a workplace assessor.

- Update on current guidelines
- Demonstration and practice of CPR related skills including use of an AED
- Assessment of skill competency
- Use of basic airway adjuncts and oxygen (if relevant to workplace)
- Recognition and management of anaphylaxis (if relevant to workplace)
- Direction on how to complete online quiz

Date of Study Day/Workshop	Venue
Tuesday 22 February	Skills Lab
Tuesday 22 March	Level 1, Learning and Research Centre
Tuesday 5 April	Southland Hospital
Tuesday 17 May	
Tuesday 21 June	
Tuesday 26 July	
Tuesday 23 August	
Tuesday 13 September	
Tuesday 25 October	
Tuesday 29 November	
Tuesday 13 December	
Target Audience	RNs, ENs, HCAs, Allied Health staff, vaccinators
Open to Non SDHB Attendees	Yes. On negotiation with facilitator. Workplace specific group sessions can be set up by prior arrangement.
Time	1300 – 1430 hours
Face to Face Education Hours	1.5 hours
Online Education Hours	30 minutes (SDHB staff only)
Maximum Number of Attendees	8
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist

Additional Information	Recommended to complete Immediate Life Support quiz on HealthLearn prior to the day.
Cost	No cost
Bookings	<p>SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you</p> <p>Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

Infection Prevention and Control Study Day

Course Overview and Learning Outcomes:

- Reinforcement of IPC standards
- Practical skills
- Academic lecturers
- Topical discussions

Date of Study Day/Workshop	Venue
Friday 8 April Friday 11 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	IPC reps, all staff including community staff
Open to Non SDHB Attendees	Yes
Time	0830 – 1600 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	45
Facilitator	Sue Dillon
Additional Information	Nil
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

IV Orientation to New Nursing Staff (IV preparedness to practice)

Course Overview and Learning Outcomes:

A **2 hours** course for all new nursing staff requiring Level 1 IV Certification.

The key learning outcomes include:

- Administration of IV medications including bolus/infusion/secondary methods
- IV pump (standard, PCA)
- Introductory CVAD knowledge

NOTE – Booking for this session must be done by contacting the IV CNS’s on their email address: IVService.Southland@southerndhb.govt.nz

Date of Study Day/Workshop	Venue
Every Tuesday	IV Training Room Level 1, Learning and Research Centre Southland Hospital
Target Audience	All registered clinical staff
Open to Non SDHB Attendees	Yes
Time	1300 – 1500
Face to Face Education Hours	2 hours
Online Education Hours	Nil
Maximum Number of Attendees	3 attendees
Facilitator	Angela Knox and/or Peter Boon IV CNS
Additional Information	
Cost	No cost
Bookings	Via CNS email: IVService.Southland@southerndhb.govt.nz

Legal and Ethical Workshop

Course Overview and Learning Outcomes:

Registered and Enrolled Nurses will develop knowledge and critical thinking skills in relation to ethical, legal and professional issues in nursing. Knowledge gained will assist the nurse with clinical decision making to resolve ethical and legal issues in clinical practice.

Date of Study Day/Workshop	Venue
Friday 9 September	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled nurses both hospital, ARC and Community based
Open to Non SDHB Attendees	Yes
Time	Registration 0845 hours, start at 0900 -1630 hours (full day)
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	12 minimum 45 maximum
Facilitator	Nicola Brandsen, Educator Health Informatics and Research
Additional Information	Content may be adjusted based on speaker availability
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Medical Skills Day

Course Overview and Learning Outcomes:

Further development of skills and knowledge in clinical skills, interventions and clinical presentations in the Medical Ward.

Content Description:

Topics will be identified and developed prior to workshop based on need, interest and/or change.

Date of Study Day/Workshop	Venue
Wednesday 30 March Thursday 26 May Wednesday 17 August Wednesday 2 November	March – Seminar Room B May – Seminar Rooms A and B August and November – Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled Nurses working in the Medical Ward
Open to Non SDHB Attendees	No
Time	0845 – 1600 hours
Education Hours	8 hours
Maximum Number of Attendees	8
Facilitator	Nicola Dowling, Nurse Educator – Medical
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you

NETP Programme 2022 (Southland)

Course Overview and Learning Outcomes:

The NETP RN will safely transition as a newly registered nurse to practice, through the provision of the NETP programme which is underpinned by an evidence based model of transition (Duchscher, 2007).

The NETP RN will consolidate and advance knowledge and skills gained during their undergraduate degree via clinical experiences, ongoing learning and development, reflection and planned education days. This will enable them to achieve competent RN practice, demonstrated in their Professional Development and Recognition Programme (PDRP) portfolio.

Topic	Date	Venue
SDHB Welcome and IT / MedChart Training (Note: SDHB staff only)	31 January (Monday)	Level 1, Learning and Research Centre
NETP Programme Launch	1 February (Tuesday)	Level 1, Learning and Research Centre
Clinical Skills	2 February (Wednesday)	Level 1, Learning and Research Centre
De-escalation and Safer Moving (SMART)	3 February (Thursday)	Level 1, Learning and Research Centre
Maori Health Interprofessional Workshop	17 March (Thursday)	Marae (Bluff)
Unstable Patient	12 April (Internal) 14 April (External)	Level 1, Learning and Research Centre
Long Term Conditions – Day 1	19 May (Thursday)	Level 1, Learning and Research Centre
Long Term Conditions – Day 2	1 June (Wednesday)	Level 1, Learning and Research Centre
Palliative Care	23 June (Thursday)	Level 1, Learning and Research Centre and Hospice

Pain Management	7 July (Thursday)	Level 1, Learning and Research Centre
Career Planning, PDRP and Leadership	3 August (Wednesday)	Level 1, Learning and Research Centre
CNS Study Day	25 August (Thursday)	Level 1, Learning and Research Centre
Care Pathway Presentations	15 September (Thursday)	Level 1, Learning and Research Centre
Target Audience		New graduate NETP RNs and new graduates to the health care sector
Open to Non SDHB Attendees		Yes (aged care, primary health care)
Time		0900 to 1600 (unless informed otherwise)
Face to Face Education Hours		8 hours
Online Education Hours		Not applicable
Maximum Number of Attendees		variable
Facilitator		NETP Coordinator
Additional Information		Emails will be sent out prior if pre reading or preparation for the study day is required
Cost		No cost
Bookings		SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Newborn Life Support Training - Invercargill

Course Overview and Learning Outcomes:

Provides Newborn Life Support training to all relevant staff based on the New Zealand Resuscitation Council guidelines.

