

Cultural Self-Assessment

Key Māori concepts, values and practices

- ☐ I CAN pronounce Māori names, places, words and te reo Māori correctly
- ☐ I CAN greet and farewell in te reo Māori
- ☐ I CAN demonstrate understanding of karakia, inoi, waiata and mihi
- ☐ I CAN recite my whakapapa and pepeha
- ☐ I KNOW the names and meaning of the four components of Te Whare Tapa Whā.
- ☐ I KNOW the Meihana model
- ☐ I KNOW the meaning of key practices and values – tikanga, kawa, tika, pono, whakapapa, mana, aroha, tapu, noa, whakanoa, pōwhiri, te reo Māori.
- ☐ I KNOW the key roles and practices of whakaeke marae, whakatau, hongī, hariru, mihi whakatau, karanga, whaikorero.
- ☐ I can RECOGNISE the significance of identity, belonging and connection.
- ☐ I can RECOGNISE the significance of inheritance of mana/whakapapa dignity.
- ☐ I can RECOGNISE the significance of personal and collective responsibility within te ao Māori.
- ☐ I can RECOGNISE the significance of appropriate social behaviour and wellbeing within te ao Māori.
- ☐ I can DEMONSTRATE respect of Māori and their inherent right to their culture and whakapapa (whānau, hapū, iwi, whānaunga).
- ☐ I can DEMONSTRATE an understanding and application of tikanga best practice (Tikaka best practice flip chart)
- ☐ I can DEMONSTRATE an understanding on Rongoa
- ☐ I can DEMONSTRATE an understanding on Arotakenga
- ☐ I can DEMONSTRATE an understanding on whānau ora
- ☐ I have an UNDERSTANDING on kaupapa maori services in Southern.

Key events and effects on Māori

- ☐ I KNOW key terms: Colonisation, racism, institutional racism, alienation, oppression.
- ☐ I KNOW key terms: Bias and unconscious bias
- ☐ I KNOW the key event: Principles of Te Tiriti O Waitangi (Treaty of Waitangi) Participation, Protection and Partnership- Health Treaty Principles are Tino Rangatiratanga, Mana Taurite(Equity), Options, Active Protection and Partnership, since Whakamaua was adopted in 2020.
- ☐ I am AWARE of impacts and effects on Māori through the loss of mana and autonomy, loss of land and economic base, decline in population, loss of mana for Māori.
- ☐ I am AWARE of impacts and effects on Māori through the urbanisation, cultural erosion, impact on Māori women and children, disparity/inequality, negative stigma, mistrust/anger and fear.
- ☐ I can DEMONSTRATE hospitality and respect of all people through expressions of aroha, mana, tapu, tika, pono, empathy and responsible caring.
- ☐ I can DEMONSTRATE bi-cultural practice in my work.
- ☐ I can DEMONSTRATE understanding of levers that contribute to health inequity.
- ☐ I can DEMONSTRATE an understanding on equality, equity and fairness.
- ☐ I can DEMONSTRATE promoting the value of Māori culture.
- ☐ I can DEMONSTRATE awareness of personal bias and privilege.

Engagement and participation within decisions

- ☐ I KNOW the meaning of mana motuhake and rangatiratanga.
- ☐ I KNOW key iwi, hapū, runaka/runanga, papatipu, marae or Māori organisation(s) in the location where we work.
- ☐ I KNOW obligations to Te Tiriti O Waitangi (Treaty of Waitangi).
- ☐ I am AWARE of the significance of key sites, landmarks, events and experiences of mana whenua in the location area where we work.
- ☐ I can DEMONSTRATE effective and meaningful working relationships with Māori community and staff
- ☐ I can DEMONSTRATE application of key tikanga and kawa as guided by mana whenua.
- ☐ I can DEMONSTRATE the ability to seek knowledge of local sites of significance, key experiences, needs, expectations and aspirations.
- ☐ I can DEMONSTRATE Participation: ensure whānau, hapū and iwi are appropriately informed, engaged and participate in all decisions that impact on them.

Knowledge Base

- ☐ I can DEMONSTRATE the difference between cultural competency and safety
- ☐ I can DEMONSTRATE an understanding and application of critical reflection
- ☐ I can DEMONSTRATE understanding of bias in healthcare

<https://www.hqsc.govt.nz/our-programmes/patient-safety-week/publications-and-resources/publication/3866/>