The New Zealand Resuscitation Council provides a curriculum that offers participants skills and knowledge in Newborn Life Support. Each course that we provide promotes best practice, emphasises team work, and is underscored by ANZCOR resuscitation guidelines.

Date of Study Day/Workshop	Venue
Thursday 10 March Friday 17 June Thursday 18 August Thursday 8 December	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Any staff who are likely to be present at births as part of their normal practice
Open to Non SDHB Attendees	Yes
Time	0830 – 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	12
Facilitator	NZRC NLS Instructors
Additional Information	Pre-reading will be sent out approximately 3 weeks prior to the workshop. Full day required every 3 years to maintain certification plus annual update.
Cost	No cost
Bookings	SDHB Employees – Not available to book via Employee Connect Please contact Dale Scully c/o Neonatal Unit ext 47924 e-mail dale.scully@southerndhb.govt.nz Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Non Invasive Ventilation (NIV) Workshop – by ResMed

Course Overview and Learning Outcomes:

To further develop knowledge and skill relating to NIV support provided by ResMed.

Content description:

Topics include:

- Understanding NIV
- BiPAP (with Stellar 150)
- Hands on interactive sessions

Date of Study Day/Workshop	Venue
Thursday 31 March Wednesday 15 June Thursday 18 August	Seminar Rooms A and B or Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled Nurses working with non-invasive ventilation
Open to Non SDHB Attendees	No
Time	0900 – 1300 hours
Education Hours	8 hours (combination of online and face to face learning)
Maximum Number of Attendees	8
Facilitators	Product Specialist – ResMed
Additional Information	Contact Nicola Dowling, Nurse Educator – Medical for further information.
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you

NZRC CORE Advanced Rescuer Course

Course Overview and Learning Outcomes:

Development of skills and knowledge in basic and advanced adult and paediatric resuscitation.

Standardised course content developed by the New Zealand Resuscitation Council (NZRC).

One day course that teaches and assesses the following skills and knowledge -

- Basic resuscitation for adults and children
- Arrhythmia recognition and the use of advisory and manual defibrillators
- Airway management including Laryngeal Mask Airway insertion
- The generic approach to the early management of trauma
- Advanced management of adult and paediatric collapse including appropriate drug therapies and peri-arrest management
- The use of teamwork and communication in managing a crisis

Date of Study Day/Workshop	Venue
Wednesday 23 February Wednesday 23 March Wednesday 13 April Wednesday 18 May Wednesday 22 June Wednesday 27 July Wednesday 24 August Wednesday 14 September Wednesday 19 October Wednesday 30 November Wednesday 14 December	Level 1, Learning and Research Centre Southland Hospital
Target Audience	Trainee Interns, House Officers, Registrars, SMOs RNs – CCU/Emergency/PACU/PRIME/Transfers/CTC/ Duty Managers Anaesthetic Techs, GPs, Dentists.
Open to Non SDHB Attendees	Available to GPs if places available
Time	0800 to 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil

Maximum Number of Attendees	10
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Pre-reading workbooks and course information will be sent out 3 - 4 weeks prior to the course
Cost	\$ 500.00 for non-hospital staff
Bookings	Contact course director to book. Paul Winder paul.winder@southerndhb.govt.nz Cell phone 027 403 7417

Orientation Support Workshop

Course Overview and Learning Outcomes:

These workshops will provide a safe environment in which nurses and midwives new to Southland Hospital can learn “how things are done here”, ask questions and form collegial support networks.

Attendees will gain knowledge of patient flow processes and documentation and then consolidate knowledge gained by engaging in patient simulation activities which put learnings into practice.

A shared lunch will welcome our new nurses and midwives and foster a sense of hospital community.

Date of Study Day/Workshop	Venue
Monday 21 March Tuesday 14 June Monday 8 August Thursday 10 November	Seminar Rooms A or B and Simulation Suites Level 1, Learning and Research Centre Southland Hospital
Target Audience	Limited to RNs, Midwives and ENs new to working at Southland Hospital
Open to Non SDHB Attendees	No
Time	0800 – 1630 hours
Education Hours	8 hours
Maximum Number of Attendees	8
Facilitator	PDU Team member(s)
Additional Information	Tea and coffee will be available Participants are invited to bring a small shared lunch to share with the group Contact person: Julie Symons julie.symons@southerndhb.govt.nz
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you

Orthopaedic Study Day

Course Overview and Learning Outcomes:

To provide nurses and other health professionals with the opportunity to develop their knowledge and skills in caring for orthopaedic patients.



- Review anatomy and physiology of the musculoskeletal system
- Update of common musculoskeletal conditions
- Care of the orthopaedic patient postoperatively
- Management of the orthopaedic patient with supporting orthopaedic devices
- Discussion of the drug journey of the orthopaedic patient
- Update of current surgical evidence
- Multidisciplinary care following knee and hip surgery

Date of Study Day/Workshop	Venue
Wednesday 30 March Wednesday 10 August	Seminar Room A Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health Professionals
Open to Non SDHB Attendees	Yes, but preference given to Surgical Ward Staff
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours (including 1 hour SDL)
Online Education Hours	Not required
Maximum Number of Attendees	16
Facilitator	Marie Mitchell – Surgical Educator
Additional Information	Orthopaedic booklets to be completed
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Paediatric Study Day

Course Overview and Learning Outcomes:

A variety of relevant paediatric topics will be covered. Confirmation of the theme will occur closer to the dates.

Date of Study Day/Workshop	Venue
Thursday 24 March Thursday 20 October	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Children's Ward nurses and any others with an interest in paediatrics
Open to Non SDHB Attendees	Yes – those with an interest in paediatrics
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	None
Maximum Number of Attendees	20
Facilitator	Sharon Tou / Laura Popham – Children's Ward Nurse Educator
Additional Information	Any pre-reading/workbooks will be sent out prior
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Pain Study Day

Course Overview and Learning Outcomes:

To provide health care professionals with the opportunity to gain a greater understanding of pain management

- Pathophysiology of pain and pain pathways
- Mechanisms of acute and chronic pain
- Update on pain assessment including tools
- Management of complex pain
- Discussion of analgesic ladder and medication choices
- Review analgesia delivery methods



Date of Study Day/Workshop	Venue
Wednesday 6 April Wednesday 6 July Wednesday 9 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health professionals
Open to Non SDHB Attendees	Yes, focus on acute and persistent pain
Time	0830 – 1530 + 1530 – 1630 SDL
Face to Face Education Hours	7 hours + 1 hour SDL (booklets)
Online Education Hours	1 hour (healthLearn)
Maximum Number of Attendees	16
Facilitator	Marie Mitchell- Surgical Educator
Additional Information	Complete HealthLearn Entonox (RGMS008) Read the articles/information/quiz (CAMD001) Wound Catheter/PCA booklets
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southernhb.govt.nz

Palliative Care Study Day

Course Overview and Learning Outcomes:

- Palliative care assessment and philosophy
- Last days of life 'Te Ara Whakapiri'
- Advance Care Planning
- Medication management
- Ethical issues of hydration and nutrition at end of life
- Multi-disciplinary approach

Date of Study Day/Workshop	Venue
Tuesday 3 May	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Hospital Registered Nurses, Enrolled Nurses and Allied Health
Open to Non SDHB Attendees	Yes
Time	0830 to 1600 hours
Face to Face Education Hours	7 hours
Online Education Hours	1 hour
Maximum Number of Attendees	Minimum 10 Maximum 20
Facilitator	Holley Andersen
Additional Information	None
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Parenteral Nutrition Mini workshop

Course Overview and Learning Outcomes:

To provide health care professionals with the opportunity to gain a greater understanding of parenteral nutrition.

Two hour course that teaches the following skills and knowledge:

- Process of patient selection for Parenteral Nutrition
- Types, benefits and trends in Parenteral Nutrition
- Responsibilities around commencement and discontinuation of Parenteral Nutrition
- Nursing care implications for patients on Parenteral Nutrition
- Trouble shooting and complications of Parenteral Nutrition



NOTE – this training is already part of the CVAD full-day workshop. This booking is only relevant for staff who require Parenteral Nutrition training as a STAND ALONE course.

Date of Study Day/Workshop	Venue
Thursday 10 February Thursday 7 April Thursday 9 June Thursday 11 August Thursday 6 October Thursday 1 December	Seminar Room A Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health agency staff
Open to Non SDHB Attendees	Yes for health agency staff caring for people in community with Parenteral Nutrition.
Time	1415 to 1615 hours
Face to Face Education Hours	2 hours
Online Education Hours	Nil
Maximum Number of Attendees	12
Facilitator	Marie Mitchell Nurse Educator – Surgical Extension 48033
Additional Information	2 hour stand alone workshop but recommended to attend central venous access devices in the am for context.
Cost	No cost

Bookings

SDHB Employees –
Please book via Employee Connect or contact
your manager or educator who will book you

Non SDHB Employees –
Please contact Julie Gorrie
ext 47920 or DDI 03 2148920
e-mail julie.gorrie@southerndhb.govt.nz

PDRP Assessor Workshop (Southland site)

Course Overview and Learning Outcomes:

This workshop aims to provide the **PDRP Assessor** an introduction to ePortfolio platform for Te Kāhui Kōkiri Mātanga, provide national/regional/local updates and provide forum to discuss topics/issues or relevance to PDRP assessing.



Date of Study Day/Workshop	Venue
Monday 7 March	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Limited to PDRP Assessors associated with the Southern DHB (Southland Site) PDRP
Open to Non SDHB Attendees	Yes Limited to PDRP Assessors associated with the Southern DHB PDRP
Time	1000 – 1400 hours
Face to Face Education Hours	4 hours
Online Education Hours	Nil
Maximum Number of Attendees	12
Facilitator	Nic Dowling and Julie Symons – Nurse Coordinator PDRP
Additional Information	Tea and coffee will be available
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

PDRP ePortfolio Workshop

Course Overview and Learning Outcomes:

This workshop is to introduce ePortfolios to nurses who have previously submitted a portfolio or been to a PDRP Portfolio workshop/undertaken PDRP education.



As part of this workshop participants will do 'hands on' training in the ePortfolio.

Date of Study Day/Workshop	Venue
Monday 21 February Monday 28 March Monday 2 May Monday 1 August Monday 31 October Monday 14 November	Seminar Rooms A and B or Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled Nurses who have previous submitted a portfolio or have undertaken PDRP education and are wanting to complete a PDRP ePortfolio
Open to Non SDHB Attendees	Yes – if the employing organisation has a PDRP MOU with SDHB
Time	1030 – 1230 hours. Please note this session will join an existing workshop.
Face to Face Education Hours	2 hours (attendee to complete 30 minutes online learning prior to attending)
Online Education Hours	30 minutes
Maximum Number of Attendees	4
Facilitators	Nicola Dowling and Julie Symons – Nurse Coordinators PDRP
Additional Information	Attendees <u>MUST</u> complete HealthLearn course ePortfolio (RGIT003) prior to attending. If possible bring your own laptop that can connect to wifi. Tea and coffee available
Cost	No cost

Bookings

SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you

Non SDHB Employees –
Please contact Julie Gorrie
ext 47920 or DDI 03 2148920
e-mail julie.gorrie@southerndhb.govt.nz

PDRP ePortfolio Workshop for Beginners

Course Overview and Learning Outcomes:

This workshop is to introduce PDRP and ePortfolios to nurses.

As part of this workshop participants will do 'hands on' training in the ePortfolio.



Date of Study Day/Workshop	Venue
Monday 14 February Monday 4 April Monday 11 April	Seminar Room A or Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled Nurses new to PDRP and are wanting to complete a PDRP ePortfolio
Open to Non SDHB Attendees	Yes – if the employing organisation has a PDRP MOU with SDHB
Time	1030 – 1230 hours. Attendees are welcome to remain after finish time to continue to work on their ePortfolio
Face to Face Education Hours	2 hours (attendee to complete 30min online learning prior to attending)
Online Education Hours	30 minutes
Maximum Number of Attendees	10
Facilitators	Nicola Dowling and Julie Symons – Nurse Coordinators PDRP
Additional Information	Attendees <u>MUST</u> complete HealthLearn course ePortfolio (RGIT003) prior to attending. If possible bring your own laptop that can connect to wifi Tea and coffee available
Cost	No cost

Bookings

SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you

Non SDHB Employees –
Please contact Julie Gorrie
ext 47920 or DDI 03 2148920
e-mail julie.gorrie@southerndhb.govt.nz

PDRP Portfolio Workshop

Course Overview and Learning Outcomes:

This workshop aims to provide participants with knowledge regarding submission requirements for all PDRP levels and introduce ePortfolios.

As part of this workshop all participants will have significant time to work on self-reflection, peer review and/or appraisal with support from the PDRP Co-ordinators.



Date of Study Day/Workshop	Venue
Monday 21 February Monday 28 March Monday 2 May Monday 1 August Monday 31 October Monday 14 November	Seminar Rooms A and B or Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled Nurses wanting to complete a PDRP portfolio
Open to Non SDHB Attendees	Yes – if the employing organisation has a PDRP MOU with SDHB
Time	0900 to 1630 hours (Start time 0830 hours if attendee wanting to complete HealthLearn course prior to workshop)
Face to Face Education Hours	7.5 hours (attendee to complete 30 minutes online learning)
Online Education Hours	30 minutes
Maximum Number of Attendees	10
Facilitator	Nic Dowling and Julie Symons
Additional Information	<p>Attendees <u>MUST</u> complete HealthLearn course ePortfolio (RGIT003) prior to attending.</p> <p>If possible bring your own laptop that can connect to wifi.</p> <p>A USB stick is useful even if you do not have a laptop. PDRP documents can be loaded to your USB for use later. Tea and coffee available</p>

Cost	No cost
Bookings	<p>SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you</p> <p>Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

Port Needle Insertion Mini-Workshop

Course Overview and Learning Outcomes:

A **2 hour** course that enables attendees to effectively access and de-access a patient's port device as it is required in clinical areas.

The key learning outcomes include:

- Placement of Ports and relevant equipment used
- Techniques in accessing and verifying position
- Troubleshooting and complications of Ports
- De-accessing Huber needles from the Port

NOTE – this training follows the CVAD Workshop but both sessions need to be booked separately.

Date of Study Day/Workshop	Venue
Thursday 10 February Thursday 7 April Thursday 9 June Thursday 11 August Thursday 6 October Thursday 1 December	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	All registered clinical staff
Open to Non SDHB Attendees	Yes (Registered staff that are employed in clinical areas encountering Ports)
Time	1415 to 1615hrs
Face to Face Education Hours	2 hours
Online Education Hours	Nil
Maximum Number of Attendees	6 attendees
Facilitator	Peter Boon and/or Angela Knox IV CNS
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Preceptorship Workshop

Course Overview and Learning Outcomes:

To provide health professionals with an interactive workshop which will give them the skills necessary to become effective preceptors to new graduate nurses in their workplace.

NOTE: THE THREE YEARLY PRECEPTORSHIP UPDATE IS NOW ACCESSED VIA HEALTHLEARN (SRLD002)

Topics covered include:

- Understanding preceptorship
- New graduate stages of transition
- Adult learning principles
- Giving and receiving feedback
- Conflict management
- Assessment and evaluation
- Critical thinking
- Teaching models
- Thinking aloud

Date of Study Day/Workshop	Venue
28 March (Monday) and 29 March (Tuesday) 28 November (Monday) and 29 November (Tuesday)	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled Nurses
Open to Non SDHB Attendees	Yes - if preceptorship will be part of your practice
Time	0900 – 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	N/A
Maximum Number of Attendees	20
Facilitator	NETP Coordinator and SIT Nurse Educator
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Respiratory Study Day

Course Overview and Learning Outcomes:

- Recognise the prevalence of common respiratory conditions
- Have an increased knowledge of the most common respiratory conditions and how to assess them
- Have greater understanding of nursing management strategies

Topics include:

- Anatomy and Physiology
- Assessment Skills
- Pharmacology
- Exploration of diseases and conditions
- Condition management
- Case studies

Presentations from Respiratory Nurses, Respiratory Physicians, MDT members and more.

Date of Study Day/Workshop	Venue
Thursday 5 May Thursday 27 October	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered Nurses
Open to Non SDHB Attendees	Yes – Registered Nurses
Time	0900 – 1600
Face to Face Education Hours	7 hours
Online Education Hours	Nil
Maximum Number of Attendees	25
Facilitator	Lisa Mason – Long Term Conditions CNS (Respiratory)
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Safer Moving and Handling Trainers Day

Learning Outcomes:

- Understand why moving and handling programmes are required in the workplace
- Fundamental postures and actions when performing a manual handling task
- Work as part of a team
- State the legislation governing manual handling in your workplace
- Explain the process of manual handling risk assessment and management

Content Description:

- Discomfort, pain and injury
- Risk Assessment
- Patient Handling Requirements
- Fundamentals of Postures and Actions
- Practical Techniques
- Moving and Handling People: The New Zealand Guidelines
- Bariatric patients
- Emerging trends or technology

Date of Study Day/Workshop	Venue
Thursday 24 February Thursday 26 May Thursday 29 September Thursday 17 November	Seminar Rooms A and B or Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Safer Moving and Handling SDHB Trainers
Open to Non SDHB Attendees	No
Time	0830 – 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	20
Facilitator	Haim Haviv Safer Moving and Handling Coordinator
Additional Information	Please wear comfortable clothing for practical sessions
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you

Safer Moving and Handling Trainers Day (non DHB)

Learning Outcomes:

- Understand why moving and handling programmes are required in the workplace
- Fundamental postures and actions when performing a manual handling task
- Work as part of a team
- State the legislation governing manual handling in your workplace
- Explain the process of manual handling risk assessment and management

Content Description:

- Discomfort, pain and injury
- Risk Assessment
- Patient Handling Requirements
- Fundamentals of Postures and Actions
- Practical Techniques
- Moving and Handling People: The New Zealand Guidelines
- Bariatric patients
- Emerging trends or technology

Date of Study Day/Workshop	Venue
Thursday 31 March Thursday 21 July	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Safer Moving and Handling Trainers
Open to Non SDHB Attendees	Yes
Time	0830 – 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	20
Facilitator	Haim Haviv Safer Moving and Handling Coordinator
Additional Information	Please wear comfortable clothing for practical sessions
Cost	No cost
Bookings	Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Sexual Health in Pregnancy “What’s going on up there down under”

Course Overview and Learning Outcomes:

Update on current best practice and evidence based management of sexual health issues related to pregnancy.

Date of Study Day/Workshop	Venue
Friday 29 July	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Midwives and Registered Nurses working in womens health
Open to Non SDHB Attendees	Yes – LMCs and Nurses working in areas providing care in pregnancy
Time	0830 – 1400 hours
Face to Face Education Hours	5.5 hours
Online Education Hours	Nil
Maximum Number of Attendees	20
Facilitator	Bernadette Archer
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

SMART Training (Safe Moving and Restraint Minimisation Training)

Course Overview and Learning Outcomes:

- Mandatory for all new employees in Nursing, Midwifery, Allied Health who have “direct” clinical patient contact
- De-escalation is also open to administration and clerical staff (two hours 0800 – 1000 hours)
- This format will ensure compliance with both RMSP, de-escalation and moving and handling
- Moving and handling require a yearly update
- RMSP three yearly in conjunction with mandatory components



Desired Learning Outcomes:

- Understand the legal implications and individual responsibilities for restraint minimisation and safe practice and moving and handling programmes in the workplace
- Identify the risks and develop skills to prevent/manage risks and promote patient safety
- Fundamental skills, postures and actions when performing a manual handling task
- Competent in responsibilities regarding documentation, notification and intervention

Content Description:

- De-escalation – Identifying Triggers and Skills to Respond
- Security Team Breakaway Techniques
- RMSP Legislation, Responsibilities and Documentation
- Risk Assessment – LITEN UP Approach
- Patient Handling Requirements
- Fundamentals of Postures and Actions
- Practical Skills Stations

Date of Study Day/Workshop	Venue
Wednesday 23 February	Seminar Rooms A and B
Wednesday 18 May	Level 1, Learning and Research Centre
Wednesday 20 July	Southland Hospital
Wednesday 28 September	
Wednesday 16 November	
Target Audience	All Nursing, Midwifery and HCA's, SDHB and non SDHB staff
Open to Non SDHB Attendees	Yes, primary care providers, rest homes, hospitals

Time	0800 to 1630 hours (8 hours)
Face to Face Education Hours	8 hours
Online Education Hours	-
Maximum Number of Attendees	15
Facilitator	Haim Haviv Safer Moving and Handling Coordinator Merlin Joseph Restraint Minimisation and Safe Practice Coordinator
Additional Information	Nil
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Stroke Study Day – Videoconference

Course Overview and Learning Outcomes:

This is a study day run by the South Island Alliance in Christchurch. Southland Hospital runs a videoconference session to make the education more accessible for all.

This study day covers a diverse range of topics presented by experts in their field. Topics and date will be confirmed mid 2022 and vary from year to year.

Date of Study Day/Workshop	Venue
TBC (usually October/November)	TBC (Southland Hospital site)
Target Audience	Allied Health, Nursing and Medical staff working with stroke patients within SDHB
Open to Non SDHB Attendees	Yes
Time	0900 – 1530 hours
Face to Face Education Hours	6 hours
Online Education Hours	0
Maximum Number of Attendees	20
Facilitator	Hannah Grant
Additional Information	Nil
Cost	No cost
Bookings	<p>SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you</p> <p>Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

Stroke Workshop

Course Overview:

Further development of skills and knowledge to improve the quality of care provided to stroke patients across the healthcare continuum.

Desired Learning Outcomes:

- Anatomy and physiology
- Assessment skills
- Acute interventions: thrombolysis and clot retrieval
- Nursing care of stroke patients
- MDT roles in stroke
- Patient education and support

Date of Study Day/Workshop	Venue
Tuesday 22 March Tuesday 28 June	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled Nurses
Open to Non SDHB Attendees	Yes
Time	0830 – 1600 hours
Face to Face Education Hours	8 hours
Online Education Hours	0
Maximum Number of Attendees	20
Facilitator	Hannah Grant
Additional Information	Nil
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Surgical Skills Workshop

Course Overview and Learning Outcomes

To provide health professionals with the opportunity to update their knowledge and skills around caring for people with surgical interventions.



- Update of current surgical trends and evidence
- Discuss the care of the postoperative patient following surgery
- Update on practical skills:
 - Gastrointestinal, nasogastric insertion, stoma siting, making a template and stoma care, orthopaedic manual handling, cryotherapy, traction, braces wound care, Negative Pressure Wound Therapy (including PICO dressings) urology, continuous bladder irrigation, manual irrigation and maintaining a fluid balance chart

Date of Study Day/Workshop	Venue
Wednesday 9 March Tuesday 17 May Wednesday 13 July Wednesday 21 September Wednesday 23 November	Seminar Room A Level 1, Learning and Research Centre Southland Hospital
Target Audience	Those working in acute settings
Open to Non SDHB Attendees	Yes, but preference will be given to surgical ward staff
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Not required
Maximum Number of Attendees	12
Facilitator	Marie Mitchell – Surgical Educator
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Understanding Incontinence

Course Overview and Learning Outcomes:

- Understanding normal bladder and bowel behaviour
- What can go wrong
- What can be done
- Continence products
- Product technology/use/application

Date of Study Day/Workshop	Venue
Wednesday 8 June	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	RN, HCA or anyone managing incontinence
Open to Non SDHB Attendees	Yes – Caregivers, RN, EN
Time	Either: 0900 – 1200 hours OR 1300 – 1600 hours
Face to Face Education Hours	3 hours
Online Education Hours	Nil
Maximum Number of Attendees	20 each session
Facilitator	Helen Peek, Nicola Wathne
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Unstable Patient Workshop – Hospital Setting

Course Overview and Learning Outcomes:

To improve the skills and knowledge required for effective assessment and management of the unstable or deteriorating patient.

- Review physiology of system failure and cellular shock
- Common conditions that contribute to patient deterioration
- Review signs and symptoms of the deteriorating patient
- Systematic management of the unstable patient
- Use of early warning scores
- Communication and teamwork strategies
- Simulated patient cases

Date of Study Day/Workshop	Venue
Wednesday 2 March Wednesday 6 April Wednesday 8 June Wednesday 3 August Wednesday 5 October Wednesday 9 November	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	RNs and ENs working in hospital setting - Medical, Surgical, Rehabilitation, Perioperative, Lakes District Hospital
Open to Non SDHB Attendees	Dunstan Hospital, Gore Health Limited, Southern Cross
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	12
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Booklet of course content will be issued on the day
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Unstable Patient Workshop – Primary Care Setting

Course Overview and Learning Outcomes:

To improve the skills and knowledge required for effective assessment and management of the unstable or deteriorating patient in the Primary Care/Community setting.

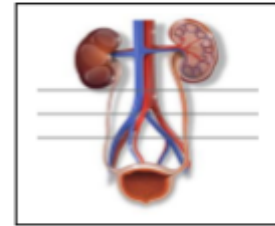
- Review physiology of system failure and cellular shock
- Common conditions that contribute to patient deterioration
- Review signs and symptoms of the deteriorating patient
- Systematic management of the unstable patient
- Use of early warning scores and local systems to guide response
- Communication and teamwork strategies
- Simulated patient cases

Date of Study Day/Workshop	Venue
Wednesday 4 May Wednesday 28 September	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	RNs and ENs working in community-based healthcare
Open to Non SDHB Attendees	Yes - Rest Homes, Medical Centres
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	10
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Booklet of course content will be issued on the day
Cost	No cost
Bookings	Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Urology Study Day

Course Overview and Learning Outcomes:

To provide health care professionals with the opportunity to update their knowledge and skills around caring for patients with urological disorders



- Review anatomy and physiology of the urology system
- Update on current surgical procedures
- Review current surgical evidence
- Review medications prescribed in the care of the urology patient
- Discuss services and support for the patient with a urology disorder
- Discuss the care of the postoperative care of the patient following surgery

Date of Study Day/Workshop	Venue
Tuesday 4 October	Seminar Room A Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health Professionals
Open to Non SDHB Attendees	Yes, but preference given to Surgical Ward Staff
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	
Maximum Number of Attendees	20
Facilitator	Marie Mitchell – Surgical Educator
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Vaccinator Training Course – Two-day face to face tutorial

Course Overview and Learning Outcomes:

To provide participants with the knowledge and skills required to become competent vaccinators. Participants will understand the processes and systems, which underpin vaccinator practice as outlined in the Immunisation Handbook and meet the minimum legal requirements for vaccinators.

Date of Study Day/Workshop	Venue
<u>Vaccinator Training Courses (VTC)</u> Dunedin 23 and 24 February Invercargill 30 and 31 August	Metro Direct Lounge, Edgar Centre, Dunedin Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	For new vaccinators. Initial education pathway for authorised vaccinators and pharmacist vaccinators
Open to Non SDHB Attendees	Open to non SDHB attendees who have a current practicing certificate from registration authority (eg. Nursing Council of New Zealand, Pharmaceutical Society of New Zealand, or other health professional body)
Time	9am - 5pm
Face to Face Education Hours	Two days 9am – 5pm in a classroom setting (16 hours)
Online Education Hours	4 hours
Maximum Number of Attendees	20-30 (venue dependent)
Facilitator	The Immunisation Advisory Centre
Additional Information	Pre-reading, online open book assessment, appropriate CPR qualification & clinical assessment required to complete the course to become an authorised vaccinator
Cost	Two days \$190
Bookings	Registrar at Conectus Learning: lms.conectus.org.nz

Vaccinator Update Course

Course Overview and Learning Outcomes:

Two yearly vaccinator update courses to provide participants with the knowledge and skills required to continue to be competent vaccinators. Participants will understand the processes and systems, which underpin vaccinator practice as outlined in the Immunisation Handbook and meet the minimum legal requirements for vaccinators.

Date of Study Day/Workshop	Venue
<u>Vaccinator training update</u> Dunedin 25 February Dunedin 2 September Invercargill 1 September	Metro Direct Lounge, Edgar Centre, Dunedin Fraser Room A Fraser Building, Dunedin Hospital Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Vaccinators that are required to complete their 2 yearly approved vaccinator update to maintain their status.
Open to Non SDHB Attendees	Yes, open to non SDHB attendees who have a current practicing certificate from a registration authority (eg. Nursing Council of New Zealand, Pharmaceutical Society of New Zealand or other health professional body) and need to complete their 2 yearly vaccinator update course
Time	9am – 12.30pm
Face to Face Education Hours	3.5 hour update course in classroom setting
Online Education Hours	2 hours
Maximum Number of Attendees	20-30 dependent on venue
Facilitator	The Immunisation Advisory Centre
Additional Information	Pre-reading required
Cost	\$90
Bookings	Registrar at Conectus Learning: lms.conectus.org.nz

Venepuncture Workshop

Course Overview and Learning Outcomes:

A **4 hour** course that develops skill and knowledge around venepuncture thus enabling participants to draw a high quality blood sample using modern vacutainer safety systems.

The key learning outcomes include:

- Identifying and dilating an appropriate vessel
- Accessing a vessel with a vacutainer system and/or
- Accessing a vessel with a safety butterfly system
- Correct order of draw
- Optimising draw quality
- Minimising and recognising complications

Date of Study Day/Workshop	Venue
Tuesday 15 March Thursday 12 May Tuesday 5 July Thursday 17 November	Skills Lab and IV Training Room Level 1, Learning and Research Centre Southland Hospital
Target Audience	All registered clinical staff
Open to Non SDHB Attendees	Yes (Registered and non-registered staff eg. nursing/midwifery students, that are employed in clinical areas requiring venepuncture)
Time	0830 to 1230 hours
Face to Face Education Hours	4 hours
Online Education Hours	Nil
Maximum Number of Attendees	6 attendees
Facilitator	Peter Boon and/or Angela Knox IV CNS
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

VIP Family Violence and Child Protection (Core Training)

Course Overview:

- To give staff the knowledge, skills and frameworks to identify and address child abuse and partner abuse
- To introduce staff to the community services to whom they will be referring patients experiencing child abuse and partner abuse

Content Description:

- Topics include: theory, power, control and victimisation
- Partner abuse: Why screen? How to ask the question? What to say when she/he says yes
- Discussing policy around reporting and working on getting this right
- Epidemiology of family violence and effects of violence on children: how common, does it matter?
- Child abuse: principles and practice and the Child Protection National Alert system
- Professional dangerousness: responses that don't help
- Role of Oranga Tamariki and the Police (Family Harm Team): what will they do when we refer?
- How to access and sign up to the Epro-safe database and the benefits

Date of Study Day/Workshop	Venue
Wednesday 16 February Wednesday 13 April Wednesday 15 June Wednesday 17 August Wednesday 12 October	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	All DHB staff
Open to Non SDHB Attendees	Yes but only health practitioners
Time	0830 to 1630 hours
Face to Face Education Hours	8 hours including on-line training
Online Education Hours	Nil
Maximum Number of Attendees	8 minimum – 20 maximum
Facilitator	Nicola Hillis and Marla Lewis
Additional Information	
Cost	No cost

Bookings

SDHB Employees –
Please book via Employee Connect or contact
your manager or educator who will book you

Non SDHB Employees
Please contact Nicola Hillis
Family Violence and Child Protection
Intervention Co-ordinator
Phone 2181949 extension 48648
Email nicola.hillis@southerndhb.govt.nz

VIP Family Violence and Child Protection (Refresher Training)

Course Overview and Learning Outcomes:

To build on knowledge gain from Family Violence and Child Protection Core training and to keep staff informed on new processes such as National Child Alerts etc.

Desired Learning Outcomes:

- Overview of the Six step process
- Updates around Policy/Procedure relating to Family Violence
- National Child Alert Process /ED screen checklist /Strangulation Guideline
- Case Study

Date of Study Day/Workshop	Venue: CSB Lecture Theatre
Thursday 17 March 0830 – 1230 Tuesday 17 May 1300 – 1700 Thursday 14 July 1300 – 1700 Tuesday 13 September 0830 – 1230 Thursday 17 November 0830 – 1230	CSB Lecture Theatre Community Services Building Southland Hospital for all sessions
Target Audience	Only open to staff that have attended VIP Core training
Open to Non SDHB Attendees	Yes – Health Practitioners only that have completed VIP Core Training
Time	As above
Face to Face Education Hours	4 hours
Online Education Hours	Nil
Maximum Number of Attendees	Min 10 Max 30
Facilitator	Nicola Hillis and Marla Lewis
Additional Information	MUST have attended VIP Family Violence and Child Protection Training (Core)
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees Please contact Nicola Hillis Family Violence and Child Protection Intervention Co-ordinator Phone 2181949 extension 48648 Email nicola.hillis@southernhb.govt.nz

Women's Health Study Day

Course Overview and Learning Outcomes:

To provide the opportunity for health professionals to enhance their understanding of women's health issues.



- Review anatomy and physiology of the reproductive system
- Update on current surgical procedures
- Discuss the care of the post-operative patient following surgery
- Management of chronic conditions

Date of Study Day/Workshop	Venue
Wednesday 7 September	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health Professionals
Open to Non SDHB Attendees	Yes, but preference is given to hospital health professionals
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Not required
Maximum Number of Attendees	20
Facilitator	Marie Mitchell – Surgical Educator
Additional Information	
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Wound Assessment and Management (for Inpatient Ward Staff) by Molnlycke

Course Overview and Learning Outcomes:

This workshop is to further develop knowledge and skill relating to the prevention, assessment, and management of wounds (including pressure injuries). To develop and discuss understanding of wound products and their clinical application.

Content description:

Topics may include: *(will be tailored to clinical need/audience)*

- Wound care products update
- Pressure injury treatment and prevention
- Diabetic ulcers
- Skin tears prevention and management of... what is best practice
- Pressure Injury prevention health economics
- Wound management and TIME principles

Date of Study Day/Workshop	Venue
Wednesday 25 May Thursday 24 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Inpatient Ward Registered and Enrolled Nurses undertaking wound care
Open to Non SDHB Attendees	Target Audience is Southland Hospital Inpatient Areas. Will be open to outside hospital departments and then non hospital areas should registrations allow.
Time	0900 – 1530 hours
Education Hours	8 hours (6 hours + 2 hours online learning)
Maximum Number of Attendees	12
Facilitator	Territory Manager – Molnlycke Health Care
Additional Information	Contact Nicola Dowling, Nurse Educator – Medical for further information
Cost	No cost
Bookings	SDHB Employees – Please book via Employee Connect or contact your manager or educator who will book you Non SDHB Employees – Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Wound – Lower Leg Compression Therapy Workshop

Course Overview and Learning Outcomes:

This workshop is intended for nurses who currently work with patients/residents/clients with lower leg wounds that require compression therapy.

- Overview of best practice venous leg ulcer guidelines and atypical presentations
- Describe risk factors, signs and symptoms of arterial and venous leg ulcers
- Discuss the principles of measuring the ankle brachial pressure index (ABPI) in the assessment of arterial disease
- Discuss the principles and safety of applying compression in the prevention and treatment of venous leg ulcers
- Skin care and the importance of compression hosiery post healing to reduce ulcer recurrence
- Provide education for patients receiving compression therapy
- SDHB District Nurses demonstrate competence in the application of compression therapy

Date of Study Day/Workshop	Venue
Tuesday 22 March Tuesday 20 September	CSB Lecture Theatre Community Services Building Southland Hospital
Target Audience	District nurses or nurses applying compression bandaging systems <u>routinely</u>. This excludes nurses working in hospital and community who are <u>not</u> routinely applying compression bandaging.
Open to Non SDHB Attendees	Yes
Time	0900-1400 hours
Face to Face Education Hours	5 hours
Online Education Hours	3 hours
Maximum Number of Attendees	Maximum 8 (six District Nurses)
Facilitator	Mandy Pagan CNS Wound
Additional Information	<p>Prior completion of the Compression Therapy Self-directed Learning Package MIDAS ID: 46960</p> <p>External DHB attendee's competency must be done in consultation with their organisation.</p> <p>Morning Tea provided.</p> <p>WEAR LOOSE CLOTHING ON YOUR LEGS FOR COMPRESSION BANDAGING APPLICATION.</p>

Cost	No cost
Bookings	Please book via Mandy Pagan CNS Wound Cellphone: 027 807 0132 or via email amanda.pagan@southerndhb.govt.nz

Wound – Outpatient Wound Clinic – Advanced Assessment and Diagnostic Skills

Course Overview and Learning Outcomes:

To enhance learning and knowledge of advanced assessment and diagnostic reasoning skills in a vascular nurse-led clinic.

To conduct a focused patient lower leg history, examination, and investigations (ankle-brachial pressure index and/or toe-brachial pressure index) to aid diagnosis and to develop an individualised patient management plan.

Date of Study Day/Workshop	Venue
Every Monday	Outpatient Clinic
Target Audience	Post-Graduate Registered Nurses undertaking Advanced Assessment & Diagnostic Reasoning Paper.
Open to Non SDHB Attendees	Yes
Time	0900 to 1200 hours
Face to Face Education Hours	3 hours
Online Education Hours	Nil
Maximum Number of Attendees	One
Facilitator	Mandy Pagan CNS Wound
Additional Information	<p>For wound resources pre-clinic please contact: amanda.pagan@southerndhb.govt.nz</p> <p>Disclaimer: Each clinician must work within their scope of practice; clinic attendance does not provide competency for doppler assessment or application of compression therapy.</p> <p>MRSA clearance (within one-month accepted) if you do not work for the Southern District Health Board prior to clinic attendance</p>
Cost	No cost
Bookings	<p>SDHB and Non SDHB Employees – Please book via joanne.clark@southerndhb.govt.nz</p> <p>Extension: 47993</p>

Wound – Outpatient Wound Clinic Training

Course Overview and Learning Outcomes:

To provide a nurturing learning environment, whilst working alongside expert nurses, to advance wound knowledge and practical skills that can be applied into practice.

Please advise the clinic nurses if there is any particular skill you wish to be introduced to so we can help to accommodate and enhance your learning experience. This may include:

- To perform a comprehensive wound assessment utilising the TIME acronym
- To discuss wound aetiology and appropriate product and/or compression selection
- To discuss the importance of skin hygiene and care
- Applying the wound hygiene principles including conservation sharp wound debridement

Date of Study Day/Workshop	Venue
Every Wednesday	Fracture Clinic
Target Audience	Nurses already performing wound care and wanting to increase their skills and knowledge. The clinic predominantly manages patients with lower leg ulcers.
Open to Non SDHB Attendees	Yes
Time	0900 to 1200 hours
Face to Face Education Hours	3 hours
Online Education Hours	Nil
Maximum Number of Attendees	One
Facilitator	Wound Clinic Team
Additional Information	<p>For wound resources pre-clinic please contact: amanda.pagan@southerndhb.govt.nz</p> <p>Disclaimer: Each clinician must work within their scope of practice; clinic attendance does not provide competency for wound debridement or application of compression therapy.</p> <p>MRSA clearance (within one-month accepted) if you do not work for the Southern District Health Board prior to clinic attendance</p>

Cost	No cost
Bookings	SDHB and Non SDHB Employees – Please book via joanne.clark@southerndhb.govt.nz Extension: 47993